

ICYE-UK 2010 - 2011



Work Profile

Revised November 2009

Dear Exchangee,

This booklet contains details of ICYE's projects in the UK. Most of these projects have received ICYE volunteers in the past and will continue to do so in 2010-2011. Please note, however, that *we cannot guarantee* that all the projects will be available. Also, if we have developed any new projects since updating this work profile we will let you know of any projects we think you are suitable for. We may also be able to offer a limited number of places on other types of projects, for example activity centre projects.

Types of projects available in the UK

Most of the projects in the UK involve some sort of social/care work. Our projects include working in schools for children with learning difficulties or disabilities, helping in hostels for homeless people, or caring for a person with a disability in his/her own home. All these projects involve working directly with people in need.

PLEASE NOTE THAT 90% OF OUR PROJECTS INVOLVE WORKING WITH PEOPLE WITH DISABILITIES.

THIS WORK VARIES ENORMOUSLY (AS DO PEOPLE WITH DIFFERENT LEVELS AND DIFFERENT TYPES OF DISABILITY) AND IS GENERALLY QUITE CHALLENGING BUT EXTREMELY REWARDING.

WE NEED VOLUNTEERS TO BE FLEXIBLE AND OPEN-MINDED ABOUT THEIR CHOICE OF PROJECT SO, IF YOU DO NOT WANT TO WORK WITH PEOPLE WITH DISABILITIES PLEASE THINK CAREFULLY ABOUT APPLYING TO COME TO THE UK AS THIS MAY NOT BE THE BEST CHOICE OF COUNTRY FOR YOU.

What type of work will I be doing?

As a full-time volunteer you are expected to participate as any other member of staff. Each project requires volunteers to do certain tasks. This may be anything from cooking and housekeeping to organising a day out in the countryside, or helping to care for people (including feeding, personal care, etc.). Please note that if you have a professional qualification from your country, i.e. in social work, psychology, etc. the project will take this into consideration but you should not expect to work in a professional capacity and must be prepared to carry out the same tasks as other volunteers.

When will I work?

Working hours for each project are explained in this booklet, but generally volunteers work between 35 and 40 hours each week. Sometimes there will be a shift or rota system where some work during the night or weekend may be required.

Volunteers are entitled to two days off each week. You will also be given an Annual Leave Holiday allowance, which should equal one week of holiday for every four months of work.

Most of the projects want the volunteers to stay for at least 11 months. Some projects need your support as a volunteer for the whole year and it is not possible to take a travel month. If you cannot take a travel month, or if a shorter volunteering period is accepted, this will be mentioned in the project description and ICYE UK will ensure you are aware of this.

IMPORTANT!

All of ICYE-UK's projects rely on volunteers. You are not "just a visitor" and whilst the work you will do will bring added value to the project, it is important to remember you are like a member of staff. You have important responsibilities and can only take time off when the project agrees to you doing so. This can sometimes be very difficult as it limits the amount of freedom you have.

ICYE-UK tries to send you information on which project you will be working at before you arrive in the UK. However some projects want to interview the volunteers themselves, while others want you to come and spend some days with them before they agree to accept you. If we are uncertain about your level of English it is difficult for us to place you until after you arrive in the UK.

What if I do not like my project?

ICYE-UK does expect you to stay at the same project for the whole year. In only serious cases, where mediation from ICYE and consultation with the project has taken place and the problem cannot be solved, it may be necessary to change project. Exchangees are only entitled to change projects once during the year. Exchangees may not change projects before January.

Living arrangements

All exchangees live in accommodation provided by the work placement. ICYE-UK does not offer host-families.

Your project will provide you with accommodation. Different types of accommodation include:

- Your own bedroom in the project, with access to a shared bathroom and kitchen.
- A bedroom that you share with other volunteers in the project.
- A flat outside the project where 2-4 volunteers live together.
- Living in the house of a disabled person who you are helping.

The accommodation is normally basic but comfortable, which means that only the necessary things (such as a bed, table and a wardrobe) will be provided.

Meals are often eaten at the project but in some cases you will get money to buy and prepare your own food.

Location of projects

Most of the projects are **NOT LOCATED IN BIG CITIES.** Many are in the countryside, or small towns, which means that you may not have access to

discos and bars every weekend! Also in the countryside transport at the weekends can be limited. However there are normally several volunteers from different organisations at the same project who organise social activities together.

Most of the projects are in the south of England, and there is usually quite good access to public transport. We do sometimes place volunteers in other parts of the UK, though, including Wales and Scotland, and volunteers must be willing to volunteer anywhere in the in the UK.

The following pages will describe each project in detail. The projects are divided into different sections according to the type of work available. The sections are as follows:

- A) Homes for people with disabilities
- B) Educational projects
- C) Working with children
- D) Activity Centre
- E) Other

Please note that some information about the projects can vary slightly and the list of "type of work" section is to give you an idea of what you could be doing – it is not 100% exhaustive.

Please also pay close attention to the "Type of volunteer needed" section when choosing your projects!!

It is recommended that you look at the **project website** too get more information about the projects of your choice.

Once you have read the projects descriptions in detail, please fill in the attached priority form and send it to us with your application form

Unfortunately you may not get your first choice but we will aim to match you with another of your stated preferences or where possible in a similar project.

Homes for people with disabilities

There is a wide range of projects available, providing assistance to people with disabilities. These include residential homes, private care homes and activity centres.

The work will be very different in each project so please read the descriptions carefully. As a general rule, work in homes for disabled people involves a combination of care work, leisure activities, educational activities and befriending.

Delos Community

TYPE OF PROJECT	Delos Community is a not-for-profit organisation, which exists for the well being of people with learning difficulties. It is made up of small groups, living in different households, which work together to create a network of mutual support. Varied work, training and study programmes are devised so that each individual can develop educationally and spiritually. There are 18 residents in total, aged 26 to 80 years old.
TYPE OF WORK	Volunteers live and work alongside the disabled service users. Some volunteers share a house with the service users. Volunteer's tasks are divided amongst assisting at the Delos Research Centre, recreation activities for service users, assisting with college outings and assisting with service users domestic duties. The Delos Resource Centre is a base for service users to learn about life skills, healthy living, craft, horticulture, woodworking, drama, digital photography computers and cookery. Volunteers support Research Centre leaders with preparing the activities as well as giving close support to the service users, helping them be creative with their tasks, building service users' self esteem and motivation well as any physical support they may require. The volunteers will also support service users in recreation in the home, and taking part in activities including trips to the pub, to local historical and gallery attractions, swimming, cinema, bowling, and to church.
TYPE OF VOLUNTEER NEEDED	Flexibility, able to work independently, must be able to relate well with people of different ages and abilities. Good spoken English necessary. Male and Female Age 20 to 30
GENDER/ AGE OF SERVICE USERS	Male and Female aged 26-80 years old.
LOCATION OF PROJECT	Delos is in Wellingborough where there is a train station that enables easy access to London and surrounding areas. Trains to London only take 45 minutes. It is a medium sized town with about 70,000 inhabitants. There are many facilities in Wellingborough, such as a theatre, college, shops, pubs, etc.
ACCOMMODATION	The volunteers either live in one of the households with the disabled resident or in a house for volunteers. Bedrooms are sometimes shared.

