



Inter-Cultural  
Youth Exchange



**Work Profile**

## Dear future ICYE UK International Volunteer,

This is the 'ICYE UK Work Profile' which contains details of projects in the UK. Most of these projects have received ICYE international volunteers in the past and will continue to do so in the current ICYE Programme Year. However, please note that we cannot guarantee that all projects will be available. We continue to develop new projects throughout the year and so we may also be able to recommend a new project to you if we think it matches your interests.

### What types of projects are available in the UK?

Most of the projects in the UK involve some sort of social/care work.

Please note that most of our projects involve working with people with disabilities.

This work varies enormously (as do people with different levels and types of disability) and is generally challenging but extremely rewarding.

We need volunteers to be flexible and open-minded about their choice of project. Please think carefully about applying to come to the UK – if you do not want to work with people with disabilities this may not be the best choice of country for you.

Our projects include things like working in education centres for young people with learning or physical disabilities, caring for people with disabilities in a centre or in their own homes, or training to become an activity leader at an outdoor youth activity centre. All these projects involve working directly with people in need.

### What type of work will I be doing?

As a full-time volunteer you are expected to fully participate in your project. Each project requires volunteers to do certain tasks. This may be anything from cooking and housekeeping to organising a day out in the countryside, or helping to care for people (including feeding, personal care, etc.). Please note that even if you have a professional qualification from your country, i.e. in social work, psychology, etc. you should not expect to work in a professional capacity and must be prepared to carry out the same tasks as other volunteers.

### When will I work?

The working hours for each individual project are explained in more detail in the profiles below, but generally volunteers work between 35 and 40 hours each week. Sometimes there will be a shift or rota system (list or schedule stating who must do assigned or certain tasks/jobs) where you may be required to work during the night or weekend.

Volunteers are entitled to 2 days off each week. You'll also be given 'Annual Leave Holiday', generally it's 4 weeks for a 12 month project, that is holiday you earned by working, which can be used how you wish, but will have to be agreed beforehand with your project and with ICYE UK; some projects will have restrictions of when holiday can be taken.

### IMPORTANT!

All of ICYE UK's projects rely on volunteers. You are not "just a visitor" and your tasks will bring added value to the project. You have important responsibilities and can only take time off when the project agrees to you doing so. This can sometimes be very difficult as it limits the amount of freedom you have.

ICYE UK will send you information on which project you will be working at before you arrive in the UK. Some projects want to interview the volunteers themselves, while others want you to come and spend some days with them before they agree to accept you.

### **Where will I live?**

ICYE UK does not offer host families. All volunteers live in accommodation provided by the project. Different types of accommodation include:

- Your own bedroom in the project, with access to a shared bathroom and kitchen.
- A bedroom that you share with other volunteers in the project.
- A flat/apartment outside the project where 2-6 volunteers live together.
- Living in the house of a person with disabilities who you are helping.

The accommodation is normally basic but comfortable, which means that only necessary things (such as a bed, a cupboard, etc.) will be provided. Meals are often provided by your project but in some projects you will receive money to buy your own food which you will prepare for yourself. Details of the type of accommodation are included in the description of each project.

### **Where are the projects located?**

Most of the projects are NOT LOCATED IN LONDON or other big cities. Many are in the countryside or small towns which mean that you may not have access to nightclubs and bars every weekend! Also, in the countryside transport on the weekends can be limited. However there are normally several volunteers from different organisations at the same project who organise social activities together.

Most of the projects are in the south of England although we do sometimes place volunteers in other parts of the UK, including Wales and Scotland. Volunteers must be willing to volunteer anywhere in the UK.

## APPLYING TO ICYE UK PROJECTS

### Choosing your preferred projects

Please note that the information in the “Type of work” section is to give you an idea of what you could be doing at that project – this is not an exhaustive list. Please also pay close attention to the “Type of Volunteer Needed” section when choosing your projects!

It is recommended that you look at the project’s website to get more information about the projects of your choice.

### ICYE Candidate’s Application Form

It is very important that you complete this form to the best of your ability. ICYE UK will send this form to the potential projects who may host you. It’s important to keep in mind that the form is sent exactly as you have written it.

Projects read this form as a formal document which reflects your interests, background, experience, past qualifications, motivation to volunteer abroad, etc. It is very important to understand that projects will consider this form as if it was a job application; hence it has to be complete and clear.

You can read the document called ‘ICYE UK Guidelines for ICYE Candidate’s Application Form’ to obtain more information on how to properly complete the form.

### ICYE UK Project Preference Sheet

Once you have read the project descriptions in detail, please fill in the attached ‘ICYE UK Project Preference Sheet’ at the end of this document, and send it in with your other application documents.

**We will take into consideration your preferences, although we cannot guarantee you a place at one of the projects on your priority list.**

Best Wishes,

**ICYE UK**



## INDEX OF PROFILES OF ICYE UK PROJECTS

The following pages will describe each project in detail. The projects are divided into different sections according to the type of work available. Simply click on each title to be redirected to its respective profile.

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# COMMUNITIES FOR PEOPLE WITH DISABILITIES

**Nutley Hall**

**Pericles**

**William Blake House**

# Nutley Hall

<p><b>TYPE OF PROJECT</b></p>	<p>Nutley Hall is an independent adult residential care community for people with learning disabilities, offering a homely, social setting and specialising in a broad range of supported activities. Our endeavour is to maintain an environment which values at its centre the unique qualities and potential of each person.</p> <p>Our therapeutic approaches, which enable the ongoing wellbeing of those living at Nutley Hall follow those indicated by the philosopher Rudolf Steiner whose insights have been established in therapeutic practice worldwide over many decades. Nutley Hall is a Rudolf Steiner community founded out of anthroposophical ideas and ideals. It is entirely independent (i.e. it is not part of any wider organisation)</p>
<p><b>TYPE OF WORK</b></p>	<p>The main duties take place around the daily housework, preparation of morning and evening meals and assisting residents with their personal care. There is also the opportunity to join one of the day workshops: weavery, baskets &amp; candles, woodwork, woodland, bakery, kitchen and garden, and also to participate in Nutley Hall's cultural and leisure life. – for which musical co-workers can be a great asset – and to support social &amp; recreational activities.</p>
<p><b>TYPE OF VOLUNTEER NEEDED</b></p>	<p>The volunteer would need to be friendly, flexible and relaxed. It would also be an asset if the volunteer was creative to come up with exciting ways of interacting with the residents. Someone who can work well in a team but also knows how to motivate themselves.</p>
<p><b>GENDER/ AGE OF SERVICE USERS</b></p>	<p>The service users are mixed gender and aged 18-60, although the service does not usually take new residents if they are above 30 years old.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>Located in East Sussex and is 17 minutes away from Uckfield with good transport links into central London and Brighton.</p>
<p><b>ACCOMMODATION &amp; CATERING / FOOD</b></p>	<p>The volunteer will live with other volunteers at the residence. All meals are provided by the project.</p>

<b>WORKING HOURS</b>	Volunteers work for 45 hours of shift work 5 days a week. Weekends are usually not required but there may be occasional weekends you cannot take off. If you work weekends then volunteers are given the equivalent time off at another time.
<b>TIME OFF / HOLIDAYS</b>	You would work a 5 day week, with four weeks holiday during a full twelve months: one week each during the Christmas and Easter festival periods and two weeks in the summer, plus one extra day off in each of the three “half-term breaks”. You will have 2 days off weekly but they may need to be separated.
<b>LEISURE TIME/ FACILITIES</b>	There are lots of nice areas around Nutley to visit such as areas of High Weald – an area of outstanding natural beauty. It is also close to many historic cities in the South East such as Royal Tunbridge Wells. You may also have access to the ‘Co-Worker car’ which would allow you easy access into town.
<b>ADDITIONAL INFORMATION</b>	A driving licence is very helpful, but not essential.
<b>NUMBER OF PLACES</b>	1-3

# Pericles

<p>TYPE OF PROJECT</p>	<p>Pericles is a pioneering and original training-and-work project for young people and adults with special learning needs and/or mental health problems in West Sussex, UK.</p> <p>Pericles offers practical and artistic activities within small groups that are tailored according to both need and capability. These activities are complemented throughout by specialist therapeutic activities. The approach to individual development, training and work at Pericles has been developed out of the work of Rudolf Steiner and John Ruskin, placing a strong emphasis on ecological ways of working with the Earth's resources and a holistic view of development. Pericles runs a community cafe, woodcraft, arts workshops and gardening. It also has close ties to a theatre company which puts on local and regional performances throughout the year.</p> <p>Day facilities are open all year round; however Pericles also offers a limited number of residential places in small-scale settings where 10-12 adults live with support of trained and experienced staff, alongside the volunteers. During the week day, residents may attend college or Pericles day activities. Everyone shares in the running and the responsibility of the house and everyone sits together for meals and works together to maintain the house.</p>
<p>TYPE OF WORK</p>	<p>Volunteers accompany clients in their activities, therapies and daily routine. Volunteers offer support within a team environment supporting the staff with the activities of adults with learning disabilities or mental health problems. Volunteers help clients in cooking, cleaning and general duties in the residential house and also accompany residents to the different activities they take part in providing motivational and practical support. Activities include arts and crafts, swimming, gardening, going to the shops, going to church, woodcraft and being active in the local community cafe. Volunteers will also have the opportunity to be involved in the Pericles theatre company where they support clients with drama productions and skills development.</p> <p>Volunteers are provided with induction and ongoing training for all aspects of their role. The volunteer will be working alongside other volunteers of different ages and from different countries.</p>
<p>TYPE OF VOLUNTEER REQUIRED</p>	<p>The project is looking for volunteers who are open, enthusiastic and keen to share their time with people with learning disabilities. Volunteers should be interested in learning about and embracing the values and approach of the organisation. Volunteers should be mature and have good general communication skills. The minimum age of volunteers is 18.</p>

