

Dear volunteers!

We are happy to welcome that you are interested to come and experience voluntary activities in Spain the next year through ICYE network! We hope that this experience will develop into a lifetime of growth and meaningful new friendships.

In this dossier you will find a brief description of our social and environmental projects for 2013-2014. We hope you will find interesting and according with your interest and motivations.

Please read carefully all projects because all of them needs a strong motivation. After to match your preference list, fill out the application form and write a motivation letter where you can explain the concrete reasons why you'd like to take participation in a project.

Once you are selected as a volunteer you will be involved in a training cycle composed by 4 steps:

Pre-departure Training: organized by your sending organization are responsible for providing training to volunteers so as to ensure the work the following areas: basic training, rights and duties of volunteers, expectations and fears volunteers, Insurance, intercultural education / cultural shock, etc.

On-Arrival Training: This initial training will be provided by AFAIJ. The training will consist of a 2 days meeting in AFAIJ 's office for 1 to 5 volunteers. In case of big groups it will be a 3-5 days training. The training in any case will be about the following topics: Spanish culture, basic language, conflict resolution, intercultural training

Monthly Evaluation: AFAIJ will carry out a monthly evaluation meeting together will all volunteers.

Final Evaluation: Volunteers will have a final meeting at AFAIJ to evaluate the project and get to know the general impressions of their experience in Spain and their activities.

All these projects it offers you an opportunity to challenge and experience cultural differences in the context of working towards:

- Breaking through barriers between cultures and people
- Justice for all who suffer under social, political, economical and personal injustice
- The principal of equality among cultures, nations and sexes

Learning to understand a new culture through direct personal experiences is the best way you can help AFAIJ to achieve these goals. Much will be accomplished by sharing with your host project and community. Living and understanding people who have a different perspective from yours on a daily basis will challenge you. We want to work with you to meet this challenge.

During your volunteer year you will be involved with other AFAIJ people on many different levels: your host project and/or voluntary service agency, as well as local regional and national AFAIJ volunteers. These people have made a great effort to make your stay possible and they are eager to share in the experience. All of us are in this together... You will NOT be a tourist! This means that your active participation in AFAIJ is essential to the whole volunteer experience.



VOLUNTARY WORK PLACEMENTS 2013-14

<p>NAME OF THE PROJECT/ENTITY</p>	<p>Asociación Nuevo Futuro (ASSOCIATION OF PRIVATE HOMES FOR CHILDREN NEW FUTURE FAMILY ATMOSPHERE)</p>
<p>LOCATION/ ADRESS</p>	<p>MADRID</p>
<p>COUNTRY</p>	<p>SPAIN</p>
<p>SUBJECT OR TYPE OF ACTIVITIES</p>	<p>Children / Youth/ Education</p>
<p>PROJECT OBJETIVES</p> 	<p>New Future Association is a non-profit organization that was founded in 1968 with the idea of defending children / as abandoned or deprived of a family.</p> <p>In response to social needs, the association created the following New Future centers are continuously working on improving it, as well as in the proposed new centers:</p> <ul style="list-style-type: none"> • Functional Homes. • Day Centre for Children at Risk. • Children's Day Center for reform. • Emergency Centre or First Home • Dependent Units. • Centers for Battered Women with Children. • Senior Apartment Emancipation 18.
<p>PROJECT ACTIVITIES</p>	<p>In the project at hand, the activities carried out under the international volunteer program, will take place in the Homes of New Future, whose function is the care of children and girls between 0 and 18 years a after the Civil Service assumes its guardianships.</p> <p>New Future face and assume the educational needs of some children at risk of marginalization and exclusion that have been deprived of the most vital element for development: the family.</p>
<p>PROJECT CONTEXT</p>	<p>New Futures in Madrid managed a total of 12 functional homes in which houses 90 children, aged between 0-18 years. Households are distributed throughout the metropolitan area of Madrid. These centers are set up as a residential resource for children with a measure of protection from the various administrations.</p> <p>The homes are open 24 hours every day of the</p>



