

Work Profile 2010/11

Schools

1. Padma Prakash Secondary School: Lalitpur

I. General Project information	
National Correspondent and Name and Address of Local contact:	<p>Hom Ojha National Correspondent Tel: 977-1-4301434 Mobile: 9841332665 (For emergency Only) E-mail: info@icyenepal.org</p> <p>Contact person in the project: Raj Kumar Khadka. He is not only your contact person but also the host father. You will be staying in his family during your project time.</p> <p>Phone Number: 977-9841540750</p>
Project information (summary of project, staffs, and location)	<p>Padma Prakash Secondary School is a government school that offers schooling from class one to ten. The government provides financial support to pay for the teachers and other infrastructures that are needed for the school. This school has 300 students with 18 staffs. The school is located in Dhapakhel which is very beautiful and calm place.</p>
Volunteer's main responsibilities	<p>As a volunteer in this project, you will be teaching English course book as prescribed by the school co-coordinating with local English teacher. Volunteers will organize various learning extracurricular activities through students for example, health and civic education, games, drawing, painting, sports activities, quiz contest, awareness raising activities in the community through students, debate, music class etc.</p> <p><u>Other Activities</u></p> <ul style="list-style-type: none"> ➤ Play education games with kids ➤ Develop manual according to the students need prioritizing to the listening and speaking classes. ➤ Go for hiking, educational tour, case study and other activities so that student can have the real experience in their learning practice. ➤ Be a real model, think that student will like to follow what you do, so forbid smoking and drinking intoxicating thing in front of students. ➤ Run in formal classes for kids if they are in holidays, i.e. if the school is closed. <p>Note: Volunteers should pay for outdoor activities:</p>
Total working days and working hours per day	<p>Generally volunteers will work 10:00-4:00 everyday. Saturdays and any other government off days will be holidays for you. We set up the hour as per the volunteers' interest. Normally, volunteers teach 2</p>

	to 3 hours everyday which means 3 to 4 period (each periods are 45 minutes) in each day. You can teach any subject as per your knowledge but preference goes to English.
Where volunteer can go for weekends and longer periods	Nepal is very beautiful county. In your free time, you can explore the vibrant city- Kathmandu. Kathmandu is a capital city of Nepal with places of great tourist attractions like Thamel, Patan, Swaymbhu, etc. Kathmandu has a wide range of restaurants, internet cafés, clubs, shopping centers, and banks. The volunteers also have numerous opportunities to explore the sites under cultural heritage during free time. Our volunteers can simply hike in near by villages, ride bikes in Kathmandu, walk around the tourist city of Thamel, the options are unlimited. Or go to nearby villages of Kathmnadu for hiking and trekking. There are many travel opportunities as well.
2. Location information	
Distance in miles and time to nearest major town:	10 minute drive.
Name and distance of nearest commercial bus station:	15 minutes' walk
Distance and location of the nearest phone/Internet Café:	10 minutes' walk (for STD and ISD)
Nearest medical services for minor ailments:	10 minutes' drive
Nearest medical services for major problems (distance and time):	15 minutes' drive
3. General Home stay/ host family information	
Distance from the project:	10 minutes' walk
Brief introduction of your host family	As a volunteer in this project, you will be staying with the family of Raj Kumar Khadka. Staying with a host family gives you more opportunity to learn about our culture and way of life. You will have a separate room in the host family but you share the facilities with the family members. To minimize the language barrier, we have selected our host family with a member can at least speak some English. It will be challenging but will give you more fruitful experience. For your convenience, you can always find our representative in close contact whenever needed.
Name of host Father	Raj Kumar Khadka.
Electricity? :	Available
Running water?	Available
Hot Water	N/A
Toilet	Flush
Hosting Capacity	4Volunteers
If you fail to catch our representative at the airport.	Please go to hotel Excelsior Tel: 977-1-4701130