GENDER/ AGE OF SERVICE USERS	The service users are mixed gender and aged 18-60, although the service does not usually take new residents if they are above 30 years old.
LOCATION OF PROJECT	Pericles has three homes which are located in small neighbouring villages in rural Sussex. The houses and their residents are part of the small local community and take an active role in village life through the local cafe, which is part of the Pericles organisation, local farms, workshops and gardens. This project is located in West Sussex, in a rural location, with local shops located in the villages but also 15 mins by car to the two larger provincial towns of Crawley and East Grinstead.
ACCOMMODATION & CATERING / FOOD	Volunteers are provided with accommodation in houses shared with other community members and volunteers. Living in the houses is based on the principle of extended families. This means that employees live with carers and volunteers during the day. Volunteers always have their own room within the house. In the houses, household chores and responsibilities are shared and everyone is involved in community life. Meals are always taken together and always freshly cooked mainly with produce grown organically in the gardens of the project.
WORKING HOURS	Volunteers work for 40 hours of shift work over a five day week however these days may not be worked consecutively. As the role is part of a community where you are living and working on the same site so you may be expected to worked flexibly across the working week however time off in lieu in considered where this is the case.
TIME OFF / HOLIDAYS	You will have four weeks holiday during a full twelve months. You will be required to meet the needs of the project when taking some annual leave for example around Christmas. You will also get national holidays off.
LEISURE TIME/ FACILITIES	There are lots of nice areas around Pericles to visit such as areas of High Weald – an area of outstanding natural beauty. It is also close to many historic cities in the South East such as Royal Tunbridge Wells. You may also occasionally have access to the 'Co-Worker car' which would allow you easy access into town however this needs to be arranged in advance and benefit work with the whole community.
ADDITIONAL INFORMATION	A driving licence is very helpful, but not essential.
NUMBER OF PLACES	1-2

# William Blake House

<p><b>TYPE OF PROJECT</b></p>	<p>William Blake House provides residential care to adults with learning disabilities and challenging needs. They have three homes, all located in a pleasant village environment in Towcester, Northamptonshire. A team of carers support each house directly with management support available at all times.</p> <p>The purpose of this project is to provide people with learning disabilities who require a high level of support and care with a permanent home and a personalised package of support, supervision and holistic care. Their services are person centred; and so the residents are encouraged to live their life and take part in activities such as gardening, singing, supported work placements, walks in the local area, shopping, arts and crafts and visits to the local spa for swimming. The purpose of the programme is to offer residents stimulating activity and work experience opportunities, promoting personal growth and independence.</p>
<p><b>TYPE OF WORK</b></p>	<p>Volunteers' tasks involve mainly personal care and one-to-one support: accompanying residents in their activities, therapies and daily routine (waking up, bathing/showering, cooking, cleaning, going to bed). Volunteers offer support in a care role within a team environment.</p> <p>The volunteers will witness and handle tricky situations, as the residents can have challenging behaviours, but they will receive the appropriate training to properly manage different scenarios.</p>
<p><b>TYPE OF VOLUNTEER REQUIRED</b></p>	<p>The volunteers must have a good English level, as communication skills are essential.</p> <p>The volunteer has to be open, enthusiastic, and have their heart invested in the organisation and volunteering programme. Maturity is a must.</p> <p>Volunteer must be somebody who wants to learn about local culture and embrace it, as well as someone who is interested in embracing the organisation, its values and approach.</p>
<p><b>GENDER/ AGE OF SERVICE USERS</b></p>	<p>Adults with learning disabilities, both men and women.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>Located within a pleasant rural village environment, in the market town of Towcester. The project's 3 houses are very much part of, and integrated in, the local community. This town is fairly close to Northampton and Milton Keynes, the</p>

	two nearest big towns. Oxford is also not far away. All are easily accessible using the project's cars, or if necessary, buses and trains are readily available.
<b>ACCOMMODATION</b>	There are 2-3 volunteer houses in Towcester, with 3 volunteers living in each house. Volunteers get their own room. Housemates are sorted according to shifts so volunteers live with the people they share shifts with.
<b>CATERING/ FOOD</b>	Volunteers are given a food allowance and pay their own meals or, when working, will work with service users and eat with them.
<b>WORKING HOURS</b>	Between 36 and 48 hours per week, so average of 42/week. Week 1: Monday, Thursday, Friday from 8am to 8pm. Week 2: Tuesday, Wednesday, Saturday and Sunday from 8am to 8pm.
<b>TIME OFF/ HOLIDAYS</b>	16 days annual leave (actually 24 days when timetable is taken into consideration)
<b>TELEPHONE/ INTERNET ACCESS</b>	Internet access both in volunteer houses and at the center.
<b>LEISURE TIME/ FACILITIES</b>	Membership to local spa is provided. Two manual cars are made available to volunteers, either to get to/from work and if they are not needed there, volunteers can use them in their own time.
<b>ADDITIONAL INFORMATION</b>	Volunteers get mandatory English lessons, even on days off. They last 2 hours with a local university teacher.
<b>CURRENT NUMBER OF PLACES</b>	
<b>INTAKE OF VOLUNTEERS</b>	Looking for 2 ICYE volunteers (have 15 in general)

# **SUPPORTING YOUNG PEOPLE WITH DISABILITIES IN EDUCATIONAL PROJECTS**

**Ruskin Mill Trust**

**Stepping Stones School**

**Treloar Trust**

# Ruskin Mill College

<p><b>TYPE OF PROJECT</b></p>	<p>Ruskin Mill College is part of the Ruskin Mill Trust and was established over 30 years ago to provide specialist education to young adults with learning difficulties and disabilities. The College offers a varied curriculum and the activities are aimed to improve communication, social, work and life skills. Activities include practical land-based activities such as agriculture, animal husbandry, fish farming, woodland management. Students also learn traditional crafts such as basket weaving, felting, metal work and pottery. At the farm students grow biodynamic food with which they prepare meals at the canteen. Students also have the chance to develop skills through a number of social enterprise at the college . In all activities the students are learning to live in harmony with the environment and while developing on a personal level.</p>
<p><b>TYPE OF WORK</b></p>	<p>Volunteers work alongside the staff team to support the students and the day to day work at the college. During the autumn volunteers will be involved in work on the farm, particularly harvesting and in the area of woodland management and the fishery. They can also be involved in craft activities and the social enterprises Volunteers are a role model for the students and also provide important role to motivate and practical support. The large majority of the role is outside (in all weathers!) and involves physical work.</p>
<p><b>TYPE OF VOLUNTEER REQUIRED</b></p>	<p>The volunteer would need to be friendly, flexible and relaxed. Someone who can work well in a team but also knows how to motivate themselves. Volunteers should be interested in the environment and keen to interact with young people. They should be happy to work outside throughout the year.</p>
<p><b>GENDER/ AGE OF SERVICE USERS</b></p>	<p>The students at the college are aged 16-25 years old.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>The project has a site of 140 acres in the Horsley valley in the Cotswolds, an area of outstanding natural beauty in the South West of England. It is just on the outskirts of the village of Nailsworth and is a 20 minute bus journey from the closest town, Stroud.</p>
<p><b>ACCOMMODATION &amp; CATERING / FOOD</b></p>	<p>The volunteer will live either with a host family in the local area selected by the College or in accommodation nearby to the college with students. The volunteers will receive an allowance for food and will buy and prepare their own food at their accommodation.</p>
<p><b>WORKING HOURS</b></p>	<p>Volunteers work for 35 hours of shift work 5 days a week normally Monday to Friday. Weekends are usually not</p>

	required but there may be occasional weekends work.
<b>TIME OFF / HOLIDAYS</b>	Volunteers will have 4 weeks off a year as well as the bank holidays (national holidays).
<b>LEISURE TIME/ FACILITIES</b>	The project is located in the countryside. The closest village is a short walk away and this has some small shops and pubs. The closest town with a train station is around 30 minutes away by bus (although the bus service is limited at weekends and in the evenings)
<b>ADDITIONAL INFORMATION</b>	<a href="http://www.rmt.org/ruskinmillcollege/">http://www.rmt.org/ruskinmillcollege/</a>
<b>NUMBER OF PLACES</b>	1+