	<p>year, and are located in neighborhoods perfectly integrated with the rest of the population. Its number of seats is reduced from 6 to 8, which favors contact between the beneficiaries and professionals is warm, cozy and familiar.</p> <p>Home care is provided by "The Godmother" (it's always a volunteer and will become the figure referring to the children) and the people who make up the "educational equipment". The proper functioning of the center and to coordinate the different actions are handled by the "Head of Household".</p>
PROFIL OF THE VOLUNTEER	<ul style="list-style-type: none"> - People over 18 years. - Motivation and interest in the organization and the work done with children from social and family backgrounds failed or at risk. - Young people with a certain maturity and sense of responsibility and commitment, wanting to work together. - People active and positive. - Ability to exercise active listening and empathy. - Attitude of tolerance, respect, punctuality, responsibility and flexibility.
TASK OF THE VOLUNTEER	<p>The volunteer can perform the following activities organized with the heads of household, and organized in time and specific functions:</p> <ul style="list-style-type: none"> - Tutoring. - Games and Simulation. - Assistance in activities and routines of everyday life: breakfast, lunch, dinner, shower, brushing teeth, organization of rooms and clothes, etc. - Support and assistance in activities of Leisure and Recreation. - Support for domestic tasks and taking responsibilities under the age of the children. - Being part of the educational team, participating in team meetings, contributing from their work. - The volunteer / a could provide other activities such as workshops of all kinds of crafts, sports, working on specific themes, always in coordination of the educational team from home where it operates.
NUMBER OF VOLUNTEERS IN PROJECT	1-10 volunteers
HOST SITUATION	<p>Accommodation and meals will be in the same place where the volunteer develop his/her activities.</p>



NAME OF PROJECT	Fundación Alicia Koplowitz
LOCATION	Madrid
COUNTRY	Spain
THEME OR TYPE OF PROJECT	Children / Youth/ Education
<p data-bbox="225 501 536 524">AIMS OF THE PROJECT</p> 	<p data-bbox="810 528 1422 786">Alicia Koplowitz Foundation is working in supporting children since 1994. Its activity has been mainly centred in the assistance to children, with the promotion of child's rights and the improvement of their quality of life as main axis. More recently, with the aim of exploring new action ways in social intervention, we started to work with a second group: collectives with specific social needs.</p> <p data-bbox="810 815 1422 898">So, currently, the social action programme of the organisation carries out different types of actions:</p> <ul data-bbox="858 902 1366 987" style="list-style-type: none"> - Information to parents and educators - Support to collectives - Child protection
PROJECT'S ACTIVITIES	<p data-bbox="810 1046 1422 1303">The voluntary activity is centred in child protection. The organisation manages private homes for children and teenagers in a familiar environment, who come from social public services. We host -in legal custody or guardianship- children aged between 0 and 18 years with severe family structure problems and its corresponding affective, health, educational, social and cultural lacks.</p>
COMMUNITY CONTEXT	<p data-bbox="810 1366 1422 1536">The Foundation has 3 homes, 3 of them in the city area of Ventilla (Madrid): 2 of them for children aged between 0 and 8 years (though, according to the needs, they may be older), with 5 to 6 places, and the third one has 4 places for youth with mental disabilities.</p> <p data-bbox="810 1597 1422 1767">Ventilla is located at the North of Madrid, near the area Plaza de Castilla, so it is very well communicated by underground (Ventilla, line 9; Plaza de Csatilla, lines 1, 2 and 10), train station (Chamartín Station) and Bus Station of Plaza de Castilla.</p> <p data-bbox="810 1798 1422 1939">Apart from the good communication with the centre of Madrid, this area also has all needed resources in a community (schools, churches, organisations, cultural and leisure centres, shops,...).</p>