CATERING/FOOD ALLOWANCE	If the volunteer lives in the households, some meals are eaten with the residents. Volunteers are given an allowance to buy and prepare their own food.
WORKING HOURS	Volunteers normally work 35-40 hours per week, mainly on weekdays.
TIME OFF/ HOLIDAYS	20 days off in addition to travelling month in August.
LEISURE TIME/ FACILITIES	There is a cinema and a theatre in Wellingborough as well as shops, pubs and a club. There is also a leisure centre and swimming pool and a library.
ADDITIONAL INFORMATION	<p>Delos Community is an alternative community, which places great emphasis on justice, peace, sharing and equal opportunities. There is great scope for volunteers to get involved in interesting projects but this does require a certain degree of initiative from the volunteer.</p> <p>All volunteers stay in a hotel for the first week that they arrive before moving into accommodation with service users. During this time, they receive training and induction.</p> <p>Volunteers will be assigned mentors who will introduce them to the local area.</p>
NUMBER OF PLACES	3-4 ICYE-placements.

FETHNEYS LEONARD CHESHIRE

TYPE OF PROJECT	Leonard Cheshire Fethneys aims to provide choice, accommodation and opportunities for young disabled people. At the beginning of July this year the project moved to Worthing in West Sussex in to a brand new, slightly bigger care home. It offers the opportunity to 10 young adults with physical disabilities, aged 18-30, to live in a small community care home. Support is given to enable them to be as independent as possible, and they are hoping to move into and live in the local community, outside of the project, eventually.
TYPE OF WORK	<p>The role of volunteers at the Leonard Cheshire Fethneys is to support the staff team and work alongside them in providing an active, involving and stimulating environment for the residents.</p> <p>At the Centre in Worthing the volunteer role is to assist in the provision of educational, social and leisure activities for the service users. Activities include supporting the service users educational activities and providing additional stimulation through games, arts and crafts, theatre visits etc. The presence of volunteers allows service users a far higher level of access to the wider community than would otherwise be possible.</p>
TYPE OF VOLUNTEER NEEDED	<p>The project is looking for volunteers who wish to give something back to local communities. They should enjoy and want to work with people with disabilities and to enhance the quality of their lives. Key skills include being able to use your own initiative, empathising with the needs of others, working on your own and as part of a team, reliability and punctuality.</p> <p>Up to 3 volunteers work together.</p>
GENDER/ AGE OF SERVICE USERS	Ages 18 – 30 years.
LOCATION OF PROJECT / TRAVEL INFORMATION	Worthing is on the southeast coast of England in the county of West Sussex, near to the famous seaside town of Brighton, which is approximately 15 kilometres away.
ACCOMMODATION CATERING/ FOOD	Volunteers together live either in a flat in the local village or in a shared house. All volunteers have their own room.

ALLOWANCE	Volunteers cook for themselves at their accommodation. Food allowance is £38 per week and pocket money is £32 - £35 per week.
WORKING HOURS	The volunteer is a full time volunteering position. Working hours to be confirmed.
TIME OFF/HOLIDAYS	2 days off per week. 1 week of holiday is granted per 3 months you volunteer at the project.
TELEPHONE/ INTERNET ACCESS	To be confirmed.
LEISURE TIME/ FACILITIES	Worthing is very close to the seaside and to the town of Brighton.
CURRENT NUMBER OF PLACES	1-2 volunteers

Holehird, Leonard Cheshire

TYPE OF PROJECT	Holehird is part of Leonard Cheshire the UK's leading voluntary sector provider of support services for disabled people. It offers residential and respite care to people with a physical impairment or learning disability. Some residents are relatively independent while others require full-time care.
TYPE OF WORK	The volunteers are involved in enhancing the lives of Service Users. They are involved in social activities and trips and one to one companionship. Volunteers may also help the staff with care work, particularly at busy times such as mealtimes, mornings and bedtime, but they do not undertake personal care
TYPE OF VOLUNTEER REQUIRED	Volunteers should be flexible, adaptable and reliable. A good standard of English is required. 18 or older. Male and female
GENDER/ AGE OF SERVICE USERS	The majority of residents are aged 50 years and above.
LOCATION OF PROJECT	Located near the town of Windermere in the beautiful Lake District in the North West of England. Windermere is the closest train station to the project. The project is very much in the countryside!
ACCOMMODATION	Volunteers live in a cottage near the residential home and have their own room and share kitchen, bathroom and sitting area with other volunteers.
CATERING/ FOOD	All meals are provided by the project.
WORKING HOURS	35-40 hours per week, shift work. Volunteers are required to work weekends regularly, based on a rota.
TIME OFF/ HOLIDAYS	One week's holiday for every 13 weeks worked.
TELEPHONE/ INTERNET ACCESS	Internet and e-mail available in the office.
LEISURE TIME/ FACILITIES	Local amenities and pubs can be found in Windermere. A taxi for two people would be about £5 each for a return trip. There is also a bus service into town, from where volunteers can catch a train to other destinations. Bikes are available for volunteers to use, and they can often get lifts into town.
ADDITIONAL INFORMATION	This project is in a rural setting. Windermere is a popular tourist site and an area of natural beauty with lakes and hills for those that enjoy the outdoors. Website: www.leonard-cheshire.org

NUMBER OF PLACES	1-2 volunteers
Freshfields - Leonard Cheshire	
TYPE OF PROJECT	Freshfields is part of Leonard Cheshire the UK's leading voluntary sector provider of support services for disabled people. It offers residential and respite care to 31 adult residents with physical disabilities.
TYPE OF WORK	The volunteers are involved in enhancing the lives of Service Users. They are involved in social activities such as games and crafts, day trips (cinema, swimming, museums), and one to one companionship. Volunteers may also help the staff with care work, particularly at busy times such as mealtimes, mornings and bedtime, but they do not undertake personal care.
TYPE OF VOLUNTEER NEEDED	Volunteers should be flexible, adaptable and reliable. A good standard of English is required. 18 or older. Male and female
GENDER/AGE OF SERVICE USERS	18yrs+ but the majority of service users are 35 yrs +
LOCATION OF PROJECT	Freshfields is a small village located next door to the seaside town of Formby, near the large city of Liverpool in the North West of England. Freshfields is the closest train station to the project.
ACCOMMODATION	Volunteers live in a flat in the residential home (though separated from the rest of the project)- some rooms are twin (shared between 2) and some individual. Volunteers share kitchen, bathroom and sitting area with other volunteers.
CATERING/ FOOD	Meals are provided every day by the project but volunteers also have the option of receiving food from the kitchen and cooking it themselves in their own accommodation.
WORKING HOURS	35-40 hours per week, shift work. Shifts are normally 7.30am – 2.30pm / 2.30pm- 9.30pm. Volunteers work 5 days a week- this sometimes includes weekends. There is normally an hour's break for both breakfast and lunch each day.
TIME OFF /HOLLIDAYS	Volunteers have 2 days off per week – which days these are is fairly flexible and is often arranged between the volunteers themselves. Every 3 months a volunteer is entitled to 1 weeks holiday.

