

BE READY

FOR THE EXPERIENCIE !

WORK PROFILE
AND
INFOSHEET



Subir al Sur
- un programa de Fundación SES

INTERCULTURAL VOLUNTEERING
PROGRAMME
FUNDACIÓN SES

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SUBIR AL SUR - FUNDACIÓN SES

Fundación SES is an Argentine NGO which, since 1999, works for the educational, economic, labor and social inclusion of youth in Argentina and around Latin America and the Caribbean. SES actions seek to become internationally recognized for technical and political capacity to respond to the restitution of vulnerated youth rights, developing scalable, context-adaptable methodologies and strategies that focus on establishing public policies.

We believe in the power of civic cooperation and solidarity. Therefore, we articulate our programs through grassroots and local organizations. On a regional and global level, we participate and promote different networks. Some of them are

CLADE

Red Encuentro La Liga

CCIVS

ICYE

Subir al Sur is the SES intercultural volunteer program that fosters youth participation and intercultural learning as a way to promote Peace and social justice.



PROJECTS DESCRIPTION

From an experience of solidarity work with the community, volunteers develop skills, capacities and knowledge:

- 1.** Experiential training as a contribution to the "Life Project":
 - a. Territorial practice
 - b. Soft skills
 - c. Exchange and appropriation of knowledge
- 2.** Education for World Citizenship:
 - a. Historical and geopolitical knowledge
 - b. Interculturality
 - c. Education in Human Rights, gender equality and sustainable

During their stay, volunteers work in projects associated with our program, while participating in training and accompaniment spaces.





COMMUNITY AND KITCHEN PROJECT

LA SARTÉN POR EL MANGO

DESCRIPTION

In “La Sarten” you will find healthy food canteen, artistic activities, school and emotional support for children.

The activities are:

- Community kitchen: Food is provided two times per week for boys and girls.
- Community garden: Where they produce vegetables and food to eat
- Art, culture and sports workshops for children.

THE ACTIVITIES PLANNED TO BE CARRIED OUT BY VOLUNTEERS ARE:

- Collaborate with kitchen needs: prepare healthy food with other volunteers.
- Prepare artistic and nutritional activities and workshops for children.
- Carry out play activities with the children.

VOLUNTEER'S REQUIREMENTS:

- Basic Spanish level
- Initiative to propose activities
- Flexibility to adapt to new ways of working
- Teamwork
- Creative character and motivation
- Interest in youth and children development
- The pillars are sports, food and art.

A volunteer who can contribute ideas in those areas will be valued

Instagram





ECOLOGY PROJECT

BOSQUE URBANO

DESCRIPTION

Bosque Urbano is a project created by students of the Universidad de San Martín 13 years ago. They present it as a living laboratory, whose main objective is to preserve the biological heritage and promote food sovereignty. It has a size of 3200 metres square. It was created with the objective of developing outreach and awareness activities so that the community can understand, listen and learn from nature in order to improve and create a world with environmental justice. For this purpose, research tasks are developed and workshops open to the community are offered. In addition to the organisation's permanent team, the project frequently receives visits from scientists and environmental experts in coordination with the Universidad de San Martín, with the objective of deepening on specific topics.

THE ACTIVITIES PLANNED TO BE CARRIED OUT BY VOLUNTEERS ARE:

- Support in the daily gardening and gardening tasks
- Collaborate in infrastructure improvement and general maintenance
- Get involved in the planning and implementation of recreational and educational activities related to the environment.

In general, the task of the volunteers consists in collaborating with the maintenance of the space, participating and assisting in weekly scheduled activities and accompanying visitors who participate in them.





VOLUNTEER'S REQUIREMENTS:

It is necessary to be open to community social work.

- Interest in Environmental Issues
- Initiative to propose activities
- Flexibility to adapt to new ways of working
- Predisposition to manual work, focused on gardening and maintenance tasks
- Willingness to generate proposals

Instagram





ENVIRONMENTAL HEALTH PROJECT

TIERRA SALUD

DESCRIPTION

Tierra Salud is a social enterprise, part of a social enterprises network within the General Directorate of Mental Health in Buenos Aires City Government. It is an organic garden-nursery space dedicated to the production of vegetables and native plants, seedlings and fertilizer, in the Agronomy's Faculty from the Buenos Aires University. It is an integral part of Inter Huertas and Composting Club. The venture is intended for users of mental health effects, people with disabilities and/or functional diversity, psychosocial vulnerability.