2. Bashundhara Community English School: Chitwan

1. General Project information	
Name and Address of Local contact:	Hom Ojha Tel: 977-1-4301434 Mobile: 9841332665 (For emergency Only) E-mail: info@icynepal.org Contact person: Lila Bhandari Phone: 977-9845045485
Project information (summary of project, staffs, and location)	Bashundhara Community School, West Rampur Chitwan. This is located in West Rampur in Chitwan. It has 150 students and 7 staffs.
Volunteer's main responsibilities	You will be teaching English course book as prescribed by the school co-coordinating with local English teacher. Volunteers will organize various learning extracurricular activities through students for example, health and civic education, games, drawing, painting, sports activities, quiz contest, awareness raising activities in the community through students, debate, music class etc. Other Activities <ul style="list-style-type: none"> ➤ Play education games with kids ➤ Develop manual according to the students need pritorizing to the listening and speaking classes. ➤ Go for hiking, educational tour.case study and other activities so that student can have the real experience in their learning pracice. ➤ Be a real model,think that student will like to follow what you do ,so forbid smoking and drinking intoxicatic thing in front of students. ➤ Run in formal classes for kids if they are in holidays ,i.e. if the school is closed. Note: Volunteers should pay for outdoor activities:
Total working days and working hours per day	Generally volunteers will work 10:00-4:00 Saturdays and any other government off days will be holidays for you.
Where volunteer can go for weekends and longer periods	Trekking, Sightseeing, rafting and tour
2. Location information	
Distance in miles and time to nearest major town:	30 minute drive.

Name and distance of nearest commercial bus station:	10 minutes' walk
Distance and location of the nearest phone/Internet Café:	10 minutes' walk (for STD and ISD)
Nearest medical services for minor ailments:	10 minutes' drive
Nearest medical services for major problems (distance and time):	30 minutes' drive
3. General Home stay/ host family information:	
Distance from the project:	10 minutes' walk
Brief introduction of your host family	Your host father is a teacher in the same school and a farmer as well. He speaks little English. There are 5 members in the family and live close to the project.
Name of host family	Prem Prakash Paudel
Electricity? :	Available
Running water?	Available
Hot Water	N/A
Toilet	Flush
Hosting Capacity	4Volunteers
If you fail to catch our representative at the airport.	Please go to hotel Excelsior Tel: 977-1-4701130

3. Vaishnavi Secondary School: Kirtipur

1. General Project information	
Name and Address of Local contact:	Hom Ojha Tel: 977-1-4301434 Mobile: 9841332665 (For emergency Only) E-mail: info@icyenepal.org Contact Person: Lok Bahadur Khadka Phone: 977-1-9841837894
Project information (summary of project, staffs, and location)	Vaishnavi Secondary School, Kirtipur, Kathmandu. This school is located in Kirtipur. It has 350 students and 20 staffs. You will get chance to learn typical Newari culture during your project time staying with the host family.
Volunteer's main responsibilities	You will be teaching English course book as prescribed by the school co-coordinating with local English teacher. Volunteers will organize various learning extracurricular activities through students for example, health and civic education, games, drawing, painting, sports activities, quiz

	<p>contest, awareness raising activities in the community through students, debate, music class etc.</p> <p>Other Activities</p> <ul style="list-style-type: none"> ➤ Play education games with kids ➤ Develop manual according to the students need prioritizing to the listening and speaking classes. ➤ Go for hiking, educational tour.case study and other activities so that student can have the real experience in their learning pralice. ➤ Be a real model,think that student will like to follow what you do ,so forbid smoking and drinking intoxicatic thing in front of students. ➤ Run in formal classes for kids if they are in holidays ,i.e. if the school is closed. <p>Note: Volunteers should pay for outdoor activities:</p>
Total working days and working hours per day	Generally volunteers will work 10:00-4:00 Saturdays and any other government off days will be holidays for you.
Where volunteer can go for weekends and longer periods	Trekking, Sightseeing, rafting and tour
2. Location information	
Distance in miles and time to nearest major town:	30 minute drive.
Name and distance of nearest commercial bus station:	10 minutes' walk
Distance and location of the nearest phone/Internet Café:	10 minutes' walk (for STD and ISD)
Nearest medical services for minor ailments:	10 minutes' walk
Nearest medical services for major problems (distance and time):	30 minutes' drive
3. General Home stay/ host family information	
Distance from the project:	03 minutes' walk
Brief introduction of your host family	Your host father is a farmer at the moment. He speaks good English. There are 5 members in the family.
Name of host family	Shyam Maharjan.- Host father
Electricity? :	Available