# Stepping Stones School

<p><b>TYPE OF PROJECT</b></p>	<p>Stepping Stones is a small school in Surrey which provides education for 40- 45 students who find mainstream school too challenging but do not require the support of a full specialneeds school. We offer small class groups of about 8 students and provide a rich and varied curriculum. They are an active and lively student body who are keen to learn and take part in society.</p> <p>We are looking for young people to bring enthusiasm with them into the classroom and beyond. Our students study the national curriculum and will usually go on to college following their time with us. In addition we offer a range of activities through our curriculum including drama, music, art, swimming, sailing and work experience in a social enterprise.</p>
<p><b>TYPE OF WORK</b></p>	<p>To support the work in class with small groups under the supervision of a teacher. In addition support will be required for students who undertake activities at the local leisure centre or at our partner site, Sundial, where we use a sound studio, pottery and gym facilities. We will also require support to enable students to participate in work experience in the community both at our Cookie Bar and in local businesses.</p>
<p><b>TYPE OF VOLUNTEER NEEDED</b></p>	<p>Maturity, flexibility, adaptability, responsibility, patience. Good spoken English is necessary. We accept both male and female volunteers aged between 18 –30. Placements are for 1 year only and the project can only accept volunteers to start in August/September.</p>
<p><b>GENDER / AGE OF SERVICE USERS</b></p>	<p>The students are aged between 8 – 18 years and are both male and female. They have mild to moderate learning disabilities which may be associated with minor physical disabilities.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>We are based in Hindhead in rural Surrey about 1 hour by train from central London. The school is situated on the A3 about half an hour from both the City of Guildford and Portsmouth on the south coast. There are pubs, restaurants and shops locally with bus services to larger towns including Haslemere and Farnham where there are links to the national train network. The local area is known for its natural beauty and offers history, art, theatre and entertainment within easy travelling distance.</p>

<p><b>ACCOMMODATION &amp; CATERING / FOOD</b></p>	<p>The school offers accommodation in an excellently furnished off-site apartment situated above the school social enterprise coffee and cookie bar. There are 3 bedrooms, 2 bathrooms, kitchen and small lounge area. The larger lounge is used for meetings by the school and local partners. The flat is fully equipped with new furnishings as well as washing machine and kitchen equipment. Downstairs in the Cookie Bar, which is linked to the school, freshly cooked food is available to purchase (Mon – Sat). The flat is just 2 minutes' walk from school and is situated in a small row of shops which includes a small convenience store for everyday needs. A food allowance budget will be provided and the flat has a fully fitted kitchen with all utensils.</p>
<p><b>WORKING HOURS</b></p>	<p>8.30 – 5.00 Mondays to Thursday 8.30 – 3.30 Friday during term time only. Weekends are free.</p>
<p><b>TIME OFF / HOLIDAYS</b></p>	<p>School holidays – 2 weeks in October, 2 weeks at Christmas, 1 week February, 2 weeks at Easter and 1 week in May. School starts on the 1<sup>st</sup> September and finishes on 22<sup>nd</sup> July.</p>
<p><b>LEISURE TIME / FACILITIES</b></p>	<p>Restaurants, pubs and shops are available within walking distance as is a large natural park run by the National Trust. Cinemas and sports facilities are available in local towns about 20 minutes by road. There is a leisure centre in Haslemere and Farnham, a Forestry Commission site with cycling and High Ropes, a sailing club at Frensham and numerous historical sites locally. There are music venues in both Farnham and Guildford, and the theatres in Guildford hosts a range of music, dance, comedy and theatre. Of course London and all it has to offer is only 1 hour by train too.</p>

<p><b>ADDITIONAL INFORMATION</b></p>	<p>Stepping Stones was founded 10 years ago by parents looking to find the right school for their child. The COINS Foundation continues to support the school today. The use of the site at Sundial provides opportunities for leisure, a fully equipped sound studio; gym, pottery and plans are in place to develop riding for the disabled too. We link with the COINS Foundation for many activities including an annual music festival and opportunities to work with their social enterprise schemes, media production groups and partner organisations such as Habitat for Humanity.</p> <p>The other charitable foundation that supports the school is the DFN Foundation which is investing in the renovation of Sir Arthur Conan Doyle's home (author of Sherlock Holmes) as a new school site. This is an exciting project which will see the school take on the legacy of a world renowned author and historical building as well as magnificent grounds. This next year we hope to be moving into our new premises with all the opportunities it offers.</p> <p>As a school we work closely with a number of local schools and have links to partner projects through the COINS Foundation in Dubai, Uganda and Russia. The school has also worked closely with Disability Africa over a number of years.</p> <p>We already have an international feel to our staff group and have staff who speak a range of languages including Spanish, Polish, and Italian fluently and some French and German. English language training is available at local centres which are accessible by bus. We are willing to allow time out to attend day-time courses and provide some financial contribution.</p> <p>To see the exciting projects we work on and the students that we support visit our website: <a href="http://www.steppingstones.org.uk">www.steppingstones.org.uk</a></p>
<p><b>NUMBER OF PLACES</b></p>	<p>2-3 ICYE volunteers. We also know well and are only 20 minutes from Treloars another school which has taken ICYE volunteers for many years.</p>

# Treloar Trust

<b>TYPE OF PROJECT</b>	<p>Treloar Trust provides education, therapy and care for young people with physical disabilities. The project has one centre that is home to the Treloar School which supports children from nursery to 16 years old and the Treloar College which supports young adults from aged 16 to 23 years old.</p>
<b>TYPE OF WORK</b>	<p>There are various volunteer posts at the school and college, each role involves volunteers working closely with the students. Volunteers can be assigned work in:</p> <ul style="list-style-type: none"> <li>- Classrooms as classroom assistants to prepare materials for lessons and assisting the students</li> <li>- Assisting in the School classes with the younger students</li> <li>- Therapy departments helping with speech, occupational and physiotherapy as well as assisting with the administration of the departments.</li> </ul> <p>Volunteers can also help out-of-school activities such as evening and weekend activities, cinema visits, playing games, etc. should be considered part of the job.</p>
<b>TYPE OF VOLUNTEER NEEDED</b>	<p>Maturity, flexibility, adaptability, responsibility, patience.          Good spoken English is necessary.          The college accepts both male and female volunteers. The age range is 18 –30, but the college prefers volunteers over 21 years old.          Placements are for 1 year only and the project can only accept volunteers to start in August/September</p>
<b>GENDER / AGE OF SERVICE USERS</b>	<p>The school has students from nursery to 16 years old and the college has students aged 16-23, each has over 100 students. Students have a wide range of physical disabilities including cerebral palsy, muscular dystrophy, epilepsy or disabilities arising from accidents or other trauma. Many have communication or sensory impairments or learning difficulties. Explanations of the disabilities and an outline of how it may affect people will be given during the induction.</p>
<b>LOCATION OF PROJECT</b>	<p>The school and college are located in Holybourne just outside Alton. Alton is a small town in Hampshire in Southeast England. Alton is the closest train station to the project and it is about 1 hour by train from London and 50mins from Portsmouth and Southampton.</p>

<b>ACCOMMODATION &amp; CATERING / FOOD</b>	<p>Volunteers have their own bedroom in flats on-site at Treloar School and College. They share a bathroom and kitchen with other volunteers. All meals are provided by the project in the dining room and there is always a vegetarian option. In the School/College holidays the dining room is closed and you will receive a weekly food allowance.</p>
<b>WORKING HOURS</b>	<p>Volunteers work for 35 hours, normally from Monday to Friday but volunteers occasionally work weekends or evenings. As this is a school and college, there are holidays at Christmas, Easter and at half-term.</p>
<b>TIME OFF / HOLIDAYS</b>	<p>Volunteers have two days off per week, normally Saturday and Sunday. Holidays need to be taken during the school/college holidays - these are 3 x 1 week holiday at half terms (in Autumn, Spring and Summer) plus 3 weeks holiday at Christmas and 2.5 weeks at Easter.</p>
<b>LEISURE TIME / FACILITIES</b>	<p>Alton is a small market town and has local shops, pubs and a club, library, church, etc. You can also use the on-site swimming pool. Alton has a train station and there are also buses to nearby towns. There is internet access on-site at the project</p>
<b>ADDITIONAL INFORMATION</b>	<p>Treloar is a very dynamic and interesting project, which offers the opportunity of training to volunteers. The project normally decides the specific role of the volunteer. If you have a special interest or preference, please state this in your project preference form.</p>
<b>NUMBER OF PLACES</b>	<p>1-2 (ICYE places)</p>