THE ACTIVITIES PLANNED TO BE CARRIED OUT BY VOLUNTEERS ARE:

- Work together with the beneficiaries of the project maintaining the vegetable garden.
- Producing organic food
- Garden workshop and activities related to the agriculture process

VOLUNTEER'S REQUIREMENTS:

It is necessary to be open to community social work.

- Basic Spanish level
- Interest in environmental issues
- Willingness to do manual work, focused on gardening and maintenance tasks

Instagram





ARTISTIC & EDUCATIONAL PROJECT

ENGRANAJES

DESCRIPTION

Engranajes is a Civil Association which seeks that children, adolescents, young people and adults shape their life project through art and strengthen values such as solidarity, civic participation and social responsibility for their environment. As a part of its proposal, they carry out music, visual arts, theater, dance and photography workshops for youth, trying to promote inclusion through the art. They also empower adolescents and young people by generating many discussions and youth participation spaces to talk about their rights.

Engranajes offers different proposal to the community as:

- Artistic shows, plays and events for families
- Art workshops
- School support
- Provide free meals for children living in a vulnerable situation

Instagram





THE ACTIVITIES PLANNED TO BE CARRIED OUT BY VOLUNTEERS ARE:

- Support in daily activities.
- Collaborate to prepare and deliver food to the children.
- Support with materials and supplies needed for the workshops.
- Plan and carry-out recreational and educational activities for children and youth.

In general, the task of the volunteers consists in collaborating with the project activities and accompanying the young people who participate in them.

VOLUNTEER'S REQUIREMENTS:

It is necessary to be open to community social work and capacity for the development of learning spaces and activities.

- Basic Spanish level
- Initiative to propose activities
- Flexibility to adapt to new ways of working
- Interest in youth and children development
- Creativity and enthusiasm





SOCIOEDUCATIONAL PROJECT

CENTRO EDUCATIVO Y DE FORMACIÓN PAULO FREIRE

DESCRIPTION

Several types of activities are carried out in the center:

Freire is an organization who gives support to the families from Maquinista Savio neighborhood in Escobar, Buenos Aires Province.

They do:

1. Socio-educational accompaniment: 150 children are accompanied in the development of school activities. They also generate recreational and sports activities.
2. Professional training for adults target groups: courses in electricity, database administration, management of school canteens and gastronomy are carried out with 15 families of the neighborhood, jointly with 70 minors who were deprived of their freedom.
3. Community Vegetable Garden: together with the Municipality of Escobar, they support the development of the neighborhood's participatory vegetable garden through different activities that promote food security and care for the environment.
4. Youth participation: accompanying a group of adolescents who participate more actively involved in their community. They lead many projects and learn about their rights.





THE ACTIVITIES PLANNED TO BE CARRIED OUT BY VOLUNTEERS ARE:

- Preparation of spaces for school support
- Support with materials needed for workshops and activities
- Create and support with activities to promote youth participation
- English classes
- Carrying out playful and pedagogical activities with children
- Prepare activities related to the management of the community garden

VOLUNTEER'S REQUIREMENTS:

Sensitivity for community work and capacity for the development of learning spaces and activities.

- Basic Spanish level
- Initiative to propose independent activities
- Flexibility to adapt to the structure and way of working
- Teamwork
- Creative character and motivation
- Interest in youth and children development

Instagram





EDUCATIONAL PROJECT

PILARES

DESCRIPTION

Pilares is a foundation that works together with children and families who live in shantytowns in the City of Buenos Aires, providing opportunities to promote their integral development. They accompany 500 families in Villa 21-24 (Barracas neighborhood) and Villa 1-11-14 (Bajo Flores neighborhood), Nueva Pompeya neighborhood and surroundings through several programs.

THE ACTIVITIES PLANNED TO BE CARRIED OUT BY VOLUNTEERS ARE:

- In Early Childhood Centers (Flores and Pompeya neighborhoods). Activities: Recreation and games, preparing snacks/breakfast, administrative tasks
- Within the "Haciendo Lupa" Program, with ages between 9 and 15 years (Barracas neighborhood). The activities are: Literacy workshops and games, stories, writing, art. School support

VOLUNTEER'S REQUIREMENTS:

It is necessary to be open to community social work and capacity for the development of learning spaces and activities.