TELEPHONE/ INTERNET ACCESS	There is 24-hour free access to the internet in the project. In the volunteers flat there is a telephone that receives incoming phone calls and volunteers can make outgoing calls with phone cards.
LEISURE TIME/ FACILITIES	Freshfields offers a local pub and amenities but there is very good access to Formby (sandy beaches seaside town) and the larger cities of Southport and Liverpool. In Liverpool particularly there is excellent shopping, nightlife and tourist activities.
ADDITIONAL INFORMATION	Leonard Cheshire provide good facilities and support for volunteers which make this an attractive project. The staff are very friendly and there is scope for volunteers to incorporate their own ideas for contact between the local community and service users. Website: www.leonard-cheshire.org
NUMBER OF PLACES	1-2 volunteers

Chipstead Lake - Leonard Cheshire	
TYPE OF PROJECT	Chipstead is part of Leonard Cheshire the UK's leading voluntary sector provider of support services for disabled people. It offers residential respite care and short breaks to 22 adult residents with physical disabilities and an activity centre for up to 35 service users who live in the local community.
TYPE OF WORK	<p>The volunteers are involved in enhancing the lives of Service Users. They are involved in social activities such as games and crafts, day trips (cinema, swimming, museums), and one to one companionship.</p> <p>Volunteers spend time in 3 different areas at Chipstead home and their time between these areas are rotated – The 3 departments are: Care, Activity and Physio</p> <p>Care Department- volunteers support service users with getting up in the morning and bed at night, mealtimes etc. Volunteers do not undertake personal care.</p> <p>Activity centre- Volunteers support and take part in various activities such as craft, IT, cooking and gardening.</p> <p>Physio department- Volunteers support service users in the physio department</p>
TYPE OF VOLUNTEER NEEDED	Volunteers should be flexible, adaptable and reliable. A fair-good standard of English is required. 18 or older. Male and female
GENDER/AGE OF SERVICE USERS	18yrs+ but the majority of service users are 35 yrs +
LOCATION OF PROJECT	Chipstead is located next to a Lake and is an attractive area of the countryside. Chipstead is close to the town of Sevenoaks. It is approximately a 20-25 minute walk to local shops and Sevenoaks is where the closest train station is. Trains from Sevenoaks to London take approximately 40 minutes.
ACCOMMODATION	Each volunteers has their own bedroom in the upstairs (inside Chipstead Lake home) accommodation. They share small lounge, bathroom, shower room and tiny kitchenette with other volunteers and some staff. The bedroom has simple furniture.

CATERING/ FOOD	Meals are provided every day by the project. Volunteers can either eat their meals in the staff room or within their accommodation. Although the accommodation has a kitchenette the cooking facilities are limited
WORKING HOURS	37.5 hours per week, shift work. Shifts are normally 7am – 2.30pm / 2pm- 9.30pm when in the care department. When in the other department hours are roughly between 8-4, this will be explained when volunteers arrive. Volunteers work 5 days a week- this sometimes includes weekends. There is 30 minutes break for lunch each day except when in the activity centre.
TIME OFF /HOLLIDAYS	Volunteers have 2 days off per week. The team leader arranges this in the various departments. Every 3 months a volunteer is entitled to 1 week’s holiday.
ENGLISH OPPORTUNITIES	There are no English lessons provided at the project but due to the nature of the placement, volunteers will have a lot of opportunity to practice their English skills talking to the service users, volunteers and staff.
ADDITIONAL INFORMATION	There will be another ICYE volunteer at the project and 3 more international volunteers.
CURRENT NUMBER OF PLACES	1-2 volunteers

PLEASE NOTE THAT ICYE UK WORKS WITH DIFFERENT LEONARD CHESHIRE HOMES.

WE ARE CONSTANTLY DEVELOPING NEW LINKS WITH NEW HOMES AND ICYE UK WILL INFORM YOU IF WE HAVE OTHER LEONARD CHESHIRE PROJECTS TO OFFER YOU.

Carers' Breaks Projects

We offer 6 Carers Break Projects, which are all similar projects; therefore we will describe them together in this section.

TYPE OF PROJECT	<p>The projects offer carers the chance to have a break by providing support to people in their own homes. The carers who use the service range from children caring for a disabled parent or sibling, to people in their 90's caring for a partner with dementia or perhaps a son or daughter with a learning disability. The break can last anything from three hours to two weeks, and can include overnight caring. Normally the breaks will be just a few hours each day. The people needing care are old people, disabled people or children under 16 with special needs.</p> <p>Occasionally, volunteers will go on holiday WITH the family and support both carer and cared for to enjoy their break together.</p> <p>Please note: Carer's Support Harrow only offers support to children with disabilities. If you have a particular interest and EXPERIENCE of working with children please indicate this project!</p>
TYPE OF WORK	<p>Volunteers are there to enable carers to have a well-needed break. The key duties are: being a companion and offering conversation, cooking meals (often microwave meals) and making drinks, assisting with eating and feeding, supporting a person with their leisure needs and interest, personal care – including toileting, shopping and minimal housework, looking after pets, taking children out to holiday clubs, playing with children, answering the telephone, etc.</p>
TYPE OF VOLUNTEER NEEDED	<p>Maturity, sensitivity, open mindedness, flexibility, commitment, common sense, good time keeping. Volunteers need to be healthy and fit. The projects accept both male and female volunteers aged over 18 years.</p> <p>Good English and excellent communication skills are essential.</p>
GENDER / AGE OF SERVICE USERS	<p>Service users are generally elderly men and woman but service users for Carers Support Harrow are children aged approximately 4 -18 years.</p>
LOCATION OF PROJECT	<p>Four of the projects (Greenwich Volcare, Carers Support Bexley, Carers Support Harrow and Carers Support Bromley) are located in Greater London. These are urban areas and within easy access to central London. The Carers Support Saxmundham and Herne Bay Volcare projects are located in small towns but with shops, restaurants and public transport to larger towns. Herne</p>

	Bay is located by the sea.
ACCOMMODATION & CATERING / FOOD	Volunteers share a flat or house and have their own bedroom and share kitchen and bathroom and living room. A food allowance is given in addition to pocket money and volunteers cook their own food, or sometimes are provided with food at the client's home.
WORKING HOURS	Volunteers normally work 40 hours per week, although it can be as little as 25 or up to 45. You will usually have two days off per week, not always together and not always at weekends. You should expect to work on some weekends, evenings and overnights. Volunteers can spend up to 4 nights overnight in service users homes.
TIME/OFF HOLIDAYS	20 days per year
TELEPHONE / INTERNET ACCESS	There is a telephone in all of the volunteer's accommodation. The majority also provide internet access, but as you would be living in or near large towns then it is easy to access internet cafes.
LEISURE FACILITIES	Again, as the projects are located in or near large towns then a wide range of leisure facilities - sports centres cinemas, pubs and restaurants, libraries etc are nearby.
ADDITIONAL INFORMATION	<p>This is a good project for a sociable person who likes meeting a wide range of people, old, young, disabled, healthy. As the project needs volunteers all year round some volunteers cannot have four weeks off in July/August (travel month) but may be given the equivalent amount of time off in different periods during the year.</p> <p>These projects are popular as they offer the volunteer a lot of independence and flexibility. Most of the projects are in urban areas so it is easy to make the most of your free time!</p>
NUMBER OF PLACES	Approximately 8 ICYE places at the 5 different projects

Working with children

Carers' Breaks Projects

CARERS' SUPPORT HARROW

We currently host 4 Carers Break Projects, which are all similar projects and therefore have the same description.

