

ICYE RUSSIA WORK PROFILE 2010

WHAT IS VOLUNTARY WORK?

Voluntary work means working in the social field as a volunteer. This allows you to experience the social work situation in Russia. Your work situation is your main priority throughout the exchange year. You will receive a small sum—pocket money—for the work you are doing. This sum is only for your daily expenses.

Then, you should realize, that in any kind of voluntary work the most important goal is the social and inter cultural learning. Voluntary work-placements are most successful for everyone if you work regularly, that's why you should be responsible for the work you are doing to co-operate with your colleagues at your project.

Before starting to work you will need at least basic knowledge of Russian. The more you know the more useful your work will be. If you don't know the language you can hardly achieve your main goal – inter cultural learning.

PROJECTS DESCRIPTIONS

The disabled

| Project name | Public organization “Society Down Syndrom” |
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| Project aim | <p>In our country the diagnosis "syndrome Down" turns out to be a verdict which leads to the loss of parents in most of the cases. Nine of ten families reject their children immediately. And only five of these nine live more than one year. Only 10% of children with the Down syndrome live in families. The rest of them are grown up and educated in orphanages.</p> <p>Some of the families did not want to put up with this situation and decided to establish a public organization of parents and defectologists. The mission of this organization is to defend and realize the rights of the disabled guaranteed by the Constitution of the Russian Federation.</p> |
| Project activities | <p>The activities of the Organisation are focused on:</p> <ul style="list-style-type: none"> ■ defense of the disabled children’s rights ■ participation in elaborating the laws and other juridical acts related to the rights of the disabled ■ providing psychological support to the children and their families ■ consulting the families on the questions of the disabled children’s rights ■ providing information on the rehabilitation and medical treatment of the disabled children ■ creation of library of a specific literature ■ organization of the seminars and trainings for the parents and specialists ■ organization of leisure time for the disabled children |
| Recruitment | <ul style="list-style-type: none"> ■ Aged 20-25 ■ Motivation and desire to work with the children with the Down syndrome ■ Tolerance and patience ■ Creativity and new ideas ■ Knowledge of English ■ Experience of working in the spheres of Psychology and Pedagogics is very welcome |
| Volunteers’ tasks | <p>There are 3 different types of work at this project:</p> <p>I) The volunteer is supposed to participate in the following activities:</p> <ul style="list-style-type: none"> ■ working with children of above 5 y.o. in the families ■ assistance in the office work |

- assistance in preparation for the seminars
- participation in the seminars' work
- help in organizing different holidays.

Tentative time schedule

Monday –Friday from 10.30 till 18.30 (an hour lunch break)

Saturday, Sunday: days off

A typical day of the volunteer:

10.30–13.00 working with the children in their families'

13.00–14.00 lunch break

14.00–16.00 assistance to the staff in the organization and preparation of the seminars, participation in the seminars

16.00–18.30 preparation and planning of educational for children, exchanging ideas, sharing experience, preparation of the holidays and parties.

II) Work in the kindergarten in the integrated group as assistant of kindergartener for work with a child/children needed in permanent accompanying by the adult person.

The volunteer is supposed to participate in the following activities:

- organization of the leisure time for the children
- creation of different activities and workshops, such as drawing, dancing, drama, handicrafts
- organization of a specific workshop, for example, the volunteer can tell the children about the traditions, customs, holidays and day-to-day life of his/her native country
- assistance to the staff of the organization

Tentative time schedule

Monday –Friday from 8.30 till 18.00 (13.00 – 15.00 lunch break)

Saturday, Sunday: days off

III) Work in the psycho neurological board out for disabled children left without parents as assistant of tutor.

The volunteer is supposed to participate in the following activities:

assistance in teaching

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| | <p>organization of the leisure time for the children help during walks and meal</p> <p>Tentative time schedule Monday –Friday from 8.30 till 18.00 (13.00 – 15.00 lunch break) Saturday, Sunday: days off</p> <p>According to volunteer’s abilities and project objectives, the tasks’ priority will be defined on site in co-operation with the project manager.</p> |
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| Project name | Samara public organization for the disabled “Parus Nadezhdy” |
| Project aim | <p>Samara Public Non-profit Organization for Disabled People "Parus Nadezhdy" was established in 2001. It is affiliated to Samara Regional Public Organization of the All-Russian Society of the Disabled.</p> <p>Their mission is to provide integration of the disabled children of Samara region into society and to promote the ideas of independent life philosophy and social approach to disability.</p> <p>Main goals are:</p> <ul style="list-style-type: none"> ■ to protect rights and interests of disabled children; ■ to provide disabled children with equal opportunities to participate in all spheres of social life; ■ to integrate disabled people into society. |
| Project activities | <p>Its activities are focused on:</p> <ul style="list-style-type: none"> ■ providing the disabled children and their families with social and psychological support; ■ organizing and conducting conferences, seminars and lectures on the problems of the disabled children; ■ cooperating with other public organizations dealing with the similar problems; ■ revealing children’s creative and intellectual abilities |
| Recruitment | <ul style="list-style-type: none"> ■ Age 20-30 ■ Tolerance and responsibility ■ Motivation and desire to work with disabled children ■ Basic knowledge of the Russian language |