<p>VOLUNTEER'S REQUIREMENTS</p>	<ul style="list-style-type: none"> • An interest in working with children in risk. • Over 18 years of age. • Active people with initiative. • Willing to co-exist with other volunteers • Open to experiencing a new culture, language and way of life here in Madrid. • A Sense of humour and humanity (this is essential). • To be commitment to their activity and to collaborate in a working team. • Good capacity of listening carefully and with empathy. • To be flexible and tolerant.
<p>VOLUNTEER'S TASKS</p>	<p>The volunteer will be integrated in the daily life of one of the homes where children aged between 0 and 18 live (they live in homes until they are 18, approximately). The entrance requirements can be diverse, and are always valued by Social Services and the Minor Institute.</p> <p>The project activity will be centred upon the support to educators in the management and mobilization of all aspect of children's lives, promoting their abilities and searching the needed resources for their development, independence, understanding of reality, and the endowment of keys for developing their life, in addition to coordinating all resources and institutions that have to do with the child and his family in order to create support projects favouring the end of their stay in the Foundation and the return to their own environment</p> <p>Some of regular activities:</p> <ul style="list-style-type: none"> • Take or bring children to/from school: take them to other activities (extra-curricular, birthday parties, other); Support children with their home work. • Play with the children • Accompany children in daily activities: meals, showers, brushing teeth, organisation of rooms and clothes...) • Form part of the educational team, participating in team meetings and providing ideas. <p>Volunteers may participate with other activities, such as any workshops: handicrafts, sports, specific subjects,... and participate in the yearly thematic axis of the organisation.</p>
<p>NUMBER OF VOLUNTEERS IN PROJECT</p>	<p>1</p>
<p>HOST SITUATION</p>	<p>Accommodation and Board will be provided in a individual or sharing room into the hosting project.</p>



NAME OF PROJECT	FUNDACIÓN BETESDA
LOCATION	Madrid
COUNTRY	Spain
THEME OR TYPE OF PROJECT	Disabled, Education
<p data-bbox="225 461 536 488">AIMS OF THE PROJECT</p> 	<p data-bbox="810 488 1433 719">The Betesda Foundation is a non-profit organization established in 1994, with the purpose of contributing to the development of people with learning or physical disabilities, and therefore "The rehabilitation guidance, and education of those suffering from learning or physical deficiencies which prevent them from integrating in society at the same rhythm as other people."</p> <p data-bbox="810 745 1433 947">The Betesda Foundation Residence Belisana, is open 365 days a year, 24h a day and hosts people with different disabilities. The residents usually stay in the Occupational Centre between 9 and 17 hours, and then start with their residence time table. There are two different routines: weekdays and weekends.</p>
PROJECT'S ACTIVITIES	<p data-bbox="810 1008 1433 1205">During weekdays there are 2 social integration technicians and 4 careers working in the Residence. The night shift is covered by two careers, and in the morning between 7:30 and 9 there are 6 professionals attending the morning routine and conducting the residents to their occupational workshops.</p> <p data-bbox="810 1238 1433 1440">All the activities in the morning are mandatory for the beneficiaries, but in the afternoon there are some mandatory and some voluntary activities. Mandatory activities are all related to personal hygiene, caring for belongings and premises, and creating and maintaining satisfactory personal relations and a social climate.</p>
COMMUNITY CONTEXT	<p data-bbox="810 1527 1433 1729">The Residence is located in the city of Madrid (6,000,000 inhabitants), which is located in the province of the same name. There are a lot of advantages in living in such a big city as Madrid: a variety of activities and opportunities: cinemas, theatres, exhibitions, museums, restaurants, discos, etc.</p> <p data-bbox="810 1762 1433 2007">The residence is in the City Centre, 500m. from the Underground. It is well connected, a fact which makes the integration of the volunteer in the city easier. The Foundation believes the importance of hosting a volunteer is based on the exchange experience it provides to the life in the Residence, which results in the enrichment and the bringing together of European people.</p>

VOLUNTEER'S REQUIREMENTS	<ul style="list-style-type: none"> • An interest in working with disability. • Over 18 years of age. • Active people with initiative. • Willing to co-exist with other volunteers • Aware of disability. • Open to experiencing a new culture, language and way of life here in Madrid. • A Sense of humour and humanity (this is essential).
VOLUNTEER'S TASKS	<p>The Fundación Betesda will ask the volunteers to help and support the staff with their daily activities with the disabled people.</p> <p>volunteer will participate in the workshops organized in the residence (with wood, flowers, music, painting) and leisure activities (cinema, restaurants, theatre, youth festivals, trips to the mountains,...). They will be asked to support residents in the care attention (shower, meals, etc.)</p>
NUMBER OF VOLUNTEERS IN PROJECT	1-2
HOST SITUATION	Accommodation and Board will be provided in a individual room into the hosting project.