TYPE OF PROJECT	<p>The projects offer carers the chance to have a break by providing support to people in their own homes. The carers who use the service range from children caring for a disabled parent or sibling, to people in their 90's caring for a partner with dementia or perhaps a son or daughter with a learning disability. The break can last anything from three hours to two weeks, and can include overnight caring. Normally the breaks will be just a few hours each day. The people needing care are old people, disabled people or children under 16 with special needs. Occasionally, volunteers will go on holiday WITH the family and support both carer and cared for to enjoy their break together.</p> <p>This is the general description for the Carers Breaks projects but at Carers Harrow clients are all children and teenagers.</p>
TYPE OF WORK	<p>Volunteers are there to enable carers to have a well needed break. The key duties are: being a companion and offering conversation, cooking meals (often microwave meals) and making drinks, assisting with eating and feeding, supporting a person with their leisure needs and interest, personal care – including toileting, shopping and minimal housework, looking after pets, taking children out to holiday clubs, playing with children, answering the telephone, etc.</p>
TYPE OF VOLUNTEER NEEDED	<p>Maturity, sensitivity, open mindedness, flexibility, commitment, common sense, good time keeping. Volunteers need to be healthy and fit. The projects accept both male and female aged over 18 years. Good English and excellent communication skills are essential.</p>
GENDER / AGE OF SERVICE USERS	<p>Service users are male and female children aged approximately 4 –18 years. Male volunteers will work with male children and female volunteers will work with female children.</p>
LOCATION OF PROJECT	<p>The hosted projects (Greenwich Volcare, Carers Support Bexley, Carers Support Harrow and Carers Support Bromley) are located in Greater London. These are urban areas and within easy access to central London.</p>

ACCOMMODATION & CATERING / FOOD	Volunteers share a flat with 1 other volunteer and have their own bedroom and share kitchen and bathroom and living room. A food allowance is given in addition to pocket money and volunteers cook their own food, or sometimes are provided with food at the clients home.
WORKING HOURS	Volunteers normally work 40 hours per week, although it can be as little as 25 or up to 45. You will usually have two days off per week, not always together and not always at weekends. You should expect to work on some weekends. At Carers Harrow your working day will normally start in the afternoon either at 12pm or at 4pm and you will work during the afternoon and evening.
TIME/OFF HOLIDAYS	20 days per year
TELEPHONE / INTERNET ACCESS	All volunteers are given a mobile phone. As you would be living in or near large towns then it is easy to access internet cafes.
LEISURE FACILITIES	Again, as the projects are located in or near large towns then a wide range of leisure facilities - sports centres cinemas, pubs and restaurants, libraries etc are nearby.
ADDITIONAL INFORMATION	Good project for a sociable person who likes meeting a wide range of young people, disabled or healthy, and their families. As the project needs volunteers all year round some volunteers cannot have four weeks off in July/August but will be given the equivalent amount of time off in different periods during the year. These projects are popular as they offer the volunteer a lot of independence and flexibility. Most of the projects are in urban areas so it is easy to make the most of your free time!
CURRENT NUMBER OF PLACES	2

ST ELIZABETH'S CENTRE

TYPE OF PROJECT	<p>The St. Elizabeth's Centre has been providing education, care and medical support to children and adults with epilepsy and associated disabilities for over 100 years. It is one of only 2 national epilepsy centres offering services to all age groups. Residents come from all over the UK and in addition to living with epilepsy most have learning disabilities.</p> <p>Founded and maintained by an order of Catholic Sisters, The Daughters of the Cross of Liege, the St. Elizabeth's Centre is open to all on the basis of need regardless of religious cultural or ethnic backgrounds. Staff and volunteers do not have to be members or practise any religion, but they are expected to respect the Christian ethos of the centre.</p> <p>St Elizabeth site hosts a residential special school, a "village" of modern bungalows for adult residents and a day college offering independence training programmes to 19-25 year olds.</p> <p>Volunteers with ICYE will work in the college.</p>
TYPE OF WORK	<p>Volunteers working in the School will work alongside teachers to help facilitate the integration of individual children and students. Volunteers will be asked to help with a group, or allocated to a specific child/student, so that a member of staff can be freed to work with an individual's educational programme. This means that individuals with particular difficulties are able to participate in the classroom.</p> <p>Other tasks:</p> <ul style="list-style-type: none"> • To attend and participate in staff meetings • To offer security, safety and support the children in your care • To assist children with learning activities in the classroom • To carry out individual programmes and/or therapies as agreed at staff meetings and as directed by senior staff and therapists • To accompany, when requested, pupils to appointments at dentists, opticians, etc (with a full time member of staff) • To assist the pupils during and after a seizure and support the medical staff in providing accurate descriptions and records of seizures
TYPE OF VOLUNTEER NEEDED	<p>The project is looking for volunteers who wish to give something back to local communities. They should enjoy and want to work with people with disabilities and to enhance the quality of their lives. Key skills include being able to use your own initiative, empathising with</p>

	the needs of others, working on your own and as part of a team, reliability and punctuality.
GENDER/ AGE OF SERVICE USERS	Adult residential centre: 18 + Children residential centre: 5-19 years old
LOCATION OF PROJECT / TRAVEL INFORMATION	There are a number of bicycles for volunteers to use, which can be rented from reception, with a £5 returnable deposit. There is also a weekly public bus to Bishops Stortford and Harlow from the site. We also provide a subsidised transport system of a mini bus which St Elizabeth's provides which you can use within the times we operate. Travel by Train: Liverpool St- Bishop Stortford is 37 minutes.
ACCOMMODATION CATERING/ FOOD ALLOWANCE	Volunteers live in groups on site in St Elizabeth's accommodation. They all have their own bedroom and have a shared living area, fully equipped kitchen and bathroom. Bed linen and towels are provided. Volunteers can decide on a daily basis if they wish to cook their own meals or eat in the staff restaurant – which provides subsidised meals. They also provide daily shopping trips to the local supermarket (Tesco's). Food allowance is £35.50 per week and pocket money is £29.00 per week.
WORKING HOURS	As a volunteer your manager will give your 'on duty' timetable to you. You will work 5 days out of every 7 days but this can be flexible to meet the needs of the volunteer and St Elizabeth's Centre. <ul style="list-style-type: none"> • You will work an approximately 40-hour week. • Your working hours will be from 08.50am to 3.50pm at the academic school where the lunch break is 12pm-12.55pm. You will also be required in the day unit for half an hour at lunch.
TIME OFF/HOLIDAYS	2 days off per week. Holiday varies depending on if you are working at the adult or children residential centre. Everybody will be entitled to holiday allowance.
TELEPHONE/ INTERNET ACCESS	There are payphones in accommodation areas and in the centres. Computers are available to all volunteers.
LEISURE TIME/ FACILITIES	Travel by Train: Liverpool St- Bishop Stortford is 37 minutes.
ADDITIONAL INFORMATION	There is an International feel to this project as they host approximately 35 International Volunteers from different countries. Volunteers can normally receive English lessons. Website: www.stelizabeths.org.uk
NUMBER OF PLACES	2 in Adult Centre and 1 (sometimes 2) in School Residential