Running water?	Available
Hot Water	N/A
Toilet	Flush
Hosting Capacity	2Volunteers
If you fail to catch our representative at the airport.	Please go to hotel Excelsior Tel: 977-1-4701130

Conservation

4. Rampur Multi Purpose Tree Species Nursery

1. General Project information	
Name and Address of Local contact:	Hom Ojha Tel: 977-1-4301434 Mobile: 9841332665 (For emergency Only) E-mail: info@icyenepal.org Lila Bd. Bhandari and Bhairab Dawadi- Local contact in Chitwan.
Project information (summary of project, staffs, and location)	The nursery is situated in southern part of Nepal, which is 120 km far from the capital city, Katmandu and 30 km far from RCNP. The nursery consists with Verities of plants; <u>multi-purpose tree species</u> like China Berry, Silk Cotton, Ipil-ipil, Shisham, Bamboo, etc., <u>Fruits</u> like Litchi, Mango, Jackfruit, etc., and <u>Flowers</u> like Bougainvillea, Croton, Hibiscus, Gardenia, etc. The purpose of nursery is to produce seedling, distributing them to the local farmers and partners and planting them in the conservation areas. At the same time, it has helped a lot to train local partners and local farmers. The Nursery has a local coordinator who manages the plants and other necessary materials regarding Nursery.
Volunteer's main responsibilities	<ul style="list-style-type: none"> • To collect the seeds, place them in right order, Planting • Create fence around the conservation areas and nurseries. • To water the plants • Weeding, mulching and sowing • Landscaping, transplanting • Search for seedlings, Bed building

	<ul style="list-style-type: none"> If possible, run some conservation and environment awareness classes for the local community people in coordination with local RCDP staff.
Total working days and working hours per day	Generally volunteers will work 10 am- 5 PM in the afternoon. But you can be bit flexible and manage your time in coordination with local RCDP staff.
Where volunteer can go for weekends and longer periods	Chitwan is a beautiful valley in the inner Terai region of Nepal. It offers your ample opportunities for you to explore village, learn new culture, hike and visit some of tourist areas like Royal Chitwan National Park.
2. Location information	
Distance in miles and time to nearest major town:	25 minutes' travel
Name and distance of nearest commercial bus station:	Bharatpur Air port and Mahendra Bus park Narayan Ghat. But you will be flying to Kathmandu from there our staffs will take you to Chitwan
Distance and location of the nearest phone/Internet Café:	10 minutes' walk
Nearest medical services for minor ailments:	10 minutes' walk
Nearest medical services for major problems (distance and time):	Bharapur Hospital in 10 miles
3. General Home stay/ host family information	
Distance from the project:	3 minutes
Please explain profession or background of host family (Please specify food and accommodation arrangement, if it is residential project)	Your Host family is rural farmer of Nepal. Some family members speak English. They are very nice and friendly with foreigner. Other 3-4 volunteers are working and staying with 10 minutes of distance from your host family
Name of host father and mother	Prem Bahadur Lama
Number of people at host family (please give age)	6
Electricity? :	Available
Running water?	Pump water

Hot Water	N/A
Toilet	Non-flush
If you fail to catch our staff at the airport	Please go to Hotel Excelsior, Thamel directly Tel: 977-1-4701130
Hosting Capacity	3 Volunteers