NAME OF PROJECT	Basida Navahondilla
LOCATION	Navahondilla, (Castilla y León Region)
COUNTRY	Spain
THEME OR TYPE OF PROJECT	HIV/AIDS - Disabled
AIMS OF THE PROJECT 	<p>BASIDA, a charitable, non-profit making association, that has been declared as a Public Utility since 1996, has the general aim of providing attention to needy people from bio-psychosocial point of view, with a scope of performance at a local, regional and national level.</p> <p>BASIDA was founded in 1989 with the desire of joining forces to alleviate the problems which are posed by the illness:</p> <ul style="list-style-type: none"> • The progressive increase in the number of affected people. • The nonexistence of a vaccine or of any effective treatment. • The characteristics of its special risk of transmission. • The exclusion. • The population of prisoners: a great percentage of prisoner population has been or is A.D.V.P.; and has possibilities of being HIV-positive or of getting the virus while they are shut away, (blood transmission or sexual transmission).

<p>PROJECT'S ACTIVITIES</p>	<p>1. Shelter for people suffering from HIV-AIDS This program tries to offer a fitting place, a warm home and a family for those people of both sexes, drug addicts, HIV-positives, people suffering from AIDS, as well as other terminal diseases, and due to the advanced stage of the diseases they have no other alternative than dying in prison, in the hospital or on the street. Therefore we try:</p> <ul style="list-style-type: none"> • To assist the sick people in recovering their personal worth, increasing the level of their self-esteem and valuation. • To offer suitable medical and health care to them for the state of their disease. • To offer, in the cases where it is possible, a social reintegration to them using an individualized way of planning that guarantees them the possibility of an introduction to the socio-professional and familial environment. <p>2. Disintoxication centre and program of social action The Rehabilitation centre aimed at cohabitation, provisional accommodation, the social attention of drug addicts, whose activity is orientated to the recovery and social reintegration of its users. By means of the different working, cultural, and educative activities we try:</p> <ul style="list-style-type: none"> • To help the residents recover their personal worth, increasing the level of their own esteem and valuation. • To assist their rehabilitation and social reintegration. Helping them discontinue using opiate and psychotropic substances. • Assist them in the acquisition of some social skills and relationships by means of psychological therapy and monitoring. • To provide medical-health care with the administration of prescribed treatments and suitable therapy. <p>3. Social reintegration This program has as its objectives, the social insertion and reintegration depending on the cases of those residents who have carried out their disintoxication and rehabilitation program and those who have HIV and AIDS but are able thanks to the new treatments, by means of:</p> <p>Impelling measures which make it easier to access the training and labour integration (course of occupational training,...).</p> <p>Developing and supporting institutional and social measures directed at improving the social image of the drug addict.</p> <p>Developing and promoting attention to their social needs.</p> <p>Intervening in the social and familiar environment of every resident to get the participation and the involvement of the family in this program.</p> <p>In the last years the fruit of the preceding formative work has been collected, with the</p>
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	<p>contribution of those people whose have ended the program, and been incorporated into the cooperative of associated work "Base of Madrid Cooperative".</p>
<p>COMMUNITY CONTEXT</p>	<p>Rural Enviroment.</p> <p>Basida Navahondilla is located in the little town of Navahondilla about 70km from Madrid, very close to the Sierra de Gredos, with a population of about 300 inhabitants.</p> <p>Navahondilla is found in the Ávila province (Castilla and León). It is set within a very natural environment, with various points of interest, like the bulls of Guisando, Ávila, San Martín de Valdeiglesias, and El Tiemblo. Navahondilla is connected by bus to San Martín de Valdeiglesias (from this town the buses leave every 30 minutes -1 hour to Madrid), and is also directly connected with Madrid (although the buses are less frequent).</p>
<p>VOLUNTEER'S REQUIREMENTS</p>	<ul style="list-style-type: none"> • A certain level of maturity, sensitivity and interest in knowing the problems generated by HIV-AIDS and drug dependency. • A willingness to learn about the experience of people with HIV-AIDS and a drug dependency, and who have the additional motivation to learn and self-improve. • A self-belief in their capabilities as well as an engagement with the activities they take part in and a desire to work as part of a team • Capable of actively listening and showing empathy- people that like to listen and are capable of seeing things from the perspective of the users to whom they are talking. • Tolerant and flexible • An interest in the Spanish language and the desire to learn about the Spanish culture. • Willing to complement the dynamics of the group and abide by the rules of co-habitation (they will not be able to consume any drugs, including tobacco and alcohol). <p>No specific or professional training is required.</p>
<p>VOLUNTEER'S TASKS</p>	<p>Volunteers are there to help and support the staff. They will never substitute them. The volunteers will have a mentor who will guide them specifically in the tasks they carry out.</p> <p>Volunteers may participate in all activities in the professional departments previously mentioned (psychological, therapeutic etc), always taking into account factors such as the characteristics of the volunteer, their previous professional training and their personal preferences; considering these aspects is fundamental in allowing the volunteer</p>