Educational projects

<h2>Treloar Trust</h2>	
TYPE OF PROJECT	Treloar provides education, therapy and care for young people with physical disabilities. The project has two centres, the school and the college .
TYPE OF WORK	There are various volunteer posts at the school and college. Volunteers will work closely with students and will be required to provide personal care, feeding, etc. Volunteers can be assigned work in: <ul style="list-style-type: none"> ▪ Classrooms as classroom assistants to prepare materials for lessons and assisting the students ▪ Boarding houses assisting in day-to-day care of the students, sharing in social and sporting activities ▪ Medical centres to support social and physical needs of the students ▪ Physical Education department to help support students in sport activities including swimming lessons. ▪ Out-of-school activities such as evening and weekend activities, cinema visits, playing games, etc. should be considered part of the job.
TYPE OF VOLUNTEER NEEDED	Maturity, flexibility, adaptability, responsibility, patience. Good spoken English is necessary. The college accepts both male and female volunteers, but there are more places for females. The age range is 18 -30, but the college prefers 21yrs plus.
GENDER/ AGE OF SERVICE USERS	The school has 140 students from 5 to 16 years old and the college has 180 students aged 16-23. Students have a wide range of physical disabilities including cerebral palsy, muscular dystrophy, epilepsy or disabilities arising from accidents or other trauma. Many have communication or sensory impairments or learning difficulties. Explanations of the disabilities and an outline of how it may affect people will be given during the training.
LOCATION OF PROJECT	The school is located in Upper Froyle, about 2 kms from the centre of Alton. The college is in Holybourne, just outside Alton. Alton is a small town in Hampshire with local shops, pubs and a club. Alton is the closest train station to the project and it is about 1 hour by train from London and 50mins from Portsmouth and Southampton.
ACCOMMODATION	Exchangees have own bedroom in flats and share bathroom and kitchen with other volunteers.
CATERING/FOOD ALLOWANCE	All meals are taken in the dining room and there is always a vegetarian option. In the School/College holidays the dining room is closed and you will receive a £35 a week food allowance.

WORKING HOURS	35 hours a week, some shift work required, including weekend work. As this is a school, there are holidays at Christmas and Easter.
TIME OFF/ HOLIDAYS	The School and College year starts in early/mid September, a couple of days earlier than pupils arrive for training of new staff and volunteers, students arrive a week later. The academic year ends mid/end July and between September and July you will have 9 weeks holiday (3 half terms of one week each, plus 3 weeks at Christmas and 3 weeks at Easter).
TELEPHONE/ INTERNET ACCESS	Volunteers are given an e-mail address and internet access in available at both the School and College.
LEISURE TIME/ FACILITIES	There are local shops, pubs and a club in town. You can also use the on site swimming pool.
ADDITIONAL INFORMATION	Treloar is a very dynamic and interesting project, which offers the opportunity of training to volunteers. There are many volunteers at the project from different parts of the world. The project normally decides whether a volunteer should work at the school or the college. If you have a special interest or preference please state this in your project preference form.
CURRENT NUMBER OF PLACES	2

Orpheus Centre

Orpheus Centre	
TYPE OF PROJECT	The Orpheus Centre opened in 1998 and is an inclusive, residential Performing Arts Centre for physically disabled/mentally impaired young people. A main aim of the Orpheus Centre is to increase self-confidence and independence, predominantly using the Performing Arts to do so. The Centre has accommodation for 24 long-term students at any time and in addition can accommodate several students who attend their short-term courses. Students stay for three years and are aged 18 to 25. The students come for a weekend or a week and are aged 18 to 45.
TYPE OF WORK	Volunteers support students in their leisure activities and assist during their classes and individual learning programmes (note-taking, reading, IT support, support group work). Volunteers also provide assistance to apprentices during mealtimes (carrying plates etc). During performing arts events and courses volunteers act as enablers. If volunteers have experience or are interested in Music, Dance, Theatre and The Arts (both creative and technical sides) they have the opportunity to take part in performances with the students and develop and or learn skills in these areas.
TYPE OF VOLUNTEER NEEDED	Volunteers must be mature, flexible, reliable and adaptable. As some of the students have communication problems the volunteers need a good level of English. Male and female, preferably aged 20 +. In order for a volunteer to drive at the project they must be aged 21+ with a current driving licence.
GENDER/ AGE OF SERVICE USERS	Students 18-25 Students on short courses: 18-45.
LOCATION OF PROJECT	The Orpheus Centre is located in the countryside just outside the village of Godstone. The closest stations to the project are Redhill and Caterham and trains take 35 minutes to / from London. The area the project is located in is rural and transport can sometimes be infrequent which can make travel to the station difficult. There are many small and medium sized villages / towns within walking distance or a bus-ride away. Buses every hour (not Sundays). Bicycles provided to all volunteers.
ACCOMMODATION	All volunteers have their own room with en-suite bathrooms.
CATERING/FOOD	All meals are provided by the project. There is also a kitchen where volunteers can prepare snacks / food.
WORKING HOURS	35 hours per week, five days per week. Volunteers either work day shifts (9.00-5.00) or evening shifts (2 p.m. to 10 p.m.). Volunteers generally have weekends free.
TIME OFF/ HOLIDAYS	2 days of per week, annual leave and allowed travel month.

TELEPHONE/ INTERNET ACCESS	Internet/skype access 24hrs a day. Access to a public telephone at the project.
LEISURE TIME/ FACILITIES	There are local amenities and four pubs nearby – again it is important to remember that the project is in a rural area and transport is not always very good.
ADDITIONAL INFORMATION	<p>The performing arts facilities at this project are fantastic and volunteers who are interested in music and drama have lots of opportunities to practice on one or more of the project's instruments. There is a good community feel to the project and the volunteers, tutors and support staff mix well.</p> <p>Volunteers will take part in the project's in-house training, such as manual handling, first aid and health & safety.</p>
CURRENT NUMBER OF PLACES	4 per annum Sept - July

Discover- Swansea University (Support for Students with Disabilities)

LOCATION OF PROJECT	<p>The project is located at the University of Wales in Swansea. http://www.swan.ac.uk The University is based on the coast, a short distant from Swansea city centre. Swansea is a vibrant city in the south of Wales. As well as the usual city attractions (cinema, nightclubs, shops, museums etc) Swansea is also located in close proximity to many areas of outstanding natural beauty- in particular the Gower Peninsula http://www.enjoygower.com</p>
TYPE OF PROJECT	<p>This position involves supporting a disabled student at the University of Wales, Swansea and enabling him/her to live a full and active life. Each volunteer will be assigned to an individual student along with 2/3 other volunteers, but will also work as part of a wider team. Volunteers work together to cover all the students' needs over the week during term time.</p>
TYPE OF WORK	<ul style="list-style-type: none"> • Organising own shift patterns, generally working 3 or 4 days per week • Personal care (toileting, dressing and undressing, washing/showering, etc) • Helping with shopping and cooking • Assistance with eating • Assistance with mobility around campus (possibly including accompanying the student at seminars and lectures) • Accompanying the student on social outings • Ensuring that the students' accommodation is