# **RESPITE AND IN-HOME SUPPORT PROJECTS**

**Carers' Support Bexley and Greenwich**

**Advance**

## Carers' Support Bexley and Greenwich Volcare

<b>TYPE OF PROJECT</b>	These projects offer family carers the chance to have a break by providing support to people in their own homes. The medical conditions that our cared for people need support with varies but the main condition is dementia/stroke/heart conditions but it could be any illness at all. We support people with mobility problems too. The break can last anything from 7 hours to 2 weeks (longer breaks are shared with another volunteer). Breaks will at times include overnight stays, but the vast majority of the breaks will be a day at a time. Volunteers travel by bus to their families. Volunteers are given an extensive induction, which requires a lot of reading, and some worksheets to be completed. The service is regulated so appropriate training of volunteers and good record keeping is required.
<b>TYPE OF WORK</b>	Volunteers are there to enable family carers to have a well needed break. The key duties are: being a companion and offering conversation, cooking meals (often microwave meals) and making drinks, assisting with eating and feeding, supporting a person with their leisure needs and interests, personal care – including toileting, giving medication or reminding someone to take it, a little shopping or minor housework, looking after pets, answering the telephone, etc. A lot of the role will require sitting with someone all day and chatting or doing things together in their home, such as a jigsaw. Sometimes volunteers will go out with the cared for person and push a wheelchair.
<b>TYPE OF VOLUNTEER NEEDED</b>	Important qualities for volunteers are: Maturity, sensitivity, open mindedness, flexibility, commitment, common sense, good time keeping. Volunteers need to be healthy and fit. The projects accept both male and female volunteers aged over 18 years. <b>Excellent English and communication skills are essential.</b> All volunteer placements are for one year.
<b>GENDER / AGE OF SERVICE USERS</b>	18 – 100 age range – male and female, but mostly older people. We have a couple of young family carers (children) but they are not the main part of the service and volunteers should not expect to support children frequently, if at all. Each volunteer is introduced to a minimum of 10 families, but it could be more. Volunteers visit a different family each day but when a family requires a holiday break, the volunteer spends a longer period of time with them.
<b>LOCATION OF PROJECT</b>	The projects are located in Greater London. These are urban areas outside of central London.
<b>ACCOMMODATION &amp; CATERING / FOOD</b>	Volunteers share a flat or house with other international volunteers, or may live with a landlady (that is, have a room in someone's home). Volunteers have their own bedroom or share a bedroom with one other volunteer and share the kitchen, bathroom and living room. A food allowance is given in addition to pocket money and volunteers cook their own food. If at a family home during a meal time, the family provide food for the volunteer.
<b>WORKING HOURS</b>	Normally 35 hours per week, although hours can vary and might be more in one week and less in another. Two days off per week is typical, not always together and not always at weekends. You should expect to carry out your role at weekends, evenings and overnights from time to time.
<b>TIME OFF / HOLIDAYS</b>	You will be given 2 days holiday for each full month that you are volunteering with the project. You can save your days off and take up to 2 weeks at a time. It is <u>not</u> possible to take a 'travel month'.
<b>LEISURE TIME / FACILITIES</b>	As the projects are located in or near large towns there are a wide range of leisure facilities - sports centres, cinemas, pubs and restaurants, libraries etc. nearby.
<b>ADDITIONAL INFORMATION</b>	Good projects for a sociable person who likes meeting a wide range of people. These projects are popular as they offer the volunteer a lot of independence and flexibility. The projects are in urban areas so it is easy to make the most of your free time!

# Advance

<b>TYPE OF PROJECT</b>	Advance is a large organisation that provides practical support and housing to help people with learning difficulties live independently and take part in activities within the community. Advance's approach to supporting each individual is focussed on the promotion of a quality life.
<b>TYPE OF WORK</b>	<p>Volunteers at Advance support adults with learning disabilities with household tasks, such as shopping, cooking and cleaning; as well as supporting them to do social and leisure activities that they enjoy. This could include going to the cinema, having a meal in a restaurant or playing a sport.</p> <p>Advance works with people with a wide range of learning disabilities. Some people have very severe learning difficulties, which can mean they are not able to communicate their feelings by speaking about them or that they are unable to complete simple everyday tasks by themselves. Other people have much milder learning difficulties and are able to do most things for themselves, but may need help with specific things like doing the finances or reading or writing.</p> <p>Volunteers provide a high level of support to paid staff, act as a bridge between service users and other members of the community and have the opportunity to express their own ideas to the organisation.</p> <p>Volunteers do not replace paid members of staff but support them in their work.</p>
<b>TYPE OF VOLUNTEER NEEDED</b>	Applicants must have a good standard of spoken English. Volunteers should also be patient, open-minded, reliable and flexible.
<b>GENDER / AGE OF SERVICE USERS</b>	Adult service users all over 18 years old. Most of the service users are male
<b>LOCATION OF PROJECT</b>	Advance is based in the London inner city boroughs of Hackney, Tower Hamlets, Newham and Islington.
<b>ACCOMMODATION &amp; CATERING / FOOD</b>	Volunteers most commonly share a flat with Advance service users, sometimes also alongside other volunteers. Volunteers will have their own bedroom and share the kitchen, bathroom and living space.
<b>WORKING HOURS</b>	Residential volunteers support Advance service users for 30-35 hours each week on a shift basis
<b>TIME OFF / HOLIDAYS</b>	Volunteers get 2 days off each week and also received 2 days per month holiday allowance.

<b>LEISURE TIME / FACILITIES</b>	The project is located in London within one of the inner London boroughs. There is easy access to all facilities and amenities you could expect in a city and also to London's tourist attractions museums, etc. Telephone and internet are available at the Advance office, and often in the accommodation.
<b>ADDITIONAL INFORMATION</b>	Volunteers need to be aware that they will be living with one or two clients. You will all share house facilities. They will also not live with any other international volunteers.
<b>NUMBER OF PLACES</b>	1-2

# **SCOUTS / ACTIVITY CENTRES**

**Beaudesert Outdoor Activity Centre**

**Blackwell Adventure Activity Centre**

**Paccar Scout Activity Centre**

**Phaselswood Scout Activity Centre**

**Pioneer Centre**

**Thriftwood Scout Activity Centre**

# Beaudesert Outdoor Activity Centre

<p><b>TYPE OF PROJECT</b></p>	<p>Beaudesert Outdoor Activity Centre aims to work with the development of young people. We were established in 1939 With the lands from the estate of Lord Anglesey being donated to the trust for the use by Scouts, Guides and other young people. We provide camping and activities for young people from across the world to come to, and help them develop spiritually, mentally and physically.</p> <p>We have continued to this day where we undertake programmes for Scouts, Guides, Youth groups and Schools. Our aims are the same today as there were over 80 years ago, to provide inspirational leadership and development of young people.</p> <p>To undertake this we off all the opportunity to take part in adventurous activities that can be used to stretch people, young and old alike, to push their capabilities and learn their strengths and weaknesses.</p>
<p><b>TYPE OF WORK</b></p>	<p>The volunteer will be working alongside other volunteers, apprentices and activity staff of different ages. You will be trained to deliver activity sessions in climbing, archery, high ropes, kayaking etc. You will be working on the day to day upkeep of the centre. This will include cleaning and repairs. As many of our activities are off ground an ability to work at height would be an advantage. The ability to swim is also advantageous.</p> <p>We also run large events throughout the year, these are immense fun but very hard work, with longer than usual hours.</p> <p>Depending on the time of year there are busier times when we have lots of groups camping however in the winter it is quieter and we will concentrate more on preparation for the coming season. So during the winter the tasks will include maintenance of the site and physical outdoor work. In general the role between March and September is mostly activity instructing and between October and February it is mostly assisting with maintenance projects around the site.</p>
<p><b>TYPE OF VOLUNTEER REQUIRED</b></p>	<p>The ideal volunteer will be someone who enjoys working in the outdoor environment; The volunteer must be interested in working with young people and be prepared to live with a diverse group of likeminded people.</p> <p>Due to the nature of the British weather be prepared for cold and wet days during the autumn to spring months. Volunteers must be prepared to work outside, even when it's cold and raining.</p>
<p><b>GENDER/ AGE OF SERVICE USERS</b></p>	<p>We will accept male and female volunteer's however we require you to be at least 18 years of age. Whilst we do not have a maximum age an ideal range will be 18 to 25 but this is dependent on the experience and flexibility of the person applying.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>Beaudesert is 125 acres of mixed woodland and parkland in the heart of Staffordshire. We are a 10 minute car ride from the train station and centrally located in the UK with access to most major cities. The Centre is remote though and there are very few</p>

	facilities in walking distance.
<b>ACCOMMODATION</b>	All our staff live in basic shared accommodation. This is based in a lodge and caravans. There are some single bedrooms and some shared. Volunteers will share a living room and bathroom with other volunteers. All buildings have shared use of toilet and washing facilities either in the building or very close by. Kitchens are in the buildings where food can be prepared in the evenings and the weekends.
<b>CATERING/ FOOD</b>	Lunch is available in our cafeteria every day. When we are catering for groups, breakfast and an evening meal are also served. At all other times you are able to order food from the catering manager within a weekly budget.
<b>WORKING HOURS</b>	This varies with the time of year and the level of business we have in. Most weeks you will be allocated 2 rest days however in the busiest summer months (May to August) this may only be 1 and the rest allocated at other times, We record the time volunteered so on average you will not work more than 37 ½ hours per week. Due to the nature of the business it is likely that the rest days will not be at weekends and not always consecutive
<b>TIME OFF/ HOLIDAYS</b>	You will have the opportunity to take 34 days holiday however this must be booked in advance and to coincide with business demands. It is not always possible to give holiday time off in the busy weeks. 2 weeks must be used over the Christmas period.. Please note that no holidays are to be taken when we have big events running or in June.
<b>TELEPHONE/ INTERNET ACCESS</b>	Wi-Fi connection available for own laptop/workbook
<b>LEISURE TIME/ FACILITIES</b>	Use of activity equipment depending on competence and availability, staff social for all staff. Close proximity to Liverpool, Manchester, Birmingham, the Peak District, North Wales, Cannock Chase. London is also only a 2 hour (approx.) train ride. A bicycle is available to assist with local trips.
<b>ADDITIONAL INFORMATION</b>	Full training and some clothing (T-shirts, 1 Jumper and a Coat) is provided. Other staff live on site and there is a good social group. Opportunities to socialise with this group including trips out. Visit <a href="http://www.beaudesert.org.uk">www.beaudesert.org.uk</a>
<b>INTAKE OF VOLUNTEERS</b>	September & February - up to 4 volunteers