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| Volunteers' tasks | <p>The volunteer is supposed to participate in general activities of Samara Public Organization for Disabled People "Parus Nadezhdy".</p> <ul style="list-style-type: none"> ■ Communicating with disabled children at the centre or at home two times a week, providing them with moral support and physical assistance ■ Working with children which may include reading, drama, sports, etc. thus revealing their creative abilities ■ Implementing a club for children the aim of which will be to tell them about the history, culture, customs and traditions of the volunteer's native country <p>Monday–Friday 6-hours working day from 10:00 till 17:00 (12:00–13:00 lunch break) Saturday–Sunday days off</p> <p>Tentative time schedule: 10.00-11.00 communicating with the children, telling them stories on the culture and history of the volunteer's native country 11.00-12.00 accompanying the children during a walk in the park 12.00-13.00 lunch break (assisting the children during their meal) 13.00-17.00 implementing some creative activity for the children, e.g. drawing, modelling or playing an intellectual game According to volunteer's abilities and project objectives, the tasks' priority will be defined on site in co-operation with the project manager.</p> |
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Youth and children

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| Project name | Waldorf Kindergarten |
| Project aim | <p>The first Waldorf school was established in 1919 in Stuttgart. Rudolf Steiner was not only an author of idea and a head of school but also a founder of special pedagogical system, therapeutic pedagogic and medicine, and a whole spiritual school. The main idea of Waldorf pedagogical system is that childhood is a unique period in a human life: it's impossible to consider this age the same as elder one. It's very important to give a child an opportunity of development in natural way, according to the age and abilities. Nowadays there are 30 Waldorf Secondary Schools and 60 Waldorf Kindergarten in Russia.</p> <p>12 years ago one small group for little children was established on the basis of Samara Waldorf Secondary School. There are 40 children 2,8 - 6,5 years old in the Kindergarten at the moment. All of them are brought up in atmosphere of joy, music, songs, theatre, toys, and festivals, warmed with love and care.</p> |

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| | Voluntary services provided by a volunteer will contribute much to the creation of an atmosphere of love for children's development. |
| Project activities | |
| Recruitment | <ul style="list-style-type: none"> ■ Age 18-25 ■ Motivation and desire to work with children, strong communication skills, power of observation, responsibility. ■ It is obligatory for volunteer to have creative abilities (e.g.: toy-making, knitting, crocheting, modelling, etc.) ■ Previous experience in working with children is welcomed. ■ Basic knowledge of Russian is welcome. |
| Volunteers' tasks | <p>The EVS volunteer is supposed to participate in everyday activities of Waldorf Kindergarten, including: Work with children, which may include playing games, toy-making, reading, painting, music, modelling, theatre, etc. Assistance in preparation for holidays and festivals Assistance to the staff in everyday work Organization of any activity for parents (music, needlework, etc.) Tentative time schedule: Monday–Friday 5-hours working day (time will be corrected as one goes) Saturday - Sunday days off.</p> <p>A typical day of the volunteer can be described as follow: 8.30–9.00–assistance in children's meeting 9.00–11.10–participation in the morning games, musical performances, rhythmic games with children, assistance in toy-making (all toys in Waldorf Kindergarten are made by children and teaches) 11.10–12.30–walk with children 12.30–13.10–preparation for lunch, lunch 13.10–15.10–assistance to the staff, which may include preparation for fairy-tail reading, theatrical performance, watering the flowers, clearing a room, etc.</p> <p>It's also possible to work during the second part of a day. Every day dedicates to different kinds of activity or festivals. According to this, the schedule and tasks of volunteer will be changed.</p> |