	<p>kept tidy and possessions are well looked after</p> <ul style="list-style-type: none"> • Being "on-call" during the evenings <p>Please see the attached "Job description" for more details.</p>
GENDER/ AGE OF SERVICE USERS	All of the service users will be students at the University of Swansea. Most of the students will be aged between 18 and 25years old though there may occasionally be mature students as well.
WORKING HOURS	Volunteers generally work 3-4 days per week. Working hours vary according to the students needs. The team of Volunteers agree the shifts themselves.
GENERAL REQUIREMENTS OF VOLUNTEERS	Maturity, flexibility, adaptability, responsibility, patience. Good spoken English necessary. (please see attached Person Specification for more details)
ACCOMMODATION	Volunteers are provided with their own rooms on campus.
CATERING/FOOD ALLOWANCE / POCKET MONEY	Volunteers are given a weekly allowance of £75 for food and pocket money.
GENDER & AGE	Male and Female. No age specification.
TIME OFF/ HOLIDAYS	Volunteers only work during the University term time although ICYE UK may organise alternative volunteer placements during the long winter and Easter holidays (one month each). This may be negotiated with the individual volunteer.
ENGLISH OPPORTUNITIES	There are no English lessons provided however English lessons should be easily accessible in the local area. Due to the nature of the placement, volunteers will have a lot of opportunity to practice their English skills.
ADDITIONAL INFORMATION	<p>This project provides international volunteers with a great insight into the life of University students in the UK. There is plenty of opportunity to access the facilities and entertainment on offer on the University campus and in the city as well as the beauty of the surrounding countryside.</p> <p>Due to the nature of this position, the student will need to be made a priority in the volunteers' life during their time on the scheme.</p>
CURRENT NUMBER OF PLACES	1 - 4

The Pestalozzi International Village Trust

TYPE OF PROJECT	International charity provides educational opportunities to young people aged 18-21 from low-income families from developing countries. All students (and volunteers) live in a multi-cultural community, sharing everyday life together.
TYPE OF WORK	The volunteer mainly helps in the education department delivering Spanish lessons and assistance to the students. They may also be asked to assist in the kitchen, general education, administration and recreation and if over 25, driving students to activities and events.
TYPE OF VOLUNTEER NEEDED	Native Spanish Speaker as the Project needs somebody to assist the students with their Spanish lessons. Flexibility, initiative, adaptability, responsibility, enthusiasm. Good English is essential. Drivers licence is a benefit as volunteers get to take students on trips, etc. (non-Europeans need an international drivers licence) Male and Female. Age 23 or older, more mature volunteers preferred
GENDER/ AGE OF SERVICE USERS	Male and female aged between 18-21 years.
LOCATION OF PROJECT	Pestalozzi is located about 2 miles from Battle which is a small village about 1 ½ hours by train from London. There is very limited public transport to Battle. It is also 9 miles from Hastings which is a seaside town.
ACCOMMODATION	Volunteers have their own room in a flat above the offices. There's a TV room and a small kitchen.
CATERING/ FOOD ALLOWANCE	Volunteers have their meals in the cantina.
WORKING HOURS	38 hours a week. As the students are at college during the day most of the work takes place in the afternoons, evenings and weekends.
TIME OFF/HOLIDAYS	20 days pro-rata
TELEPHONE/ INTERNET ACCESS	There is a computer in the volunteer quarters for volunteers to share.
LEISURE TIME/ FACILITIES	There is a pub and also the possibility to join the football club.

ADDITIONAL INFORMATION	The Pestalozzi Children’s Village Trust is a very international, dynamic and interesting project offering a multi-cultural experience. Volunteers need to be fairly mature and preferably older. As the students are away during the day, this can often be a very quiet time for the volunteer.
NUMBER OF PLACES	1

Activity Centres

The Ranch Outdoor Activity Centre

TYPE OF PROJECT	The Ranch is an Outdoor Activity Centre that provides activity holidays for schools, church groups, youth groups and other organisations. The Ranch offers activities such as abseiling, hiking, orienteering and climbing.
TYPE OF WORK	<p>The Ranch employs two types of volunteers- Activity Leaders and House Volunteers. Activity leaders help to run the activity programme and the project can only accept native English speakers for this position due to the nature of the work.</p> <p>The other type of volunteers are House volunteers- these volunteers contribute to the general running of the centre and help with tasks such as serving meals, cleaning and making beds. They also get the opportunity to join in with the activities from time to time.</p>
TYPE OF VOLUNTEER NEEDED	<p>Volunteers should be flexible, adaptable and reliable. The project is a Christian project and volunteers should be sympathetic to Christian ethos and values.</p> <p>Male or female. No strict age limits though the project prefers volunteers to be aged between 19 - 25years.</p>
LOCATION OF PROJECT	The project is located in a tiny village called Bryn-y-Moel in North Wales. The location is beautiful- with views over the mountains and to the sea. There is a beautiful beach nearby.
ACCOMMODATION	The volunteers stay in a staff house on the site sharing with up to seven other volunteers. Volunteers normally share a room. The house has a living room, television and video player and basic cooking facilities.
CATERING/FOOD ALLOWANCE	Meals are provided by the project.
WORKING HOURS	Volunteers normally work up to 38hrs per week. They receive two days a week off each week. Volunteers are given one week's holiday for each three months they complete at the project.
ADDITIONAL INFORMATION	<p>This project has a lovely, family feel and the volunteers tend to form a close group. The project organises a football team each year that plays in a local league so football fanatics are welcome!</p> <p>This project is not ideal for those who like clubbing and shopping but is perfect for those who enjoy the countryside, outdoor activities and the beach!</p>
NUMBER OF PLACES	2

Pioneer Centre

<p>TYPE OF PROJECT</p>	<p>The Pioneer Centre is an activity and conference centre combined and has as its motto "Releasing potential in all through outdoor education, retreats and training." With its newly build complex, it can accommodate up to 300 guests, and last year it welcomed over 30,000 visitors (including non-residential day groups). The centre is used by many kinds of groups. Schools, youth groups and clubs bring their young people to experience the thrill and excitement of being challenged, physically, mentally and socially, by the indoor and outdoor activities on offer. National and international companies also see the benefits of sending their staff here for courses on teambuilding, personal development and management training. The majority of clients are local schools.</p> <p>The centre is built on Christian foundations and many of the staff are committed Christians, however the centre welcomes all guests regardless of race, religion or creed. Therefore, the organisations mission statement applies to all "To assist all young people in reaching their full potential through sport and creative activity in a caring, accepting and safe environment - sharing enthusiasm and building self-esteem through relationships."</p> <p>Just some of the activities run by qualified staff are: high ropes course, raft building, abseiling/climbing, aerial runway, orienteering, night walks, fencing, archery, environmental activities, initiative games, swimming. They also run full facilitation personal development courses.</p> <p>Website: http://www.actioncentres.co.uk/pioneer-centre/</p>
<p>TYPE OF WORK</p>	<p>Volunteers will work as part of the Activity Team. When they first arrive they will receive a lot of training to allow them to participate as activity instructors after approximately 6-8 weeks. During the first month, the volunteer will spend their time learning how the centre works, health and safety issues and initially taking part in the activities themselves and then following training courses/in-house training. Training will focus on activities, group dynamics and management, personal skills and communication, observing others work and maintaining and repairing activity equipment and areas.</p> <p>Once the induction and training period is over Volunteers will work alongside activity instructors with the groups who visit the centre. The age range of the groups is approximately 8-18 years.</p>