# Blackwell Adventure Activity Centre

<b>TYPE OF PROJECT</b>	<p>Blackwell Adventure is a charitable company, limited by guarantee, owned by the Scout Association County of Birmingham, Registered in England number 1534697.</p> <p>The Scout Association is the biggest mixed youth organisation in the UK. Scouts help children and young adults reach their full potential by developing skills including team work, time management, leadership, initiative, planning, self motivation and cultural awareness.</p> <p>Joining our team will mean you will be working alongside other sessional staff to provide customers with the highest quality residential and outdoor adventure activities in a safe environment and exceed customer's expectations by giving them the best possible experience.</p>
<b>TYPE OF WORK</b>	<p>Volunteers work and live amongst other volunteers / staff of different ages and nationalities. Once trained volunteers will independently be running various sessions such as Zip Wires, Archery, High Poles, Swimming, etc. The site is 50 acres which needs maintenance year round so campsite maintenance and cleaning will also be involved.</p> <p>The ability to work at heights, be adventurous, a positive role model and willing to work outdoors in the UK all year round are definite advantages.</p>
<b>TYPE OF VOLUNTEER REQUIRED</b>	<p>Volunteers at Blackwell must be willing to work outside, live in a communal environment and like working with young children. Volunteers must be able to speak and understand the English language with confidence.</p> <p>If you have knowledge of or are involved in a youth organisation, Scouting or Guiding this is a favourable but not essential.</p> <p>As you will be part of a team, working well with others in a multitude of different circumstances will be expected.</p> <p>We accept both male and female volunteers.</p> <p>Volunteers must be over 18 years of age.</p>
<b>GENDER/ AGE OF SERVICE USERS</b>	<p>The majority of groups using the services are scouts, schools, youth groups, clubs etc. Therefore the majority of people taking part in the activities are aged 6-18 years old. The centre is also open to adult groups</p>
<b>LOCATION OF PROJECT</b>	<p>Blackwell Adventure is located just on the outskirts of Birmingham. From there, there are central rail, bus and airport links. The centre itself is 50 acres of parkland in a semi-rural idyllic setting.</p>
<b>ACCOMMODATION &amp; CATERING/ FOOD</b>	<p>We offer a communal shared living experience. Rooms are 1 or 2 bed and are single sex. The site has shared bathroom and laundry facilities however there are 2 designated kitchens for staff to cook and store food as we do not supply you with meals.</p> <p>We do not supply meals for you however we pay a weekly food allowance for groceries.</p>

	There are 2 fully equipped kitchens for self-catering and food storage.
<b>WORKING HOURS</b>	You will work 5 days on 2 days off. Wherever possible we will try to give you these 2 days together but this is not always a guarantee and may not be a weekend. We start at 8.30am and finish around 5pm. During the busy periods you will be required to work till 8pm however this is on a rotational basis with breaks.
<b>TIME OFF/ HOLIDAYS</b>	Volunteers accrue holiday days but the amount depends on the length of your project. Holiday must be booked in advance and may not always be granted.
<b>LEISURE TIME/ FACILITIES</b>	Volunteers are encouraged to use the activities in their own time however the operating procedures must be adhered to. Wi-Fi is available.
<b>ADDITIONAL INFORMATION</b>	<a href="http://www.blackwelladventure.co.uk/">http://www.blackwelladventure.co.uk/</a> for centre details. <a href="https://www.youtube.com/watch?v=UqEtP8arozM&amp;feature=youtu.be">https://www.youtube.com/watch?v=UqEtP8arozM&amp;feature=youtu.be</a> video from previous volunteers showing her year.
<b>NUMBER OF PLACES</b>	1-2 only available for placements starting in February

# Paccar Scout Activity Centre

<b>TYPE OF PROJECT</b>	<p>Paccar is a scout activity centre which aims to work with the development of young people. We were established in 1938 to provide a centre for scouts across the world to come and camp and undertake activities to help them develop spiritually, mentally and physically.</p> <p>We have continued this to this day where we undertake programmes for scouts, guides youth and school groups. Our aims are still the same today and that is the provision of inspirational leadership and development for young people.</p> <p>To undertake this we offer all the opportunity to take part in adventurous activities that can be used to stretch young people and old alike, to push their capabilities and learn their strengths and weaknesses.</p>
<b>TYPE OF WORK</b>	<p>The volunteer will be working alongside other volunteers of different ages and from different counties. You will be trained to deliver activity sessions in climbing, archery, high ropes, etc. You will also be working on the day to day upkeep of the centre this will include cleaning duties and some repairs to the centre. As many of our activities are off ground an ability to work at height would be an advantage.</p> <p>Depending on the time of year there are busier times when we have lots of groups camping however in the winter it is quieter and we will concentrate more on preparation for the coming season. So during the winter the tasks will include maintenance of the site and physical outdoor work.</p>
<b>TYPE OF VOLUNTEER NEEDED</b>	<p>The ideal volunteer will be someone who enjoys working in the outdoor environment; The volunteer must be interested in working with young people and be prepared to live with a diverse group of likeminded people. If you have a scouting, guiding or youth group back ground this is an advantage but not essential.</p> <p>Due to the nature of the British weather be prepared for cold and wet days during the autumn to spring months.</p> <p><b>Volunteers must be prepared to work outside, even when it's cold and raining.</b></p> <p>Projects accepts volunteers during September &amp; February.</p> <p>We will accept male and female volunteer's however we require you to be at least 18 years of age. Whilst we do not have a maximum age an ideal range will be 18 to 25 but this is dependent on the experience and flexibility of the person applying</p>
<b>GENDER / AGE OF SERVICE USERS</b>	<p>The majority of groups using the services are scouts, schools, youth groups, clubs etc. Therefore the majority of people taking part in the activities are aged 6-18 years old. The centre is also open to adult groups</p>

<b>LOCATION OF PROJECT</b>	Paccar is situated on the ridge between Chalfont St. Peter and the river Colne in the beautiful Buckinghamshire countryside. The Centre is set in mixed woodland and is surrounded by open countryside.
<b>ACCOMMODATION &amp; CATERING / FOOD</b>	All our staff live in shared accommodation. This is based in a lodge. Bedrooms have 1 or 2 beds. Volunteers at this project should be prepared to share a room. The building has shared use of toilet and washing facilities as well as kitchens where food can be prepared in the evenings and the weekends. Paccar provides shopping vouchers you will use as a group to buy your food and cook together. You will be taking a turn at cooking and washing up for the rest of the team on a rota basis. You will need to provide your own snacks etc.
<b>WORKING HOURS</b>	This varies with the time of year and the level of business we have in. Most weeks you will be allocated 2 rest days however in the busiest summer months this may only be 1 and the rest allocated at other times. This means that at busy times of year you may work more than 40 hours per week but we record the time volunteered so on average over the year you will not work more than 40 hours per week. <b>Due to the nature of the business it is likely that the rest days will not be at weekends and not always consecutive</b>
<b>TIME OFF / HOLIDAYS</b>	You will have the opportunity to take 10 days each 6 months, however this must be booked in advance and to coincide with business demands. It is not always possible to give holiday time off in the busy weeks and sometimes this may have to be taken at the end of the placement. In addition you will be given 2 weeks off over the Christmas period which will be your travel time. <b>Please note, no holidays are to be taken in July and one week holiday must be taken during the last week of August.</b>
<b>LEISURE TIME / FACILITIES</b>	Use of activity equipment depending on competence and availability. Close proximity to London and visitor attractions.
<b>ADDITIONAL INFORMATION</b>	See the link to the website below. <a href="http://www.paccarscoutcamp.org/">http://www.paccarscoutcamp.org/</a>
<b>NUMBER OF PLACES</b>	1-4