Orphanage

5. Aishwarya Children Home: Kathmandu

1. General Project information	
Name and Address of Local contact: National Co-ordinator	Hom Ojha Tel: 977-1-4301434 Mobile: 9841332665 (For emergency Only) E-mail: info@icyenepal.org Contact Person: Pramila Ghimire Phone: 977-2316338
Project information (summary of project, staffs, and location)	“Aishwarya Children Home” is a recognized orphanage working in the children welfare sector. Currently, it has 40 small children aged between 5 to 16. The orphanage is located in Baluwatar, Kathmandu. There are all together 5 persons to care of them.
Volunteer’s main responsibilities	<ul style="list-style-type: none"> ➤ Teach health and sanitation ➤ Entertain and run extra activities with games ➤ Help them to wash their face and brush their teeth, ➤ Help them to learn their lessons, ➤ Help them to eat food, serve food or be with them while eating so that they can feel family environment. ➤ Prepare them for schools, check their dresses, ➤ Check the neatness and the cleanliness of the kids <p>Some additional responsibilities:</p> <ul style="list-style-type: none"> ➤ Go for sight seeing, picnic, zoo with kids ➤ Educational visit, cultural visit and sharing ➤ Go to the school with kids ➤ Sanitation of rooms Washing clothes ➤ Drawing pictures ➤ Knitting and weaving torn clothes of kids <p>Note: Volunteers should pay for outdoor activities:</p>
Total working days and working hours per day	Generally volunteers will work 07:00-09:00 in the morning and 03:00-06:00 in the evening. You can take a full day off in any day except Saturdays as the kids stay in the orphanage for whole day.
Where volunteer can go for weekends and	As you are close to Thamel, you can come there to use Internet or post office. You can also visit Durbar Squares

longer periods	and Other places of valley. Nagarkot can be an interesting place for you if you are interested in sunrise and sunsets.
2. Location information	
Distance in miles and time to nearest major town:	10 minutes drive
Name and distance of nearest commercial bus station:	5 minutes' walk
Distance and location of the nearest phone/Internet Café:	5 minutes' walk
Nearest medical services for minor ailments:	10 minutes' drive
Nearest medical services for major problems (distance and time):	20 minutes' drive
3. General Home stay/ host family information	
Distance from the project:	Residential Project
Brief introduction of your host family	Residential Project
Name of host family	Residential Project
Electricity? :	Available
Running water?	Available
Hot Water	N/A
Toilet	Flush
Hosting Capacity	4Volunteers
If you fail to catch our staff at the airport	Please go to Hotel Excelsior, Thamel directly Tel: 977-1-4701130

06. Asna Anathalaya: Chitwan.

1. General Project information	
Name and Address of Local contact: National Co-ordinator	Hom Ojha Tel: 977-1-4301434 Mobile: 9841332665 (For emergency Only) E-mail: info@icyenepal.org Project Contact person: Lila Bhandari Phone: 977-9845045485
Project information (summary of project, staffs, and location)	Asna Anathalaya is a recognized orphanage working in the children welfare sector. This orphanage aims to offer home, education, and love for orphan kids. Currently, home hosts 25 orphans aged 5 to 13 who are brought there from different parts of the country. There is committee of 7 members to achieve the missions and run the orphanage. The committee

	<p>is responsible for the logistics support and other funding process.</p> <p>The orphanage is located in Rampur Chitwan which is five hours drive from Kathmandu. There are all together 5 persons to care of them.</p>
Volunteer's main responsibilities	<ul style="list-style-type: none"> ➤ Teach health and sanitation ➤ Entertain and run extra activities with games ➤ Help them to wash their face and brush their teeth, ➤ Help them to learn their lessons, ➤ Help them to eat food, serve food or be with them while eating so that they can feel family environment. ➤ Prepare them for schools, check their dresses, ➤ Check the neatness and the cleanliness of the kids <p>Some additional responsibilities:</p> <ul style="list-style-type: none"> ➤ Go for sight seeing, picnic, zoo with kids ➤ Educational visit, cultural visit and sharing ➤ Go to the school with kids ➤ Sanitation of rooms Washing clothes ➤ Drawing pictures ➤ Knitting and weaving torn clothes of kids <p>Note: Volunteers should pay for outdoor activities:</p>
Total working days and working hours per day	Generally volunteers will work 07:00-09:00 in the morning and 04:00-06:30 in the evening. You can take a full day off in any day except Saturdays as the kids stay in the orphanage for whole day.
Where volunteer can go for weekends and longer periods	Nepal is very beautiful county. In your free time, you can explore the area of Chitwan. Chitwan is a very popular tourist destination in Nepal after Kathmandu and Pokhara. Lots of tourists visit Chitwan and the jungle lodges and resorts to witness Royal Bengal Tiger and the Great One Horned Rhino. Like Kathmandu, Chitwan also has many restaurants, banks, internet cafes', shops and many other to-do things of great interest like biking, hiking, etc. There are many travel opportunities, please discuss this with our local coordinator.
2. Location information	
Distance in miles and time to nearest major town:	25 minutes drive
Name and distance of nearest commercial bus station:	25 minutes drive