	<p>Volunteers will work assisting and leading activities such as abseiling, climbing, fencing, high ropes course, challenge course, initiative games, team building exercises and archery. Other areas of work is checking the equipment and being aware of safety issues at all times. Volunteers are also expected to help out with the House team (making beds, cleaning) occasionally and with general maintenance work around the site when necessary. Volunteers may have the opportunity to attend National Governing Body Qualifications in the activities run by the centre along with the six 1st year UK apprentices and other volunteers. There is also scope for volunteers to help plan and run less formal activities such as games around the campfire, treasure hunts, nature trails and story-telling.</p> <p>Volunteers will also be invited on the different social activities that the centre runs for volunteers and staff. This can include trips to others areas in the UK, canoeing, falconry and trips to other Activity Centres.</p>
<p>GENERAL REQUIREMENTS & TIME COMMITMENT</p>	<p>Outgoing and pro-active attitude, flexibility, reliability & patience. An interest in youth / children and group work is a benefit. Good team workers, <u>good spoken English with a clear accent is important.</u> Male and Female, age 18 or above.</p>
<p>TYPE OF VOLUNTEER NEEDED</p>	<p>Male or female aged between 18 and 30. Volunteers should have an interest in working with young people and doing outdoor work and activities. Volunteers with an interest in team building, communication and the personal development of groups would find this project especially interesting. A general level of fitness is expected as most of the work is of a physical nature. A good level of English is needed for communications purposes with staff and clients alike.</p> <p>Although there is no requirement for volunteers to be Christians, being a Christian organisation volunteers should be sympathetic towards its aims and values of Christianity and the Christian ethos of the centre. The Campus has a no smoking policy and no alcohol is allowed on the site. All staff and volunteers are expected to show respect and tolerance for each other - person and property. A spirit of cooperation and mutual support is encouraged.</p>
<p>LOCATION OF PROJECT</p>	<p>The Pioneer Centre is located on the edge of the picturesque and Shropshire town of Cleobury Mortimer (20 minutes walk to town, 10 minutes level walk to the bus stop). Although in a rural environment, it is within commuting distance to Birmingham (1 hours drive by car to the centre) and is well connected by regular buses to Kidderminster (13 miles East) and Ludlow (10 miles West) - both of which have train stations. This small thriving town continues to grow and has many services and amenities, for example: four churches (Church of England, Catholic, Methodist and Evangelical), eight pubs, one local brewery, medical centre, dentist, Post Office, Off Licence, Lloyds Bank, two mini-markets, a</p>

	lively social club and a gym located in the high school running until 6pm at night.
BOARD & ACCOMMODATION	Volunteers' accommodation is situated in staff "lodges" on site. They accommodate between 10 – 20 people per lodge, and all volunteers, Activity instructors and staff live there. Volunteers may share a bedroom with one other person – there are single rooms as well and sharing rooms depends on availability of single rooms. In each lodge there is a living room with a television and video recorder, which you share with other people living in the lodge. There is a small kitchen with basic cooking facilities. Washing and laundry facilities are available. Access to Internet/Email is available.
CATERING/ FOOD ALLOWANCE	The centre provides all meals. In addition, there is a kitchen with basic cooking facilities. Staff and volunteers normally prepare their own breakfast in the lodge kitchens.
WORKING HOURS	Work is operated on a shift system that includes some evening and occasionally some weekend work. Volunteers generally work between 8.30 – 5.30 with a 1-hour lunch break and breaks in the morning and the afternoon. Volunteers will work on average 40 hours per week.
TIME OFF/ HOLIDAYS	There are 2 rest days per week, not necessarily consecutive with such rest days varying to suit the how busy the Centre is. The volunteers will receive 5 days holiday for every 3 months worked at the Centre
ADDITIONAL INFORMATION	<p>There will be up to approximately 8 other volunteers during your time at the project. Some of these places have already been offered to 3 Australians and 1 Norwegian.</p> <p>While The Pioneer Centre does not offer English courses, there may be the possibility of English lessons in the local community and the project will help you to access this information. The nature of the work will allow you to practise your English continuously.</p> <p>You will receive support whilst at the Pioneer Centre though reviews with the Senior Instructor / Volunteer Co-ordinator every 3 months – he also operates an open door policy whereby you can speak to him about any issue you may want to at any convenient time. Each lodge has a Lodge Rep who helps co-ordinate the living environment and supports with any issues that may arise.</p>
CURRENT NUMBER OF PLACES	4

Other

This section includes projects that do not fit into any of the other categories. As each project is very different from the other you need to read each description to find out more.

	Braendam Family House
TYPE OF PROJECT	Braendam Family House offers 10-day and weekend respite holidays for disadvantaged families from all over Scotland. The families have often had negative experiences such as violence in the family, drug abuse and recent imprisonment of a family member. Braendam offers emotional support, games and excursions, activities such as pottery, walks, gardening, photography and the chance for families to have a break in a warm family environment.
TYPE OF WORK	Volunteers listen and talk with guests, play games with children and adults, accompany the families on trips, perform some domestic duties, and organise arts and crafts in a team atmosphere
GENERAL REQUIREMENTS & TIME COMMITMENT	Flexibility, maturity, reliability, responsibility, patience. Good team workers, good spoken English is necessary. Male and Female, age 18 or more
GENDER/AGE OF SERVICE USERS	Children and also adults
LOCATION OF PROJECT	Braendam is situated near Stirling, Scotland. Stirling is about 40 minutes by train from both Edinburgh and Glasgow. The project is set in beautiful surroundings but is isolated.
BOARD & ACCOMMODATION	Volunteers stay in the main house or in their own caravan. They eat with the guests and have their own staff room with computer and television.
CATERING/FOOD ALLOWANCE	Volunteers will eat with the families.
WORKING HOURS	40 hours per week on a rota basis. In a period of 14 days, volunteers work 9 days and get 5 days off.
TIME OFF/HOLIDAYS	20 days per year
ADDITIONAL INFORMATION	Braendam is a warm, friendly environment in a beautiful part of Scotland. The families bring much variety and each week will be a different experience.

<h1>Kings Park</h1>	
TYPE OF PROJECT	<p>Kings Park contains a Residential Training & Conference Centre; a Sports Arena and a Tennis Centre. The Conference Centre can cater for 100 people and is used by many different groups for midweek or weekend bookings. Day conferences are also taken.</p> <p>The Sports Arena is used daily by the local community and its facilities provide a variety of activities including badminton, squash, football, netball, roller-skating and archery. It is "home" to a very successful Trampoline Club that has produced world-class trampolinists.</p> <p>The Tennis Centre is also used daily by the local community and staff members work closely with schools and children in the provision of training courses.</p>
TYPE OF WORK	<p>Each volunteer is a member of the Hospitality Team and contributes to the general running of the 3 Centres that make up the complex. The volunteer works with the permanent staff to ensure that guests have an enjoyable stay. During their time at Kings Park volunteers are "rotated" (approximately 6 weeks per rotation) between the three centres to provide them with a more rounded experience.</p> <p>1) In the Conference Centre work has a more domestic focus and includes serving at meals times, preparing and cleaning tables and making beds.</p> <p>2) In the Sports Arena whilst time is spent on preparing the arena for the appropriate activity there are opportunities to interact with users through the organising of birthday parties, holiday play schemes and assistance in the training of fencing and archery classes.</p> <p>3) Volunteers with tennis skills and tennis coaching skills participate in the coaching programmes run by the Tennis Centre.</p>
GENERAL REQUIREMENTS & TIME COMMITMENT	<p>Flexibility, maturity, reliability, responsibility, patience. Good team workers, good spoken English is necessary. Male and Female, age 18 or more</p>
TYPE OF VOLUNTEER NEEDED	<p>Male or female aged between 18 to 25/28. Volunteers should be adaptable, reliable and able to work as a member of a team. Being a Christian organisation volunteers should be sympathetic towards its aims and values. The Campus has a no smoking policy and no alcohol is allowed on the site.</p>
LOCATION OF PROJECT	<p>Northampton is a large town (population currently approx 200,000) in the centre of the U.K. with easy access to London, Birmingham, Stratford and many other places of</p>