# Phasels Wood Activity Centre

<p><b>TYPE OF PROJECT</b></p>	<p>Phasels Wood is a scout activity centre which aims to work with the development of young people. They undertake programmes for scouts, guides youth and school groups. They offer a wide range of outdoor and adventure activities in a 95 acre site of meadow and woodland. Groups visiting the site can use the on-site accommodation or camp. They aim to provide adventurous activities that can be used to stretch young people and old alike, to push their capabilities and learn their strengths and weaknesses.</p>
<p><b>TYPE OF WORK</b></p>	<p>The volunteer will be working alongside other volunteers of different ages and from different counties. You will be trained to deliver activity sessions in climbing, archery, high ropes, etc. You will also be working on the day to day upkeep of the centre, which is largely cleaning duties and some repairs to the centre. As many of our activities are off ground an ability to work at height would be an advantage.</p> <p>Depending on the time of year there are busier times when we have lots of groups camping however in the winter it is quieter and we will concentrate more on preparation for the coming season. So during the winter the tasks will include maintenance of the site and physical outdoor work.</p>
<p><b>TYPE OF VOLUNTEER NEEDED</b></p>	<p>The ideal volunteer will be someone who enjoys working in the outdoor environment and as part of a team; The volunteer must be interested in working with young people and be prepared to live with a diverse group of likeminded people. If you have a scouting, guiding or youth group back ground this is an advantage but not essential.</p> <p>Due to the nature of the British weather be prepared for cold and wet days during the autumn to spring months.</p> <p><b>Volunteers must be prepared to work outside, even when it's cold and raining.</b></p> <p>Volunteers should be happy to be involved in both the activities and also the cleaning/maintenance duties.</p>
<p><b>GENDER / AGE OF SERVICE USERS</b></p>	<p>The majority of the people coming to the centre for activities are children and young people but Phasels Wood also offers activities for youth groups and companies</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>Phasels Wood is situated in a 95 acre site of meadows and woodland in the Hertfordshire countryside in the Southeast of England. The closest station is 3 Km away in the village of Apsley, which is around 30 minutes by train to London.</p>

<b>ACCOMMODATION &amp; CATERING / FOOD</b>	<p>Staff and volunteers live in shared accommodation on site. Bedrooms have 2 to 4 beds. Volunteers at this project should be prepared to share a room however at quieter times of year volunteers may have their own room. The building has shared use of toilet and washing facilities as well as kitchens where food can be prepared in the evenings and the weekends.</p> <p>Phasels Wood provide food for the volunteers. You will be taking a turn at cooking and washing up for the rest of the team on a rota basis. You will need to provide your own snacks etc.</p>
<b>WORKING HOURS</b>	<p>This varies with the time of year and the level of business we have in. Most weeks you will be allocated 2 rest days however in the busiest summer months this may only be 1 and the rest allocated at other times, We record the time volunteered so on average you will not work more than 40 hours per week. <b>Due to the nature of the business it is likely that the rest days will not be at weekends and not always consecutive</b></p>
<b>TIME OFF / HOLIDAYS</b>	<p>You will have the opportunity to take 20 days/4 weeks over the course of the year, however this must be booked in advance and to coincide with business demands. It is not always possible to give holiday time off in the busiest weeks.</p>
<b>LEISURE TIME / FACILITIES</b>	<p>Use of activity equipment depending on competence and availability. Close proximity to London and visitor attractions.</p>
<b>ADDITIONAL INFORMATION</b>	<p>See the link to the website below.  <a href="https://www.phaselswood.org.uk/">https://www.phaselswood.org.uk/</a></p>
<b>NUMBER OF PLACES</b>	<p>September intake - 2 volunteers</p>

# Pioneer Centre

<p><b>TYPE OF PROJECT</b></p>	<p>The Pioneer Centre (part of the Northampton Association of Youth Clubs, Registered Charity number 803431) is an activity and conference centre combined and has as its motto "Releasing potential in all through outdoor education, retreats and training." It can accommodate up to 300 guests, and welcomed over 30,000 visitors (including non-residential day groups) each year. As an AALA licensed and fully accredited outdoor activity centre, it is used by many kinds of groups, such as schools, youth groups, clubs, church groups, etc. Young people come to the centre to experience the thrill and excitement of being challenged physically, mentally and socially, by taking part in the indoor and outdoor activities on offer. Companies also send their staff to the centre for courses on teambuilding, personal development and management training, although the majority of groups come from local schools.</p> <p>The centre is built on Christian foundations and many of the staff are committed Christians, however the centre welcomes all guests regardless of race, religion or creed. There is a balance of faith and non-faith groups using the centre and the organisations mission statement applies to all "To assist all young people in reaching their full potential through sport and creative activity in a caring, accepting and safe environment - sharing enthusiasm and building self-esteem through relationships."</p> <p>Just some of the activities run by qualified staff are: high ropes course, raft building, abseiling/climbing, aerial runway, orienteering, night walks, fencing, archery, environmental activities, initiative games, swimming. They also run full facilitation personal development courses.</p> <p>Website: <a href="http://www.actioncentres.co.uk/pioneer-centre/">http://www.actioncentres.co.uk/pioneer-centre/</a></p>
<p><b>TYPE OF WORK</b></p>	<p>Volunteers will work as part of the Activity Team. When they first arrive they will receive a lot of training on the activities, managing groups, teamwork and soft skills, etc. This will allow them to participate as activity instructors after approximately 6-8 weeks. During the first month, the volunteer will spend their time learning how the centre works, health and safety issues and initially taking part in the activities themselves and then following training courses/in-house training.</p> <p>Once the induction and training period is over Volunteers will work alongside activity instructors with the groups who visit the centre. Volunteers will work assisting and leading activities such as abseiling, climbing, fencing, high ropes course, challenge course, initiative games, team building exercises and archery. Other areas of work include checking the equipment and being aware of safety issues at all times. Volunteers are also expected to help out with general maintenance work around the site and occasionally with the House team (making beds, cleaning). There is also scope for volunteers help plan and run less formal activities such as games around the camp fire, treasure hunts, nature trails and story-telling.</p>

<p><b>TYPE OF VOLUNTEER NEEDED</b></p>	<p>The project is looking for male or female volunteers aged over 18 years old who are outgoing, flexible, reliable and have a pro-active attitude. Volunteers should have an interest in working with young people and doing outdoor work and activities. Volunteers with an interest in team building, soft skills and the personal development of groups would find this project especially interesting.</p> <p>A general level of fitness is expected as most of the work is of a physical nature</p> <p><u>A very good level of English is required for communications purposes with staff and clients alike</u></p> <p>Although there is no requirement for volunteers to be Christians, Being a Christian organisation volunteers should be sympathetic towards its aims and values of Christianity and the Christian ethos of the centre. The Campus has a no smoking policy and no alcohol is allowed on the site. All staff and volunteers are expected to show respect and tolerance for each other - person and property. A spirit of cooperation and mutual support is encouraged.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>The Pioneer Centre is located on the edge of the picturesque Shropshire town of Cleobury Mortimer (20 minutes walk to town, 10 minutes level walk to the bus stop). The project is in a rural environment but is within commuting distance to Birmingham (1 hours drive by car to the centre) and is well connected by regular buses during the day to Kidderminster (13 miles East) which has a train station. Lifts from the project to town are nearly always available on negotiation with members of staff etc.</p>
<p><b>ACCOMMODATION &amp; CATERING / FOOD</b></p>	<p>Volunteers' accommodation is situated in staff "lodges" on site. They accommodate between 10 – 20 people per lodge, and all volunteers and staff live there. Volunteers may share a bedroom with one other person – there are single rooms as well and sharing rooms depends on availability of single rooms. In each lodge there is a living room with a television and video recorder, which you share with other people living in the lodge. There is a small kitchen with basic cooking facilities. Washing and laundry facilities are available. Access to Internet/Email is available.</p> <p>The centre provides all meals. In addition, there is a kitchen with basic cooking facilities. Staff and volunteers normally prepare their own breakfast in the lodge kitchens.</p>
<p><b>WORKING HOURS</b></p>	<p>Work is operated on a shift system that includes some evening and occasionally some weekend work. Volunteers generally work between 8.30 – 5.30 with a 1 hour lunch break and breaks in the morning and the afternoon. Volunteers will work on average 40 hours per week.</p>
<p><b>TIME OFF / HOLIDAYS</b></p>	<p>There are 2 rest days per week, not necessarily consecutive, with such rest days varying to suit how busy the Centre is. The volunteers will receive 5 days holiday for every 3 months worked at the Centre</p>

<b>LEISURE TIME / FACILITIES</b>	In the village of Cleobury Mortimer there are shops, restaurants, church, etc. Amenities associated with a larger town are available in Kidderminster which is accessible by bus. Volunteers will also be invited on the different social activities that the centre runs for volunteers and staff. This can include trips to others areas in the UK, canoeing, falconry and trips to other Activity Centres.
<b>ADDITIONAL INFORMATION</b>	Please note that the start dates for this project are sometime earlier than the normal start dates for the ICYE programme in the UK. Volunteers at this project will still attend an On Arrival camp with ICYE-UK but it maybe 2-4 weeks after their arrival date.
<b>NUMBER OF PLACES</b>	2