The elderly

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| Project name | Scientific Research Institute «International Centre for the Problems of the Elderly" (Hospital) |
| Project aim | Formed in 1943, Scientific Research Institute provides care to veterans disabled during the time of war or armed conflict, as well as to the members of their families. It's a governmental organization, free of charge to all veterans and their families. The Centre is not a political organization; it aims to advocate the rights and needs of disabled veterans. Veterans disabled during World War II make up a half of the hospital clients, those participated in military actions in Chechen Republic make up a quarter of the hospital clients, the rest are the ones, suffered under conditions similar to war. |
| Project activities | |
| Recruitment | Medical education is very welcome Tolerance and responsibility Motivation and desire to work with the elderly Knowledge of the Russian language is very welcome Age 21+ Ability to organize leisure activities for the elderly |
| Volunteers' tasks | The volunteer is supposed to participate in general activities of the "International Centre for the Problems of the Elderly" His/her tasks will include: physical assistance to the veteran: food, transportation to medical facilities for treatment, etc.; moral support and psychological assistance to the veterans through meetings, discussions and seminars (there is a translator working at the Centre); participation in the development and implementation of various social projects and initiatives in co-operation with different local youth organizations, charities, etc.; participation in cultural/entertainment actions of the Centre the aim of which – to help veterans to overcome the impact of disability; assistance in all corresponding activities. During the week the volunteer will have 2 days off (Saturday, Sunday). Monday to Friday (6-7 hours a day) – participation in the activities of the Centre, the development and implementation of various projects, actions, initiatives. According to volunteer's abilities and project objectives, the tasks' priority will be defined on site in co-operation with the project manager. |

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| Project name | Municipal center of additional education "Generation house" |
| Project aim | The municipal center of additional education "Generation house" was established on October the 5th, 2003. The event took place |

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| | <p>within the program of Russian-German cooperation between two sister-cities Samara and Stuttgart. Since that time the center has turned into a big family in which older generation hands down social and moral experience to the younger generation.</p> <p>The mission of the centre – to organise interaction of children with the elderly in the spheres of education and leisure activities. The main goal is to create uneven-aged groups of people where the elderly could pass their social, cultural and moral experience, professional skills and knowledge of traditions to the younger generations.</p> |
| Project activities | <p>The activities of the centre are:</p> <ul style="list-style-type: none"> ■ Folklore club for children which aims at teaching them ethnic values; ■ Arts and crafts workshops which teaches national traditions. The participants of the workshops regularly take part in regional and city exhibitions; ■ Theatre atelier; ■ Arts studio; ■ Health club which includes classes of gymnastics, auto-training, relaxation. |
| Recruitment | <p>Pedagogical education is very welcome Tolerance and responsibility Motivation and desire to work with children and the elderly Knowledge of the Russian language Age 20+ Ability to organize cultural activities Ability to play a musical instrument is very welcome</p> |
| Volunteers' tasks | <p>The EVS volunteer is supposed to participate in general activities of the center "Generation house".</p> <ul style="list-style-type: none"> ■ Organization of entertaining activities for the elderly ■ Taking care of the garden around the center ■ Implementing a club for children and the elderly the aim of which will be to tell them about the history, culture, customs and traditions of the volunteer's native country ■ Organization of sporting activities for children and the elderly ■ Implementing workshops of arts and crafts ■ Organization of leisure activities for the disabled children ■ Organization of a folklore club ■ Working as an animator in a children's summer camp ■ Creation of a museum in the center ■ Assisting in activities organized in cooperation with the Samara German center <p>Monday–Friday from 09:00 till 16:00 (12:00–13:00 lunch break)</p> |

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| | <p>Saturday–Sunday days off</p> <p>Tentative time schedule: 09.00-11.00 organization of different activities for the elderly 11.00-12.00 organization of sporting activities for children 12.00-13.00 lunch break (assisting the children during their meal) 13.00-15.00 running a folk club or a crafts workshop 15.00- 16.00 working in the garden According to volunteer’s abilities and project objectives, the tasks’ priority will be defined on site in co-operation with the project manager.</p> |
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| Project name | St .George Evangelical-Lutheran Church of Samara |
| Project aim | <p>The congregation was served by Provost (Superintendent) Friedrich Demke since 1995. He commuted between Uljanovsk and Samara. Because of this regular worship services could be celebrated every two weeks with Provost Demke. Since 1997 the church has its “own” pastor; the Evangelical-Lutheran Church of Wuerttemberg commissioned Pastor Rolf Bareis for three years for services in Samara. Congregational life has since become livelier and has further developed. Now the church host groups for children, ladies and youth. There’s also a children’s choir and a church choir. New members appear and the congregation is growing.</p> <p>The church organizes a second hand clothing distribution centre and implements program to take care of youngsters addicted to drugs. These activities are only possible through support of many friends.</p> <p>In 2001 the Lutheran Church of Samara celebrated its 10th anniversary.</p> |
| Project activities | Visiting the elderly, assisting them in the shops, cleaning, and psychological support. Assistance in promotion of values of Christianity in German and Russian languages. |
| Recruitment | Knowledge of German, at least basic Russian. Driving license is very welcome! |
| Volunteers’ tasks | <ul style="list-style-type: none"> - Visiting the invalids, the elderly, those who need assistance to do shopping, to make cleaning up, psychological support and communication. - Spreading of German culture and Christian values, giving classes in German and Russian. - Accompanying the elderly to service on Sundays; assistance to the pastor during his trips to the communities of the region. <p>Monday – Friday 10.00-18.00 Sat., Sun. – days off In case the volunteer has to work on Saturday, he/she will get a day off during the week.</p> |