	interest. Around the town are many attractive villages set in an English rural setting.
BOARD & ACCOMMODATION	Volunteers' accommodation is situated in the Residential Centre and includes lounge area and kitchen. Bedrooms operate on a shared basis of 2 people to a room. Television & video/DVD; washing and laundry facilities are available. Access to Internet/Email is available with times of use agreed with the Centre Management.
CATERING/FOOD ALLOWANCE	All meals are provided by the centre. In addition, there is a kitchen with a microwave and sandwich maker for volunteer use.
WORKING HOURS	The Centre operates on a rota/shift system that includes some evening and/or weekend work. Basic hours total 37.5 hours per week although, owing to the nature of the work, any extra hours undertaken are given off at a later date. 2 rest days per week are given, not necessarily consecutive with such rest days varying to suit the busyness of the Centre.
TIME OFF/HOLIDAYS	Volunteers receive 1 week's holiday for each 3 months service completed.
ADDITIONAL INFORMATION	<p>Items of uniform are supplied by the Centre. The Organisation has a Child Protection Policy as well as Fire & Health and Safety Policies, each of which will be an integral part of the Induction Training given upon arrival. A good command of the English language is desirable.</p> <p>There is a possibility to become involved in the Youth Development Team's work in schools/youth clubs. This is normally in your own time however could possibly become a part of the scheduled rota.</p> <p>While Kings Park does not offer English courses, there is a possibility of English lessons in the local Booth Lane College. Kings Park will also help volunteers find English language opportunities in local community.</p>
CURRENT NUMBER OF PLACES	1-2

SHAD

TYPE OF PROJECT	SHAD is one of the United Kingdoms leading specialists in independent living services for people with severe physical disabilities. It is SHAD's belief that people with disabilities should have control over every aspect of their lives and be able to expect the same freedom of choice that is available to the able-bodied. When SHAD began its work, it started a care revolution - various independent living service providers in the United Kingdom now use SHAD's model.
TYPE OF WORK	SHAD provides independent living choice for people with severe physical disabilities. Volunteers will help to fulfil a support plan arranged by SHAD and the service user. Volunteers will normally work in teams supporting a sole service user. The work varies depending on the service user and can range from personal care to light physiotherapy to household duties.
TYPE OF VOLUNTEER REQUIRED	Flexible and accommodating volunteers required with fair to good English level.
GENDER/ AGE OF SERVICE USERS	There are around 13 service users in between the ages of 25-60. There are more female service users than male.
LOCATION OF PROJECT	Volunteers will usually live near their service user, service users are predominately from the Wandsworth borough of London (South London)
ACCOMMODATION	Volunteers will live in a shared house with other volunteers, SHAD will provide cleaning materials and toiletries. Some volunteers will live independently in a flat above the service user.
CATERING/ FOOD	Self-catering
WORKING HOURS	Work is generally shift work (hours can be long)
TIME OFF/ HOLIDAYS	Volunteers will have 2-3 days off a week and for every four months, volunteers receive one week of holiday.
TELEPHONE/ INTERNET ACCESS	There is a phone in the volunteer accommodation, but it is coin operated.

LEISURE TIME/ FACILITIES	SHAD is based in London, which gives volunteers the opportunity to experience London sites and attractions. The transport available in London is very good and you have good access to all areas of London. SHAD also arranges several social outings for their volunteers.
ADDITIONAL INFORMATION	<p>Volunteers will receive training before they start their placement from internal and external trainers.</p> <p>SHAD website: http://www.shad.org.uk/</p>
CURRENT NUMBER OF PLACES	1-3 (2 female, 1 male)
INTAKE OF VOLUNTEERS	All year

<h1>Hilt</h1>	
TYPE OF PROJECT	Hilt is a large organisation in East London that provides practical support and housing to help adults with a learning difficulty live independently and take part in activities within the community. Hilt's approach to supporting each individual is focussed on the promotion of a quality life.
TYPE OF WORK	<p>Hilt volunteers support adults with learning disabilities with household tasks, such as shopping, cooking and cleaning; as well as supporting them to do social and leisure activities that they enjoy. This could include going to the cinema, having a meal in a restaurant or playing a sport.</p> <p>Hilt works with people who have a wide range of learning disabilities. They may need extra support with doing things that most people take for granted like laundry or taking the bus. Each person with a learning difficulty is an individual with their own personality, their own likes and dislikes.</p> <p>Some people have very severe learning difficulties. This may mean they are not able to communicate the way they are feeling by speaking about it. It may also mean they are unable to do many of things that most people do every day. Other people have much milder learning difficulties which will mean they are able to do most things for themselves but may need help with specific things like doing the finances or reading or writing.</p> <p>Hilt offers a variety of services including care homes, where staff are on duty 24 hours a day for people with high support needs. We also have supported housing schemes where people can live in their own flats but be visited by staff or volunteers at times of the days when they need extra support (e.g. meal times).</p> <p>Volunteers do not replace paid members of staff but support them in their work.</p>
TYPE OF VOLUNTEER NEEDED	Applicants must have a good standard of spoken English. Volunteers should also be patient, open-minded, responsible, reliable and flexible. No previous experience is needed but volunteers should have an understanding of our aims and values.

GENDER / AGE OF SERVICE USERS	Adult service users (18+), male and female
LOCATION OF PROJECT	Hilt is based in the London inner city boroughs of Hackney, Tower Hamlets, Newham and Islington in England.
ACCOMMODATION & CATERING / FOOD	Either they share a house/flat with other residential volunteers or they share a house/flat with Hilt service users
WORKING HOURS	Residential volunteers support Hilt's service users for 30-35 hours each week on a shift basis. This may include early mornings, evenings or weekends.
TIME/OFF HOLIDAYS	Volunteers get 2 consecutive days off each week. Volunteers can also take 1 week off after every 4 months of volunteering.
TELEPHONE / INTERNET ACCESS	Telephone and internet available at the Hilt office, and often in the accommodation
FACILITIES	Self-catering, communal bathroom, kitchen and living room and individual room. Some accommodation has a garden.
ADDITIONAL INFORMATION	Benefits of being a residential volunteer include rent-free accommodation, £25.00 per week living allowance, £35.00 food allowance and a London Zones 1&2 travel card. Induction, supervision and ongoing training.
CURRENT NUMBER OF PLACES	20 placements but with vacancies arising at different times of the year

INTER-CULTURAL YOUTH EXCHANGE (ICYE-UK)

Programme Year 2010-2011

Project Preferences

This form tells us tell us which projects you would prefer to be placed on. It is important that you read the whole project description but please pay special attention to the "Type of volunteer needed" section. *If the project asks for good English and you have basic English then please choose another project instead.*

NOTE: We cannot guarantee that you will be placed in the project of your choice, but we will try and match you, where possible, with a similar project.

1. Choice _____

Why would you like to be placed in this project?

2. Choice _____

Why would you like to be placed in this project?

3. Choice _____

Why would you like to be placed in this project?

Your name: _____

Your country: _____

Please send this list with your application form to your sending organisation or directly to **ICYE-UK, Latin American House, Kingsgate Place, London NW6 4TA, UK** before **10th March 2010**.