	<p>to integrate and adapt to the dynamics of the hosting home and at the same time empathise with those being treated.</p> <p>Volunteers will collaborate a maximum of 35 hours per week from Monday to Friday. The schedule time will be principally during the morning although it will depend on the current necessities. Some of the most frequent activities to be carried out by the volunteers are:</p> <ul style="list-style-type: none"> - Attendance to sick people and to those who are in bed. - Personal attention: support for meals, cleaning the residents, etc.. - Support in the activities of physical rehabilitation and of occupational therapy for their cognitive rehabilitation. - Participation in workshops (carpentry, gardening, painting...) - Participation in the educative department: workshop of adult literacy, out-of-school support to children who live in the hosting home. - Collaboration with the organization of workshops and occupational activities: magazine, theatre, computer science, yoga and relaxation, sport activities,... workshop. - Collaboration with the organization of workshops and leisure activities (excursions, cultural activities, etc.) <p>The volunteers will participate with the rest of the volunteers in the daily home activities.</p> <p>The volunteers will be supported by a mentor who will have a meeting with them once a week to talk with them and see if they need support with other matters.</p> <p>Sample time-tables. These are flexible and should be taken only as a sample. In this project initiatives from the volunteers are welcome and very positively valued.</p>
<p>NUMBER OF VOLUNTEERS IN PROJECT</p>	<p>1-2</p>
<p>HOST SITUATION</p>	<p>Accommodation is provided into a wooden house for volunteers, rectangular, fully equipped and fitted with heating system and air conditioning. It is divided into two rooms (one for males and one for women), with a capacity of 8 seats each. It has two fully equipped bathrooms.</p> <p>The volunteer will have five meals a day in the structure where they live. (Breakfast, lunch and dinner are provided).</p>



NAME OF PROJECT	Basida Aranjuez
LOCATION	Aranjuez, (Madrid Región)
COUNTRY	Spain
THEME OR TYPE OF PROJECT	HIV/AIDS - Disabled
<p data-bbox="225 445 536 472">AIMS OF THE PROJECT</p> 	<p data-bbox="810 445 1433 645">BASIDA, a charitable, non-profit making association, that has been declared as a Public Utility since 1996, has the general aim of providing attention to needy people from bio-psychosocial point of view, with a scope of performance at a local, regional and national level.</p> <p data-bbox="810 647 1433 734">BASIDA was founded in 1989 with the desire of joining forces to alleviate the problems which are posed by the illness:</p> <ul data-bbox="858 736 1433 1115" style="list-style-type: none"> • The progressive increase in the number of affected people. • The nonexistence of a vaccine or of any effective treatment. • The characteristics of its special risk of transmission. • The exclusion. • The population of prisoners: a great percentage of prisoner population has been or is A.D.V.P.; and has possibilities of being HIV-positive or of getting the virus while they are shut away, (blood transmission or sexual transmission).
PROJECT'S ACTIVITIES	<p data-bbox="810 1144 1433 1375">1. Shelter for people suffering from HIV-AIDS This program tries to offer a fitting place, a warm home and a family for those people of both sexes, drug addicts, HIV-positives, people suffering from AIDS, as well as other terminal diseases, and due to the advanced stage of the diseases they have no other alternative than dying in prison, in the hospital or on the street.</p> <p data-bbox="810 1377 1023 1404">Therefore we try:</p> <ul data-bbox="858 1435 1433 1753" style="list-style-type: none"> • To assist the sick people in recovering their personal worth, increasing the level of their self-esteem and valuation. • To offer suitable medical and health care to them for the state of their disease. • To offer, in the cases where it is possible, a social reintegration to them using an individualized way of planning that guarantees them the possibility of an introduction to the socio-professional and familial environment. <p data-bbox="810 1785 1433 1839">2. Disintoxication centre and program of social action</p> <p data-bbox="810 1841 1433 2011">The Rehabilitation centre aimed at cohabitation, provisional accommodation, the social attention of drug addicts, whose activity is orientated to the recovery and social reintegration of its users. By means of the different working, cultural, and educative activities we try:</p>