# Thriftwood Scout Activity Centre

<p><b>TYPE OF PROJECT</b></p>	<p>Thriftwood is a Scout Activity Centre which aims to work with the development of young people. We were established in 1957 as a living memorial to those Scouts who died during the two world wars. We provide camping and activities for Scouts from across the world to come and help them develop spiritually, mentally and physically.</p> <p>We have continued to this day where we undertake programmes for Scouts, Guides, Youth groups and Schools. Our aims are the same today as there were almost 60years ago, to provide inspirational leadership and development of young people.</p> <p>To undertake this we off all the opportunity to take part in adventurous activities that can be used to stretch people young and old alike, to push their capabilities and learn their strengths and weaknesses.</p>
<p><b>TYPE OF WORK</b></p>	<p>The volunteer will be working alongside other volunteers and apprentices of different ages and from different countries. You will be trained to deliver activity sessions in climbing, archery, high ropes, kayaking etc. You will be working on the day to day upkeep of the centre. This will include cleaning and repairs. As many of our activities are off ground an ability to work at height would be an advantage. The ability to swim is also advantageous.</p> <p>We also run large events throughout the year, these are immense fun but very hard work, with longer than usual hours.</p> <p>Depending on the time of year there are busier times when we have lots of groups camping however in the winter it is quieter and we will concentrate more on preparation for the coming season. So during the winter the tasks will include maintenance of the site and physical outdoor work.</p>
<p><b>TYPE OF VOLUNTEER REQUIRED</b></p>	<p>The ideal volunteer will be someone who enjoys working in the outdoor environment; The volunteer must be interested in working with young people and be prepared to live with a diverse group of likeminded people. If you have a scouting, guiding or youth group back ground this is an advantage but not essential.</p> <p>Due to the nature of the British weather be prepared for cold and wet days during the autumn to spring months.</p> <p><b>Volunteers must be prepared to work outside, even when it's cold and raining.</b></p> <p>We will accept male and female volunteer's however we require you to be at least 18 years of age. Whilst we do not have a maximum age an ideal range will be 18 to 25 but this is dependent on the experience and flexibility of the person applying.</p>
<p><b>GENDER/ AGE OF SERVICE USERS</b></p>	<p>The majority of groups using the services are scouts, schools, youth groups, clubs etc. Therefore the majority of people taking part in the activities are aged 6-18 years old. The centre is also open to adult groups</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>Thriftwood is 98 acres of mixed woodland in the heart of Brentwood Essex. We are a 20 min walk from the train station and this is a 20 minute train ride to central London, or Southend and the beach.</p>
<p><b>ACCOMMODATION &amp; CATERING/ FOOD</b></p>	<p>All our staff live in shared accommodation. This is based in a lodge and caravans. Most volunteers will have their own bedroom, although on occasion they might be required to share with another volunteer of the same sex. Volunteers at this project should be</p>

	<p>prepared to share a living room. Both buildings' have shared use of toilet and washing facilities as well as kitchens where food can be prepared in the evenings and the weekends. You will be cooking for yourselves with the rest of the team in the staff accommodation lodge. We provide the team with a budget each week, with which you will need to plan, buy and cook the meals together with the rest of the team living in the accommodation.</p>
<b>WORKING HOURS</b>	<p>This varies with the time of year and the level of business we have in. Most weeks you will be allocated 2 rest days however in the busiest summer months (May to August) this may only be 1 and the rest allocated at other times, We record the time volunteered so on average you will not work more than 40 hours per week. <b>Due to the nature of the business it is likely that the rest days will not be at weekends and not always consecutive</b></p>
<b>TIME OFF/ HOLIDAYS</b>	<p>You will have the opportunity to take 2 weeks holiday each 6 months, however this must be booked in advance and to coincide with business demands. It is not always possible to give holiday time off in the busy weeks and sometimes this may have to be taken at the end of the placement. 2 weeks must be used over the Christmas period which will be your travel time. <b>Please note that no holidays are to be taken in July.</b></p>
<b>LEISURE TIME/ FACILITIES</b>	<p>Use of activity equipment depending on competence and availability, staff social for all staff. Close proximity to London and visitor attractions. Wi-Fi connection available for own laptop/workbook</p>
<b>ADDITIONAL INFORMATION</b>	<p>Full training is provided. Only 20 minute walk from town and train station for links to London &amp; Southend. See link to website: <a href="http://www.thriftwood.org.uk/">http://www.thriftwood.org.uk/</a></p>
<b>NUMBER OF PLACES</b>	1-2

# PROJECTS SUPPORTING YOUNG PEOPLE

**Aston Mansfield**

**OK Club**

## Aston Mansfield

<p><b>TYPE OF PROJECT</b></p>	<p>Aston-Mansfield is a not for profit organisation, and a registered charity. They have been working in East London since 1884. The objectives of the charity are to develop the community wealth of East London and promote a diverse and inclusive society in which all are free to participate. These are achieved through several structured programmes and a range of activities supporting people of all ages, cultures and abilities, principally within the London Borough of Newham.</p> <p>They run two local community centres based in Manor Park and Forest Gate. They provide a full holiday and after school programme for primary school children. They currently deliver youth services for SEN, young people with emerging mental health issues, an outreach service and a youth leadership programme.</p>
<p><b>TYPE OF WORK</b></p>	<p>There are two volunteer positions, one with the Children's team and the other in the Youth Departments of Aston-Mansfield.</p> <p>The volunteer in the Children's team will assist staff in providing a stimulating play programme for children attending various sessions within Aston-Mansfield's community centres. Activities can include arts and crafts, sports and games, cookery, dance, music, drama, daytrips and outdoor pursuits. The volunteer will have some office-based hours where he/she will develop play programmes. This will include sourcing materials and contacting outside organisations.</p> <p>In the Youth Team the volunteer will assist staff in the provision of the youth services. This includes assisting young people play an active role in the youth group, enabling the young people to work effectively in groups and providing them with information and support. The volunteer in the youth team will spend 50% of their time in office-based hours, helping to plan and develop activities and events, conducting desktop research, assisting with admin and working on marketing materials or social media content.</p>
<p><b>TYPE OF VOLUNTEER REQUIRED</b></p>	<p>Volunteers should be self-motivated, willing to take on new challenges, and open to working with people of all backgrounds and cultures. This is a Christian organisation, we do not impose our beliefs onto others, but we would expect volunteers to be open and sympathetic to our beliefs. Volunteers also need to be flexible in their approach to work, and willing to discuss their experiences with others, whilst supporting the ethos and policies of the project.</p>
<p><b>LOCATION OF PROJECT</b></p>	<p>The project is based in Manor Park which is in East London approximately 40 minutes by public transport from the centre of the city.</p>

<b>ACCOMMODATION</b>	The volunteers are provided with accommodation with a host family. The host family is one of the Board members of the organisation and live locally. The volunteer will have their own bedroom in the host family and share the bathroom, kitchen and living space with the family. Volunteers are provided with an allowance to buy their food.
<b>CATERING/ FOOD</b>	Volunteers are provided with an allowance to buy their own food.
<b>WORKING HOURS</b>	Monday to Friday 37.5 hours per week.
<b>TIME OFF/ HOLIDAYS</b>	Volunteers have 2 days off per week (usually Saturday and Sunday). For every month you volunteer with Aston-Mansfield you get 2 days holiday (this cannot be taken during the UK national school summer holidays). Holiday must be confirmed with the staff in advance.
<b>TELEPHONE/ INTERNET ACCESS</b>	There is phone and internet access with Wifi.
<b>LEISURE TIME/ FACILITIES</b>	There is easy access to all facilities and amenities you could expect in a city and also to London's tourist attractions museums, etc. Manor Park itself is a residential area, but a short bus ride from the 2012 Olympic Park, a Sikh temple, theatres in Stratford and Westfield Shopping Centre. Not far from Epping forest for walks / outdoor activities.
<b>CURRENT NUMBER OF PLACES</b>	2