Distance and location of the nearest phone/Internet Café:	15 minutes' walk
Nearest medical services for minor ailments:	15 minutes' walk
Nearest medical services for major problems (distance and time):	25 minute drive
3. General Home stay/ host family information	
Distance from the project:	Residential Project
Brief introduction of your host family	Your host father works in the same orphanage where you will be working. There are other three members in the host family. They are very friendly and welcoming as well.
Head of the orphanage	Urmila Dawadi
Electricity? :	Available
Running water?	Available
Hot Water	N/A
Toilet	Non- Flush
Hosting Capacity	4Volunteers
If you fail to catch our staff at the airport	Please go to Hotel Excelsior, Thamel directly Tel: 977-1-4701130

Note: More Orphanage project will be updated shortly.

Health Post

07. Bharatpur Hospital: Chitwan

1. General Project information	
Name and Address of Local contact: National co-ordinator	Hom Ojha Tel: 977-1-4301434 Mobile: 9841332665 (For emergency Only) E-mail: info@icyenepal.org Contact Person: Shyam Kandel Phone: 977-9845024004
Project information (summary of project, staffs, and location)	Bharatpur Hospital is a government hospital located in the heart of Bharatpur city, Chitwan. It is 150 km south from Kathmandu. The hospital has nearly 30 doctors and more than 300 patients get treatment each day in OPD. It provides general, medicine, orthopedics, pediatric, Surgery, Gynecology, dental services and so on. Similarly the

	hospital has X-Rays, Lab for blood, stool and urine test, Ultrasound facilities. It has 200 beds for the patients.
Volunteer's main responsibilities	<p>As a volunteer in health post, you will have following responsibilities: To help doctors and other medical staffs.</p> <ul style="list-style-type: none"> • To help doctors and other medical staffs. • To operate general injuries • To wok in the pharmacy • To treat patient in general cases like fever, cold cough diarrhea etc. • To conduct awareness programs for health issues: if possible. • To be friendly with patients. • To register the name of the patient in the register • To help in the health camps and other nutrition activities run by the health post. • To consult with the doctors or the head of the institute for any sort of surgical cases. • <i>Above are sample activities where local host expects the help of volunteers.</i>
Total working days and working hours per day	Generally volunteers will work 10am to 4 pm. You can take a full day off on Saturdays.
Where volunteer can go for weekends and longer periods	Nepal is very beautiful county. In your free time, you can explore the area of Chitwan. Chitwan is a very popular tourist destination in Nepal after Kathmandu and Pokhara. Lots of tourists visit Chitwan and the jungle lodges and resorts to witness Royal Bengal Tiger and the Great One Horned Rhino. Like Kathmandu, Chitwan also has many restaurants, banks, internet cafes', shops and many other to-do things of great interest like biking, hiking, etc. There are many travel opportunities, please discuss this with our local coordinator.
2. Location information	
Distance in miles and time to nearest major town:	10 minutes' travel

Name and distance of nearest commercial bus station:	10 minute walk
Distance and location of the nearest phone/Internet Café:	5 minutes' walk
Nearest medical services for minor ailments:	At the same hostipal
Nearest medical services for major problems (distance and time):	Bharatpur Hospital, 10 minutes travel
3. General Home stay/ host family information	
Distance from the project:	10 minutes walk
Brief introduction of your host family	You will be living with the family of Shyam Kandel. He is a founder member of Kantipur Medical College. There are 5 members in his family. You will have a separate room with non-attached flushed toilet. Electricity is available 24 hours. There will not be any problem for running water. Host Family will give you Nepali foods 3 times a day. You will use shower and bathroom facilities shared with the family members.
Name of host father and mother	Shyam Kandel
Number of people at host family	5
Electricity? :	Available
Running water?	Available
Hot Water	N/A
Toilet	Non-flush
Hosting Capacity	4 Volunteers
If you fail to catch our staff at the airport	Please go to Hotel Excelsior, Thamel directly Tel: 977-1-4701130

The End!!!