	<ul style="list-style-type: none"> • To help the residents recover their personal worth, increasing the level of their own esteem and valuation. • To assist their rehabilitation and social reintegration. Helping them discontinue using opiate and psychotropic substances. • Assist them in the acquisition of some social skills and relationships by means of psychological therapy and monitoring. • To provide medical-health care with the administration of prescribed treatments and suitable therapy. <p>3. Social reintegration</p> <p>This program has as its objectives, the social insertion and reintegration depending on the cases of those residents who have carried out their disintoxication and rehabilitation program and those who have HIV and AIDS but are able thanks to the new treatments, by means of:</p> <p>Impelling measures which make it easier to access the training and labour integration (course of occupational training,...).</p> <p>Developing and supporting institutional and social measures directed at improving the social image of the drug addict.</p> <p>Developing and promoting attention to their social needs.</p> <p>Intervening in the social and familiar environment of every resident to get the participation and the involvement of the family in this program.</p> <p>In the last years the fruit of the preceding formative work has been collected, with the contribution of those people whose have ended the program, and been incorporated into the cooperative of associated work "Base of Madrid Cooperative".</p>
<p>COMMUNITY CONTEXT</p>	<p>Rural Enviroment</p> <p>It is situated 47 Km from Madrid.</p> <p>The hosting house is 9 Km away from the train station, in a country house inside the local limits of Aranjuez.</p> <p>Aranjuez is a royal village at the south of Madrid, located 47 Km away from Madrid, by Tajo river, and 45 Km away from Toledo; there are many tourist spots in Aranjuez.</p> <p>From Madrid, it is quite easy to get to Aranjuez, either by road or train. RENFE offers a train service every 30 minutes from Madrid- Atocha-Puerta del Sol (Madrid city center) to Aranjuez and 45 minutes travel time.</p> <p>Internet is available in Basida Community, but, there is a very slow connexion.</p>

<p>VOLUNTEER'S REQUIREMENTS</p>	<ul style="list-style-type: none"> • A certain level of maturity, sensitivity and interest in knowing the problems generated by HIV-AIDS and drug dependency. • A willingness to learn about the experience of people with HIV-AIDS and a drug dependency, and who have the additional motivation to learn and self-improve. • A self-belief in their capabilities as well as an engagement with the activities they take part in and a desire to work as part of a team • Capable of actively listening and showing empathy- people that like to listen and are capable of seeing things from the perspective of the users to whom they are talking. • Tolerant and flexible • An interest in the Spanish language and the desire to learn about the Spanish culture. • Willing to complement the dynamics of the group and abide by the rules of co-habitation (they will not be able to consume any drugs, including tobacco and alcohol). <p>No specific or professional training is required.</p>
<p>VOLUNTEER'S TASKS</p>	<p>Volunteers are there to help and support the staff. They will never substitute them. The volunteers will have a mentor who will guide them specifically in the tasks they carry out.</p> <p>Volunteers may participate in all activities in the professional departments previously mentioned (psychological, therapeutic etc), always taking into account factors such as the characteristics of the volunteer, their previous professional training and their personal preferences; considering these aspects is fundamental in allowing the volunteer to integrate and adapt to the dynamics of the hosting home and at the same time empathise with those being treated.</p> <p>Volunteers will collaborate a maximum of 35 hours per week from Monday to Friday. The schedule time will be principally during the morning although it will depend on the current necessities.</p> <p>Some of the most frequent activities to be carried out by the volunteers are:</p> <ul style="list-style-type: none"> - Attendance to sick people and to those who are in bed. - Personal attention: support for meals, cleaning the residents, etc.. - Support in the activities of physical rehabilitation and of occupational therapy for their cognitive rehabilitation. - Participation in workshops (carpentry, gardening, painting...) - Participation in the educative department: workshop of adult literacy, out-of-school support to children who live in the hosting