Social awareness

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| Project name | Shelter for homeless animals “Your friends” |
| Project aim | <p>www.zoopriut.ru</p> <p>Distribution of homeless, neglected or lost animals to families. Promotion of programs of social awareness and responsible treatment of animals.</p> |
| Project activities | <p>Everyday run of the shelter “your friends”.</p> <p>Organization and promotion of charity campaigns for further treatment of homeless and neglected animals. Development and realization of educational programs which teach children and youth humane and responsible treatment of animals.</p> <p>Development, production and distribution of leaflets with information on the shelter and the association in general. Development and realization of mass promotion activities (theater performances, workshops, etc.)</p> |
| Recruitment | <p>1. Love for animals; 2. Ability to communicate with animals and to take care of them; 3. Computer skills and knowledge of Russian are very welcome; 4. Sociability.</p> |
| Volunteers’ tasks | <p>The EVS volunteer is supposed to participate in general activities of the center.</p> <p>1. Cleaning rooms and animal cages. 2. Participation in the charity campaigns of distribution of homeless animals to the families. 3. Assistance in organization of educational workshops for young people. 4. Reconstruction work on the territory of the shelter</p> <p>Monday–Friday from 09:00 till 16:00 (12:00–13:00 lunch break) Saturday–Sunday days off</p> <p>Tentative time schedule: 09.00-11.00 cleaning 11.00-12.00 organization of workshops for children 12.00-13.00 lunch break (assisting the children during their meal) 13.00-15.00 assistance in organization of a promotion campaign 15.00- 16.00 cleaning</p> <p>According to volunteer’s abilities and project objectives, the tasks’ priority will be defined on site in co-operation with the project manager.</p> |

Culture and education

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| Project name | Municipal center of additional education “Generation house” |
| Project aim | The municipal center of additional education “Generation house” was established on October the 5th, 2003. The event took place within the program of Russian-German cooperation between two sister-cities Samara and Stuttgart. Since that time the center has turned into a big family in which older generation hands down social and moral experience to the younger generation. The mission of the centre – to organise interaction of children with the elderly in the spheres of education and leisure activities. The main goal is to create uneven-aged groups of people where the elderly could pass their social, cultural and moral experience, professional skills and knowledge of traditions to the younger generations. |
| Project activities | The activities of the centre are: <ul style="list-style-type: none"> ■ Folklore club for children which aims at teaching them ethnic values; ■ Arts and crafts workshops which teaches national traditions. The participants of the workshops regularly take part in regional and city exhibitions; ■ Theatre atelier; ■ Arts studio; ■ Health club which includes classes of gymnastics, auto-training, relaxation. |
| Recruitment | <ul style="list-style-type: none"> ■ Pedagogical education is very welcome ■ Tolerance and responsibility ■ Motivation and desire to work with children and the elderly ■ Knowledge of the Russian language ■ Age 20+ ■ Ability to organize cultural activities ■ Ability to play a musical instrument is very welcome |
| Volunteers’ tasks | The EVS volunteer is supposed to participate in general activities of the center “Generation house”. <p>Organization of entertaining activities for the elderly Taking care of the garden around the center Implementing a club for children and the elderly the aim of which will be to tell them about the history, culture, customs and traditions of the volunteer’s native country Organization of sporting activities for children and the elderly Implementing workshops of arts and crafts Organization of leisure activities for the disabled children</p> <ul style="list-style-type: none"> ■ Organization of a folklore club ■ Working as an animator in a children’s summer camp |

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| | <ul style="list-style-type: none">■ Creation of a museum in the center■ Assisting in activities organized in cooperation with the Samara German center |
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Monday–Friday from 09:00 till 16:00 (12:00–13:00 lunch break)

Saturday–Sunday days off

Tentative time schedule:

09.00-11.00 organization of different activities for the elderly

11.00-12.00 organization of sporting activities for children

12.00-13.00 lunch break (assisting the children during their meal)

13.00-15.00 running a folk club or a crafts workshop

15.00- 16.00 working in the garden

According to volunteer’s abilities and project objectives, the tasks’ priority will be defined on site in co-operation with the project manager.

We are looking forward to your wonderful volunteers!