# The OK Club

<b>TYPE OF PROJECT</b>	<p>The OK Club is a youth club in Kilburn, North-West London. The OK Club originated from the Oxford Boys' Club Trust which was formed in 1958. The following year the disused St. Luke's Hall was purchased (site of the current OK Club) and with the support of local young people and helpers from nearby churches, the significant refurbishment required was carried out. The Club opened officially in 1961. The OK Club now offers a range of activities and opportunities in the afternoons and evenings for children and young people aged 5 – 18 from the local area. The OK Club works with young people and their families to help build character and capabilities, as they grow into active and engaged adults. We will provide opportunities for young people to explore their spirituality and their place in the world, and build positive relationships they can rely on. The OK Club works closely with the local churches and their work is motivated by their Christian Faith.</p>
<b>TYPE OF WORK</b>	<p>Volunteers at OK Club work with the children and young people using the centre. Volunteers help to run the various youth and children's club sessions that take place during the week. Activities in the sessions vary but can include, team games, arts and craft, table tennis, board games, baking, sports, topical discussions, football, etc. Volunteers are also involved in the planning, preparation and admin of the different sessions. Volunteers are an active member of the team at the OK Club, they receive training and guidance in their role from staff.</p>
<b>TYPE OF VOLUNTEER REQUIRED</b>	<p>The OK Club are looking for volunteers who are motivated to work with young people and who have a proactive approach to work. They need to be calm, friendly, reliable and patient and be able to provide motivation to the children and young people using the centre. Volunteers should be sympathetic towards the organisations aims and values of Christianity and the Christian ethos of the centre. Volunteers must be over 18 years old.</p>
<b>GENDER/ AGE OF SERVICE USERS</b>	<p>The OK Club has sessions for children and young people aged between 5 and 18 years old.</p>
<b>LOCATION OF PROJECT</b>	<p>The OK Club is based in South Kilburn, which is in the London Borough of Brent (North West London). It is an urban area that is undergoing regeneration. There are excellent transport links and easy access to central London and all facilities associated with a large city</p>
<b>ACCOMMODATION &amp; CATERING/ FOOD</b>	<p>Volunteers are provided with accommodation at Christian Holt House which is on the same site as the OK Club but separate from where the club's activities take place. Volunteers have their own room but share the other facilities (bathroom, kitchen, etc.) with other volunteers and staff. There is no alcohol or smoking allowed on site and there are restrictions on visitors. The Christian Holt House has a communal food allowance and food is shared among all the residents. Volunteers prepare food either for themselves or together with the other residents</p>

<b>WORKING HOURS</b>	Volunteers will work 35 hours a week, normally from Monday to Friday. Hours vary depending on the sessions but typically shifts are 5 – 8 hours and work is usually in the afternoons and evenings.
<b>TIME OFF/ HOLIDAYS</b>	Volunteers have 2 days off per week, this is normally Saturday and Sunday but on occasion when they work weekends then they will have a day off in the week instead. Volunteers have 4 weeks holiday during the year (for a 12 month placement) and have national holidays off. Holidays must be confirmed with the staff in advance.
<b>LEISURE TIME/ FACILITIES</b>	There is easy access to all facilities and amenities you could expect in a city and also to London's tourist attractions museums, etc. There is phone and internet access at the OK Club
<b>NUMBER OF PLACES</b>	1

# PROJECTS SUPPORTING VULNERABLE PEOPLE

**Catholic Worker Farm**

## THE CATHOLIC WORKER FARM

<b>TYPE OF PROJECT</b>	The Catholic Worker Farm is an organisation which promotes the themes of the Catholic Workers Movement: the Hospitality, community, voluntary poverty, resistance and sustainability. The aim of the project is to provide food, accommodation and support for destitute women and children. These women are asylum seekers or trafficked women who are unable to work or claim government benefits. The Catholic Worker Farm provides a safe environment where these women can try to rebuild their lives with the help of the volunteers and staff
<b>TYPE OF WORK</b>	<p>Role and task</p> <ul style="list-style-type: none"> <li>• DIY, Administration, gardening for self-supply, cleaning, maintenance of the house inside and out.</li> <li>• Pick up donations and buildings material</li> <li>• Accompanying women to doctor and dentist</li> <li>• Writing Newsletter, editing website, handling social media accounts</li> <li>• Mainly learning by doing</li> </ul>
<b>TYPE OF VOLUNTEER REQUIRED</b>	Polite and friendly behaviour, respectful contact with the guests
<b>GENDER/ AGE OF SERVICE USERS</b>	Women, some with their children
<b>LOCATION OF PROJECT</b>	Rickmansworth, North-West London Two busses, 324 (towards Rickmansworth and Watford) and 724 (towards Uxbridge, Heathrow Airport and Rickmansworth), London Underground from Rickmansworth
<b>ACCOMMODATION</b>	<p>Buildings</p> <ul style="list-style-type: none"> <li>• 2 houses: The Farm House and Mary House. The farm is for women only, and Mary</li> <li>• House is for mothers with children.</li> <li>• Two volunteers (girls or couple) are accommodated at Mary House - in a shared bedroom. Up to 4 volunteers can stay at the Farm - in shared bedrooms</li> <li>• Volunteers have access to all of the property</li> </ul>
<b>CATERING/ FOOD</b>	Volunteers eat together with the staff members and women of the shelter. Meals are cooked either by the women living in the house, staff members or the volunteers. 90% of the food at the CWF is donated. They also grow their own vegetables/fruit in the garden.
<b>WORKING HOURS</b>	40 hours of varying work a week, from Monday to Saturday morning. The volunteers have Sundays and Saturday afternoons off + another half day anytime during the week (except on Wednesdays)
<b>TIME OFF/ HOLIDAYS</b>	Volunteers accrue two days of holiday per month for the duration of the project 6 month - (1 year)

<b>TELEPHONE/ INTERNET ACCESS</b>	YES
<b>LEISURE TIME/ FACILITIES</b>	<ul style="list-style-type: none"> <li>• Post office, small super market and two bistros ca 10 minutes walking, you will find more in Rickmansworth</li> <li>• GP practice in Rickmansworth, register with a registration form and a proof of address letter</li> <li>• William Penn Leisure Centre 2,2 mil from our farm: Gym, Sauna</li> </ul>
<b>ADDITIONAL INFORMATION</b>	<p>Scott Albrecht is managing the place, he has the overview and makes the final decisions, but the process is very transparent.</p> <p>Support system</p> <p>Scott and Birthe Albrecht are supervisors and contact persons in any case</p> <p>Grievances are taken very seriously and are talked about until a solution is found</p>
<b>CURRENT NUMBER OF PLACES</b>	3: 1 male & 2 female
<b>INTAKE OF VOLUNTEERS</b>	6



## ICYE UK Project Preferences

Name: \_\_\_\_\_

Country: \_\_\_\_\_

### INTERESTS AND PRIORITY LIST

Hopefully you have read carefully the work profile giving you an insight into the various kinds of volunteer work placements in the UK. In order for us to find a good placement for you, we need to know as much as possible about your interests, priorities and preferences. Please fill out this form by numbering your preferences, i.e. 1 by your first choice, 2 by your second choice, and so on.

Please fill out this form and return it to ICYE UK as part of your application form.

### **Who would you like to volunteer with?**

(Please rank the following in order of preference (1-4), with 1 being your first choice and 4 being your last choice)

Children (5-16 Years Old)	
Young People (12-25 Years Old)	
Adults (25-65 Years Old)	
Elderly / Old People (65+ Years Old)	

### **Areas I would like to volunteer in:**

(Please rank the following in order of preference (1-6), with 1 being your first choice and 6 being your last choice)

Supporting People with Disabilities in a residential centre	
Supporting People with Disabilities in their own homes	
Supporting Students with Disabilities in Education	
Supporting People with Learning Disabilities in their own homes.	
Supporting Outdoor Sports and Activities	
Supporting Disadvantaged People and/or the Homeless	

### **I would like to volunteer in the following environment:**

(Please rank the following in order of preference (1-3), with 1 being your first choice and 3 being your last choice)

Volunteering in a centre	
Volunteering with people in their own homes	
Volunteering Outside (even when it is raining and cold!)	

**Personal Care** (this can mean helping a client at a meal time to eat or drink, helping them to wash themselves or go to the toilet, helping them to get dressed in the morning, etc.)  
 (Please rank the following in order of preference (1-4), with 1 being your first choice and 4 being your last choice)

I am happy doing regular personal care	
I am happy helping with occasional personal care	
I would rather not do personal care, but I will if needed	
I do not want to do any personal care	

**I would like to live:**

(Please rank the following in order of preference (1-4), with 1 being your first choice and 4 being your last choice)

In the countryside	
In a small town / village	
In a large town	
In a big city	

**My preferred accommodation would be:**

(Please rank the following in order of preference (1-3), with 1 being your first choice and 3 being your last choice)

In volunteer accommodation in the same location as my host project, this would involve only a short walk to my project.	
In volunteer accommodation which is separate from my host project, this would involve using public transport to get to my project each day.	
In accommodation which is shared with 1-2 clients with learning disabilities.	

**Living with other International volunteers**

(Please rank the following in order of preference (1-4), with 1 being your first choice and 4 being your last choice)

I would like to live on my own	
I would like to live with 1-2 volunteers	
I would like to live with 3-4 volunteers	
I would like to live with 5 + volunteers	

**Working with other volunteers:**

(Please rank the following in order of preference (1-2), with 1 being your first choice and 2 being your last choice)

I would like to work on my own	
I would like to work in a team	

My Top 3 project choices are:

<b>1. Choice</b>	
<b>Why would you like to be placed in this project?</b>	
<b>2. Choice</b>	
<b>Why would you like to be placed in this project?</b>	
<b>3. Choice</b>	
<b>Why would you like to be placed in this project?</b>	

**Please be aware that this form is designed to help us find you the best possible project placement for you. However we cannot guarantee that you will be placed in one of your top 3 project choices.**