	<p>home.</p> <ul style="list-style-type: none"> - Collaboration with the organization of workshops and occupational activities: magazine, theatre, computer science, yoga and relaxation, sport activities,... workshop. - Collaboration with the organization of workshops and leisure activities (excursions, cultural activities, etc.) <p>The volunteers will participate with the rest of the volunteers in the daily home activities.</p> <p>The volunteers will be supported by a mentor who will have a meeting with them once a week to talk with them and see if they need support with other matters.</p> <p>Sample time-tables. These are flexible and should be taken only as a sample.</p> <p>In this project initiatives from the volunteers are welcome and very positively valued.</p>
NUMBER OF VOLUNTEERS IN PROJECT	1-2
HOST SITUATION	Accommodation and Board will be provided in a sharing room into the hosting project.

NAME OF PROJECT	Basida Manzanares
LOCATION	Manzanares, (Castilla la Mancha Region)
COUNTRY	Spain
THEME OR TYPE OF PROJECT	HIV/AIDS - Disabled
<p>AIMS OF THE PROJECT</p> 	<p>BASIDA, a charitable, non-profit making association, which has been declared as a Public Utility since 1996, has the general aim of providing attention to needy people from bio-psychosocial point of view, with a scope of performance at a local, regional and national level.</p> <p>BASIDA was founded in 1989 with the desire of joining forces to alleviate the problems which are posed by the illness:</p> <ul style="list-style-type: none"> • The progressive increase in the number of affected people. • The nonexistence of a vaccine or of any effective treatment. • The characteristics of its special risk of transmission. The exclusion. • The population of prisoners: a great percentage of prisoner population has been or is A.D.V.P.; and has possibilities of being HIV-positive or of getting the virus while they are shut away, (blood transmission or sexual transmission).



