

EUROPEAN VOLUNTARY SERVICE
2022-2023

MÈRE SOFIA FOUNDATION, LAUSANNE - SWITZERLAND

(French speaking area)

Duration: 12 months

Start date: 1st July 2022

Their website: www.meresofia.ch



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ICYE International Cultural Youth Exchange
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GENERAL INFORMATION ABOUT THE EUROPEAN VOLUNTARY SERVICE (EVS)

The European Voluntary Service (EVS) is an exchange programme financed by the Swiss government and not the EU because Switzerland is not member of the Erasmus+ programm. It is open to young people between 18 and 30.

The volunteer will work about between 32-38 hours per week for 12 months. They will receive a certificate of participation at the end of the volunteering period.

The European Voluntary Service programme is managed by the Swiss Agency for Exchange and Mobility, Movetia.

The scholarship covers the following benefits:

- Travel expenses (400CHF)
- Board and lodging
- Pocket money (250 CHF/month)
- Language support
- Liability, health and accident insurance



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The foundation Mère Sofia based in Lausanne is a welfare organization which helps the most impoverished. They have different departments that aid people in need. The volunteer will work mainly at the soup kitchen and may also support the itinerant social service.

The EVS volunteer will have the opportunity to have an insight in one or two of these departments during their EVS, depending of their interest and French knowledge.

The EVS volunteer will mainly work at the soup kitchen. In addition to providing food assistance for free every single day of the year, the welfare organization's goal is to welcome each person without discrimination and allow a social contact with a group.

VOLUNTEER'S TASKS

- Preparation of the meals and help in the kitchen
- Collaboration with voluntary co-workers
- Distribution of the meals
- Logistical help and maintenance work
- Social support during the evening.

When the volunteer has improved their French knowledge, they can support the itinerant social service. The tasks will be:

- Psychological support for people with social and financial insecurity
- Support for the itinerant social service

REQUIREMENTS

- Age 18-30
- Motivation to be in contact with person in precarious situations, like practical work
- To be empathic and open minded
- To be able to coordinate a group and to collaborate with the team
- Basic knowledge of French language is welcomed

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INTERESTED?

[Application form, deadline and other information](#)

Questions? Contact us at astrid.tuerler@icye.ch