- Basic Spanish level
- Initiative to propose activities
- Flexibility to adapt to new ways of working
- Interest in youth and children development
- Creativity and enthusiasm

Website





HEALTH PROJECTS

RED DE VOLUNTARIADO HOSPITALARIO

DESCRIPTION

The Buenos Aires Government, through the Ministry of Health, guarantees medical care for all people who live and travel through the City of Buenos Aires. The health system is public, free and of quality. The main objective is to help the day-to-day work of the hospitals and to spend time with the patients. There is a network of hospitals in which volunteers with an accurate profile can do volunteering:

- Hospital Angel H. Roffo - Oncology specialty.
- Hospital de Niños Ricardo Gutiérrez - Children's specialty.
- Hospital General de Agudos Parmenio Piñero - Acute Care Hospital

THE ACTIVITIES PLANNED TO BE CARRIED OUT BY VOLUNTEERS ARE:

The activities are focused in covering the basics needs of a hospitalized person. That includes:

- Prepare activities like games or reading sessions
- Containment and support for family members.
- Collaboration in Internment Rooms, External Offices, Pharmacy and Sterilization.
- Outpatient Orientation.
- Delivery of clothes, personal hygiene items, toys, books and diapers





VOLUNTEER'S REQUIREMENTS:

It is necessary to be open to be part of a health care environment with people in delicate health conditions. Volunteers are not authorized to perform any technical task, the hospital already has staff for that.

- Basic Spanish level
- Predisposition to work with sick people, elderly people
- Flexibility to adapt to new ways of working

Website





THEATRE COMMUNITY PROJECT

POMPAPETRIYASOS

DESCRIPTION

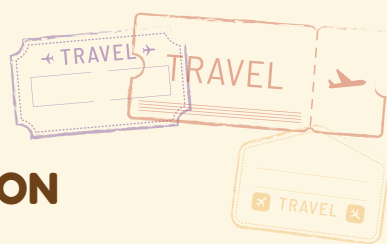
A group of people from different professions, trades, social segments, ages and origins who since 2002 have been linked to the territory: the neighborhood of Parque Patricios in the south of the city of Buenos Aires to create artistic productions collectively. In this way, they address specific problems of the territory they live in. They promote neighborhood participation, the consolidation of a sense of community and stable forms and alternatives of communication that strengthen ties between neighbours.

THE ACTIVITIES PLANNED TO BE CARRIED OUT BY VOLUNTEERS ARE:

- Improving and restoring the scenography of the plays: restoring masks, sewing costumes, arranging furniture from the set)

Website



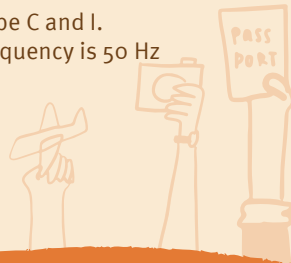


ARRIVAL INFORMATION

- To obtain your transportation card and cell phone chip in advance, you can **request your KIT** 7 days in advance to pick up at the Ezeiza Airport lockers. You can also pick it up at the “Tourist Service Center” located in “Buenos Aires Museo” (Defensa 187 on Mondays, Wednesdays, Thursdays and Fridays between 11 a.m. to 6:00 p.m. and weekends from 11 a.m. to 7:00 p.m. Tuesdays it is closed). To request the kit you need to **an user in “Study Buenos Aires”**
- From the programme, we will ask you to complete **THIS GOOGLE FORM** at least one week before the trip.

WHAT TO BRING?

- Make a copy of important documentation (visa, passport). Once you are here, it is recommended to leave the original documents at home to prevent losing them.
- Have your insurance information at hand in case you need it.
- If you take any medication do not forget to bring with you.
- If you use a credit card, you must contact the issuing bank and enable it for use abroad before traveling.
- Keep in mind that sometimes there is a wide temperature range and a cold morning can turn into a hot and humid day. It is necessary that you
- bring some warm clothes and also cool summer clothes.
- The house has blankets but we recommend you have another bed sheet set. Sheets and towels for personal use must be brought at your own expense.
- In Argentina the power plugs and sockets are of type C and I. The standard voltage is 220 V and the standard frequency is 50 Hz
- The official currency is the peso.





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**WELCOME TO ARGENTINA
WE ARE WAITING FOR YOU!**

FOR MORE INFORMATION:

 WWW.SUBIRALSUR.ORG.AR

 [@SUBIRALSUR](https://www.instagram.com/SUBIRALSUR)

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