<p>PROJECT'S ACTIVITIES</p>	<p>1. Shelter for people suffering from HIV-AIDS This program tries to offer a fitting place, a warm home and a family for those people of both sexes, drug addicts, HIV-positives, people suffering from AIDS, as well as other terminal diseases, and due to the advanced stage of the diseases they have no other alternative than dying in prison, in the hospital or on the street. Therefore we try:</p> <ul style="list-style-type: none"> • To assist the sick people in recovering their personal worth, increasing the level of their self-esteem and valuation. • To offer suitable medical and health care to them for the state of their disease. • To offer, in the cases where it is possible, a social reintegration to them using an individualized way of planning that guarantees them the possibility of an introduction to the socio-professional and familial environment. <p>2. Disintoxication centre and program of social action The Rehabilitation centre aimed at cohabitation, provisional accommodation, the social attention of drug addicts, whose activity is orientated to the recovery and social reintegration of its users. By means of the different working, cultural, and educative activities we try:</p> <ul style="list-style-type: none"> • To help the residents recover their personal worth, increasing the level of their own esteem and valuation. • To assist their rehabilitation and social reintegration. Helping them discontinue using opiate and psychotropic substances. • Assist them in the acquisition of some social skills and relationships by means of psychological therapy and monitoring. • To provide medical-health care with the administration of prescribed treatments and suitable therapy. <p>3. Social reintegration This program has as its objectives, the social insertion and reintegration depending on the cases of those residents who have carried out their disintoxication and rehabilitation program and those who have HIV and AIDS but are able thanks to the new treatments, by means of:</p> <p>Impelling measures which make it easier to access the training and labour integration (course of occupational training,...).</p> <p>Developing and supporting institutional and social measures directed at improving the social image of the drug addict.</p> <p>Developing and promoting attention to their social needs.</p> <p>Intervening in the social and familiar environment of every resident to get the participation and the involvement of the family in this program.</p> <p>In the last years the fruit of the preceding</p>
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	<p>formative work has been collected, with the contribution of those people whose have ended the program, and been incorporated into the cooperative of associated work "Base of Madrid Cooperative".</p>
<p>COMMUNITY CONTEXT</p>	<p>Rural Enviroment Basida Manzanres is located in the countryside; 6 km away of Manzanares. Manzanares is a town in the Autonomous Community of Castilla-La-Mancha, located 10 km. away from Ciudad Real and 175 km. from the city of Madrid. It has a population of about 18,890 inhabitants. Manzanares, the crossroads of La Mancha, is a meeting point in La Mancha, if you travel from North to South or from East to West. It is therefore, very well communicated with other towns in Castailla-La Mancha and Madrid, both by bus and by train. It is located on the route of Don Quixote, a tourist attraction. Manzanares is a town with high economic activity, especially with regards to the manufacture of primary products and the production of wine and cheese. Due to the distance of the home from the city, all the people in the organisation offer transport facilities to the volunteers if it is needed or if they need it. Internet is available in Basida Community, but, there is a very slow connexion.</p>
<p>VOLUNTEER'S REQUIREMENTS</p>	<ul style="list-style-type: none"> • A certain level of maturity, sensitivity and interest in knowing the problems generated by HIV-AIDS and drug dependency. • A willingness to learn about the experience of people with HIV-AIDS and a drug dependency, and who have the additional motivation to learn and self-improve. • A self-belief in their capabilities as well as an engagement with the activities they take part in and a desire to work as part of a team • Capable of actively listening and showing empathy- people that like to listen and are capable of seeing things from the perspective of the users to whom they are talking. • Tolerant and flexible • An interest in the Spanish language and the desire to learn about the Spanish culture. • Willing to complement the dynamics of the group and abide by the rules of co-habitation (they will not be able to consume any drugs, including tobacco and alcohol). <p>No specific or professional training is required.</p>
<p>VOLUNTEER'S TASKS</p>	<p>Volunteers are there to help and support the staff. They will never substitute them. The volunteers will have a mentor who will guide them specifically in the tasks they carry out.</p>



	<p>Volunteers may participate in all activities in the professional departments previously mentioned (psychological, therapeutic etc), always taking into account factors such as the characteristics of the volunteer, their previous professional training and their personal preferences; considering these aspects is fundamental in allowing the volunteer to integrate and adapt to the dynamics of the hosting home and at the same time empathise with those being treated.</p> <p>Volunteers will collaborate a maximum of 35 hours per week from Monday to Friday. The schedule time will be principally during the morning although it will depend on the current necessities.</p> <p>Some of the most frequent activities to be carried out by the volunteers are:</p> <ul style="list-style-type: none"> - Attendance to sick people and to those who are in bed. - Personal attention: support for meals, cleaning the residents, etc.. - Support in the activities of physical rehabilitation and of occupational therapy for their cognitive rehabilitation. - Participation in workshops (carpentry, gardening, painting...) - Participation in the educative department: workshop of adult literacy, out-of-school support to children who live in the hosting home. - Collaboration with the organization of workshops and occupational activities: magazine, theatre, computer science, yoga and relaxation, sport activities,... workshop. - Collaboration with the organization of workshops and leisure activities (excursions, cultural activities, etc.) <p>The volunteers will participate with the rest of the volunteers in the daily home activities.</p> <p>The volunteers will be supported by a mentor who will have a meeting with them once a week to talk with them and see if they need support with other matters.</p> <p>Sample time-tables. These are flexible and should be taken only as a sample. In this project initiatives from the volunteers are welcome and very positively valued.</p>
<p>NUMBER OF VOLUNTEERS IN PROJECT</p>	<p>1-2</p>
<p>HOST SITUATION</p>	<p>Accommodation and Board will be provided in a sharing room into the hosting project.</p>

